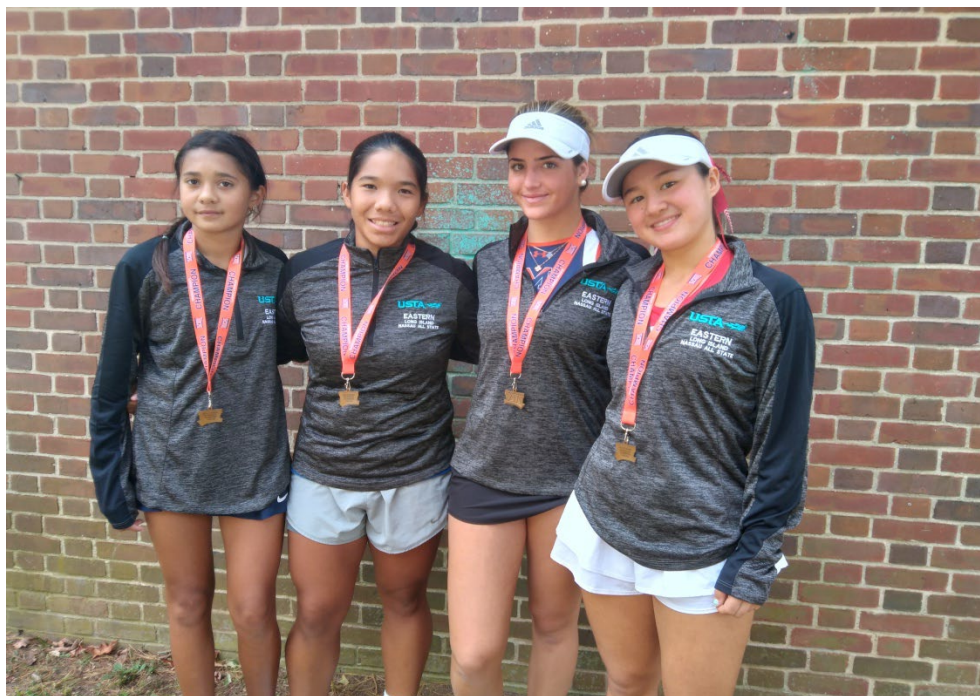


Section VIII 2026 Girls' Tennis Handbook



Shai Fisher - Coordinator

TABLE OF CONTENTS

	Page Number
Tennis Advisory Committee.....	3
Calendars.....	4
Heat Index/ Wind Chill.....	5-7
NYSPHSAA Tennis rules.....	8
Varsity Rules & Guidelines.....	9-13
Section VIII Regulations.....	14
Individual County Tournament Rules.....	15-16
Team County Tournament Rules.....	17-20
Scrimmage Guidelines.....	21
Number of Courts.....	22
Varsity Alignment and Schedule.....	23-24
Varsity Coaches Directory.....	25
Junior Varsity Rules & Guidelines.....	26
Junior Varsity Alignment and Schedule.....	27-28
Junior Varsity Coaches Directory.....	29
Player Rules and Guidelines.....	30-31
Sportsmanship.....	32-35
2025 Final Conference Standings & Awards.....	36-44
2025 Final Team Playoff Results.....	45-46
2025 County Draw Sheets.....	47-49
2025 NYSPHSAA Draw Sheets.....	see link below

<https://app.utrsports.net/events/337382? ref=michaelp126&shared=true>

Nassau County Tennis Awards History.....	50-52
Commitment to Compete Form – Counties/States.....	53
Alignment Form.....	54
Frozen Roster Form/UTR Frozen Roster Form.....	55
Coaches Quick Checklist.....	56

Introduction

This tennis handbook has been prepared to provide information and guidelines for Section VIII tennis competition. Although dates will change from year to year, most information will remain constant.

All coaches* and athletic directors are urged to read this handbook. Coaches should review all rules and expectations to their players. Forms for sectionals are found within. The deadline dates should be noted carefully. Forms should reach the Section VIII Coordinator or contact person by the date requested. If there are any questions, please contact the Section VIII Coordinator, listed above

* All coaches should familiarize themselves with the [NYSPHSAA Handbook LINK](#) posted on the state website. Pay close attention to the section which deals with eligibility rules, number of practices prior to scrimmages, games, etc.

Special Notes

- 1) All rules and regulations set forth by Section VIII will be followed as **guidance** as U.S.T.A. rules, including the point penalty system. (Explained later).
- 2) The format for Section VIII Individual Tournament is subject to change.
- 3) Additional information including changes may be discussed in the sectional pre-season and post-season coaches meetings **and can change upon directive from NY State and Section VIII.**

2026 Section VIII Girls' Tennis Committee

Coordinator: Shai Fisher
17 Madder Lake Circle
Commack, New York 11725
(631) 327-6589
E-mail: dbshy67@aol.com

Committee **Chris MacDonald** – Glen Cove H.S. – cmacdonald@glencove.k12.ny.us
(C) 312-5427

Committee **Jack Gorman** – Valley Stream Central H.S. – gormanj@vschsd.org
(C) 512-4479

Committee: **Keri Cinelli** – Calhoun H.S. – kcinelli@bellmore-merrick.k12.ny.u
(C) 287-5661

Conference I: **Brian Hoffner** – Roslyn H.S. – bhoffner@roslynschools.org
(W) 801-5160 (C) 987-6495

Conference IIA: **Brian Kline** – North Shore H.S. – Briankkline@yahoo.com
(W) 277-7040 (C) 987-5692

Conference IIB: **Mike Pavlides** – Massapequa H.S. – mpavlides@verizon.net
(C) 817-9865

Conference IIIA: **Greg Bilello** – Oyster Bay H.S. – gregbilello@gmail.com
(W) 624-6557 (C) 631-492-7848

Conference IIIB: **Lauren Jarmel** – Baldwin H.S. – jarmella@baldwinschools.org
(W) 434-6115 (C) 917-842-1040

Conference IV: **Joe Mando** – Valley Stream North H.S. – mandoj@vschsd.org
(C) 880-5779

Girls' Fall 2026-27 Season Calendar

(IMPORTANT DATES)

- August:**
- 24 – Monday – Tryouts Begin (Practice 1) & Pre-Season Meeting 7:00 PM - SYOSSET HS
 - 25 – Tuesday – Practice 2
 - 26 – Wednesday – Practice 3
 - 27 – Thursday – Practice 4
 - 28 – Friday – Practice 5
 - 29 – Saturday – Practice 6
 - 31 - Monday – Practice 7
- September:**
- 1 – Tuesday – Practice 8
 - 2 – Wednesday – Practice 9
 - 3 – Thursday – GAME 1
Initial rosters due (all teams)
 - 7 – Monday - Labor Day
 - 8 – Tuesday – GAME 2
 - 9 – Wednesday – GAME 3
 - 10 – Thursday – GAME 4
 - 12-13 Saturday-Sunday – ROSH HASHANAH
 - 14 – Monday – GAME 5
 - 15 – Tuesday – GAME 6
 - 17 – Thursday – GAME 7
 - 21 – Monday - YOM KIPPUR
 - 22 – Tuesday – GAME 8
ALL FROZEN ROSTERS DUE by 12pm
 - 23 – Wednesday – GAME 9
 - 25 – Friday – GAME 10
 - 28 – Monday – GAME 11
 - 29 – Tuesday – GAME 12
- October:**
- 1 – Thursday – GAME 13
Tournament entries due by 6:00 p.m.
 - 5 – Monday – GAME 14
 - 6 – SEEDING MEETING 6:30pm @ SYOSSET HS (coordinators/committee only)
 - 6 – 9 - Tuesday - Friday (makeup matches / playoffs begin)
 - 10 – 11 - Saturday-Sunday COUNTY TOURNAMENT @ Eisenhower
 - 12 – Monday – COLUMBUS DAY
 - 13 – 16 – Team Playoffs continue/conclude
 - 17 – 18 – County Tournament rain dates as needed
 - 20 – Tuesday – Small Team Championship (tentative date)
 - 21 – Wednesday - Large Team Championship (tentative date)
 - 22 – Thursday – End Season Meeting, 6:30pm – SYOSSET HS
 - 23 – Friday - Tentative LI Championship Date Small School @ Smithtown East HS
 - 24 – Saturday - Tentative LI Championship Date Large School @ Smithtown East HS
- TBA – WINNER OF LIC's (SUBREGIONAL) PLAYS WINNER OF SECTION 9/1 IN A REGIONAL**
- October 26 - 28 (Mon. – Wed.) NY STATE TOURNAMENT @ NTC, Flushing**
- November: 6 – Friday – TEAM STATE SEMI'S/ FINALS @ NTC, Flushing**



Heat Index Procedures

Administration of Heat Index Procedures:

- Hourly RealFeel Temperature (Heat index) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Log onto **AccuWeather.com** by using the association website, www.nysphsaa.org, we recommend saving this site to your computer or phone.
- Once you have entered the zip code for your practice or contest site you will see the home page for the local forecast. **DO NOT USE THE REALFEEL TEMPERATURE** on this page.
- Click onto **Hourly Forecast**, and you will be linked to a chart. Please use the current hour RealFeel temperature for your zip code to take the appropriate action for your practice or contest.
- If the Hourly RealFeel temperature (heat index) is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the Hourly RealFeel (heat index) at halftime or midway point of the contest. If the Hourly RealFeel (heat index) temperature is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Hourly RealFeel (Heat Index) under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: Hourly RealFeel (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Hourly RealFeel (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when RealFeel temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Hourly RealFeel (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when the Hourly RealFeel temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Lightweight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: Hourly RealFeel (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air-conditioned.

Approved May 1, 2010



Wind Chill Procedures

Administration of Wind Chill Procedures:

- Hourly RealFeel Temperature (Wind Chill) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- Log onto AccuWeather.com by using the association website, www.nysphsaa.org, we recommend saving this site to your computer or phone.
- Once you have entered the zip code for your practice or contest site you will see the home page for the local forecast. DO NOT USE THE REALFEEL TEMPERATURE on this page.
- Click onto Hourly Forecast, and you will be linked to a chart. Please use the current hour RealFeel temperature for your zip code to take the appropriate action for your practice or contest.
- If the Hourly RealFeel temperature (wind chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the Hourly RealFeel (wind chill) at halftime or midway point of the contest. If the Hourly RealFeel (wind chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Hourly RealFeel (wind chill) above 40 degrees	Full activity. No restrictions
R E C O M M E N D E D	Wind Chill Caution: Hourly RealFeel (wind chill) 36 degrees to 20 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing.
	Wind Chill Watch: Hourly RealFeel (wind chill) 19 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss.
	Wind Chill Warning: Hourly RealFeel (wind chill) 9 degrees to -10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when Hourly RealFeel temp is much higher. Consider reducing the amount of time for an outdoor practice session.
REQUIRED	Wind Chill Alert: Hourly RealFeel (wind chill) -11 degrees or lower	No outside activity, practice or contest, should be held.

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.

Approved May 1, 2010
Updated May 27, 2010

Section VIII Thunder and Lightning Policy

(Adopted 1/20/99, revised 3/19/03, 11/04)

Thunder and lightning necessitate that all contests be suspended. The occurrence of thunder and/ or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning. If lightning and/or thunder is observed, all outdoor activities will be suspended immediately. Players and spectators shall be directed to report to a shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g., bus, van, car). The officials and responsible authorities shall make every reasonable effort to resume and complete the contest, with full consideration of the weather and site conditions (as they affect safety and playing conditions). The official/coaches shall wait 30 minutes from the time the last boom is heard and/or the last strike is seen before starting or resuming play.

CLARIFICATIONS:

PRIOR TO CONTEST

If thunder/lightning is observed at the site of an outdoor contest by the officials/coaches 30 or fewer minutes prior to the scheduled start of that contest, the official/coaches and the responsible school authorities shall not permit the contest to begin. Before the contest can begin a 30-minute period void of any strike or boom must be observed.

DURING THE CONTEST

If thunder/lightning is observed at the site of an outdoor contest by the officials during the playing of the contest, the official/coaches shall immediately cease play for 30 minutes. Play may not resume until there has been a period of at least 30 minutes in which a boom or strike has not been observed. The rules of the particular sport shall determine whether the contest is 'official' or must be resumed at a later date."

Sportsmanship: Player Promise

I recognize that tennis is a sport that places the responsibility for fair play on me. I promise to abide by the rules of the game, which require me to give the benefit of the doubt to my opponent. At all times I shall strive to compete with the true spirit of sportsmanship, recognizing that my behavior on the court is a direct reflection of my character. Whether this match ends with my victory or defeat, I promise to conduct myself in a way that honors my opponent(s), my team, those who support me, and the game of tennis.

NYSPHSAA Athletic Handbook

20. TENNIS

20.01 Rules: USTA (United State Tennis Association)

20.02 Maximum Number of games: 16 (**Nassau County is set at 15**)

20.03 Practice Requirements: (Scrimmage/Contest)

Number of practices to represent school: 6 (individual)

20.04 Nights rest between contests: 1 night

20.05 Individual contests limitation per day: 2 matches (Modified scoring must be used)

20.06 Scrimmage limitations per day: 1 scrimmage

20.07 Waivers of USTA Tennis Rules: None.

20.08 NYSPHSAA Tennis Rules:

1. A player may compete in either a singles or doubles competition on the same day. Only two (2) matches are allowed per day and both matches must use a modified scoring system that conforms to one of the following formats:
 - a. best 2 of 3 sets;
 - b. using no-add scoring, with a 12-point tie breaker at 6-all;
 - c. ten-game pro-set, using regular scoring with a 12-point tie breaker at 9-all. (May 2011)
2. In tournament play, the maximum number of matches shall be three in one day.
3. Participation in a two-day invitational tennis tournament shall count as one of the 20 contests permitted and only three (3) such tournaments shall be allowed within the 20 meet limitation.
4. In league and sectional competition, sections would have the option to increase the number of matches to four (4) in one day using modified scoring with rest periods being 30 minutes for the quarter-final and below, 45-minutes for the semi-finals and 60-minutes for the finals. (May 2010)
*****(Nassau Individual tournament is over 2 days with a bigger than a 32 entry draw, and 10 game pro-sets.)*****
5. The Commitment to Compete form must be completed to be eligible to compete in the NYSPHSAA tournament (Boys-May 2003; Girls-May 2006). Failure to honor your commitment to complete the tournament for reasons other than injury or illness will result in forfeiture from the tournament and ineligibility from next year's NYSPHSAA State Tennis Tournament. This incident will also be reported to the student's school administration (May 2011).
6. At the NYSPHSAA Championship coaching on the court is permitted, however cheering remains prohibited. (Jan. 2009)
7. No practice shall be permitted at the Girls tournament venue on any day of the State Tournament competition. (July 2019)
8. All high school tennis players shall claim their profile in the UTR (Universe Tennis Rating) system prior to the season. Schools must submit match results in a timely manner. Athletes with unclaimed profiles or incomplete match results at the end of the regular season will be ineligible for postseason competition. (Oct. 2021)

20.09 Tennis Scrimmage Rules:

1. A tennis scrimmage must alter format so it does not follow the regular competition format for league/sectional play.
Suggested formats include, but are not limited to:
2. Teams use tie breaks only.
3. Five (5) game pro-set– first (1st) one to three (3) points.
4. Modified eight (8) game pro-set – first (1st) players to three (3) points completes the scrimmage.

SECTION VIII GIRLS' TENNIS TEAM CONFIGURATION RULES

VARSITY

- A. Coaches must rank the 3 singles in rank order and the 4 doubles teams in rank order according to doubles' criteria. Objective criteria should be used and head-to-head match records must be kept in the event of a protest. The spirit of the Frozen Roster is to avoid unethical stacking. Therefore, **coaches are expected to play their best players in strength order.**
- B. Singles and doubles' players may move the first half of the season as long as movement can be justified by head-to-head competition. Rosters are frozen in strength order the second half of the season. The second half begins before you play anyone twice. This encourages rainouts to be made up THE NEXT AVAILABLE DATE, INCLUDING SATURDAYS.
- C. A challenge match used to determine varsity lineup positions should consist of a minimum of an 8-game pro-set with ad scoring with the 7-point tiebreaker played at 8-8. Challenge matches may be played throughout the season. All challenge match results should be recorded and available for review by the appropriate officials upon request. All challenge matches must be reported to UTR (or a platform designated by NYSPHSAA) within 24 hours; otherwise such results will not be recognized.
- D. Coaches MUST submit their roster that they will use in their first match listing their players in rank/strength order from 1st singles through 4th doubles. Coaches MUST submit their frozen roster, listing ALL players and alternates in rank/strength order from first singles through fourth doubles before you play anyone 2 times, or risk forfeiting matches.
- E. **Frozen Line-ups at the end of the first half of the season are to be entered into the shared Google Doc (will be emailed to all coaches j before you play ANYONE TWICE or at the mid-point of the season (Tuesday, September 22nd)). Rosters are frozen from then on.**
- F. Failure to place players in rank order will be grounds for protest. See procedures for Protest. At any time during the season, failure to place players in the correct strength order is grounds for a protest. In the event of a line up protest, or if a coach feels that your players are not in ranked order, your records from tryouts, head-to-head competition, and roster from previous matches must be available for inspection.
- G. ALL CHALLENGE MATCHES NEED TO BE IMMEDIATELY REPORTED ON TO THE UTR SITE.**
- H. Protests: Failure to comply with the above rules could result in protests and forfeits.

PROCEDURE FOR PROTESTS

- **The protesting coach will inform the opposing coach immediately following the situation protested.**
- If applicable, the time, score, and situation will be identified on the score sheet as soon as the protest is announced to the opposing coach.
- The protesting coach is required to notify the conference chairperson and sport coordinator within 24 hours of the contest.
- The protesting coach is required to file a written protest giving specific details of the situation within 48 hours. The report must be accompanied by a \$75.00 check payable to the Section 8 Athletic Council.
- The protest will require the signatures of the coach, athletic director and principal of the school.
- Copies will be sent to the opposing coach within 72 hours of the contest by the protesting coach.
- The Section 8 sport coordinator will notify the Executive Director of Section 8
- The sport coordinator will arrange for a meeting as soon as possible and have represented: the protesting coach, the opposing coach and the members of the Sports Committee of that sport.
- Protest Committee Options: DENY THE PROTEST, UPHOLD THE PROTEST (and direct that the game be replayed either from the point of protest or in its entirety), or in the case of illegal team line-up, forfeit the game and/or entire contest, and review of previous matches.
- An appeal of the decision of the Protest Committee may be made. This request must be filed within 24 hours of notification of this decision to the Section 8 Appeals Committee upon admission of a \$75.00 fee (a second \$75 fee if the original protester).
- In the event a Protest or an Appeal is upheld, the fee will be returned.

SECTION VIII GIRLS' COACHES Pre-Match TENNIS RULES

VARSITY

1. **All warmup serves** are to be taken during warm up. There is no such thing as first ball in. Please instruct your team the proper warm up format (groundstrokes, volleys, overheads, serves). **Warm up will be a MAXIMUM of 5 minutes.**
2. Proper tennis attire must be worn. Cut-off jeans are not considered proper attire. A team uniform must consist of at least a team shirt THAT IDENTIFIES THE SCHOOL. Every player **MUST** have a team shirt or sweatshirt. If a player fails to wear a team shirt or a shirt with the team name, they are **NOT ELIGIBLE TO PLAY** in that match. A player should also have a skirt, shorts, or sweatpants with pockets to allow for continuous play and safety.
3. Jewelry is permitted. **No communication devices are allowed during the match. This includes, but is not limited to meta glasses and smart watches.**
4. Before the start of a contest, coaches must exchange line-ups. The coach must declare a substitute at this time. The lineup will remain intact until the completion of the entire contest, even if a match is postponed due to rain and then rescheduled. **Once the line-ups are exchanged, they are set, even if the match has not started.**
5. Each match consists of 3 singles and 4 doubles matches. A match is won by winning 4 courts. Each match consists of 2 out of 3 sets, no add scoring. **If the match is already decided, one team has won 4 courts already, any unfinished match can play a 3rd set tiebreaker in lieu of a 3rd set. If the 3rd set has already begun, it will be completed with regular no add scoring. If coaches agree, the players may play a complete set. If there is disagreement, then a 3rd set tiebreaker is used.** Additional (alternate) matches should be played, but only the 3 singles and 4 doubles are to be used to determine a match winner.
6. **ROSTER RULE SUBSTITUTIONS:**
 - A. **NO PLAYER MAY MOVE DOWN TO SUBSTITUTE.**
 - B. **When a player returns to the roster, she must play a position that maintains strength order.**
 - C. **Roster movement during the first half of the season must be documented by head-to-head competition. You cannot arbitrarily move players around unless they have beaten someone in a previous practice session. You CAN weaken your line up by substituting a non-starter on a given day due to absence, injury, etc. See below...**
 - D. **In the event that a starter is unavailable to play in a match**, you may forfeit that position, substitute a non-starter, or must move a starting player from any lesser position up to fill the vacancy. **This may be done for no more than 3 consecutive regularly scheduled matches, including playoffs.** After that, you must move your players up. (For example: if the substitution is for 2nd singles you must move your 3rd singles up and sub into 3rd singles. If your 3rd singles is absent more than 3 consecutive times you must either move your 1st doubles player up or substitute your 4th best singles player into the vacant position – allowing for the doubles portion of your lineup to stay intact.)
 - E. **Use of JV Players:** In the event the Varsity team cannot field an entire lineup, the coach can decide to forfeit those positions of the missing players and keep the rest of the lineup in strength order or the school may bring players from a JV team up to compete in a Varsity match. The team **MUST** use any JV players in the lowest positions and move all remaining Varsity players up in the lineup. **Reminder: no athlete may compete in more than 15**

matches and any player must be included on your BOCES roster prior to the playoffs!

7. Scoring – The best 2 out of 3 sets, no add scoring (the fourth point wins the game). **At 3 – 3 in the game, the receiver chooses the side to be served to.** At 6 all in the set, a 12-point tiebreaker is used.
- Rules for 12-point tiebreaker: **Singles** - Player A having served the first game of the set, serves the first point from the right court: Player B serves points 2 and 3 (left then right). A serves points 4 and 5 (left and right): B serves points 6 (left) and after they change ends, point 7 on the right: A serves points 8 and 9 (left and right): B serves points 10 and 11 (left and right): A serves point 12 from (left). A player who reaches 7 points, winning by 2 wins the game and the set. If the score reaches 6 points all, the players change ends and continue in the same pattern until one player wins by a margin of 2 points. Note that the players change ends every 6 points and that the player who serves the last point of one of these 6-point segments serves the first point of the next one from the right court. For the following set the players change ends, and B serves the first game.
 - In doubles only, in the event of a tiebreak, the Coman system will be used: To maintain the rotation of the server so they will always serve on the same side they have been serving on (with wind, etc.). One point will be served as in an ordinary tie break but the teams will change sides after the first point and after EVERY 4 points from then on until the completion of the tie break.**
 - You can coach ONLY at the beginning of a Tiebreak, super, regular 12 point or Coman. At this time, you can explain how a tiebreak works.**
8. Home Team Responsibilities:
- Provide 3 new U.S.T.A. approved balls for each match played. If both teams agree, new balls may be introduced for a third set.
 - The school/coach should make every possible effort to make sure that the tennis court nets are at the proper height (36 inches in the middle) and a net strap provided to keep the nets down.
 - Call away schools to verify the date, time, and number of matches to be played. **If necessary, try to flip dates and play at the site with the most courts later in the season to maximize daylight.**
 - The home team coach is responsible for making sure that their courts are playable. Debris or puddles should be cleared and are not acceptable as grounds for cancellations or postponements. Failure to adhere to this can result in a forfeit for cancellation other than rain.**
 - It is recommended that each school try to provide scorekeepers for each court to aide in the keeping of match score.**
9. Postponement of Matches:
- Matches may be postponed for **RAIN ONLY**, not wind, challenge matches, school trips, other tournaments, personal plans or obligations, etc. **Make-ups of a rain out should be scheduled the very next day that weather permits (including SATURDAYS).** Any match rescheduled for a later date must be reported to the conference coordinators. Conference matches take precedence over non-league and JV matches. Teams and coaches **MUST** be available to play Monday through Saturday. All attempts should be made to use Saturdays as a rain make-up date. Teams/Matches can be played 5 consecutive days (as per NYS Regulations).
 - In case of rain or darkness during a match, the match will be suspended. If a set has been completed, it stands. If a set is not completed that day, the match will start from the score when play ended. If one school has already won 4 of the possible 7 matches, that school

wins the match. The remaining matches/sets need not be played. However, if there are playoff implications for one of the teams (team tiebreakers for playoffs); those matches must then be played.

- **IN THE EVENT OF LIGHTNING OR THUNDER, all players must vacate the courts and cannot return until 30 minutes after the last thunder or lightning. (See Page 7)**
- **Cold/Heat regulations: (see pages 5 & 6).**
- **DUAL MATCH RULE:** According to state rules, a team can complete a match that was halted by rain during the contest and the match was called, the next time you meet. The players and line-up of the suspended match must remain the same as when the match was suspended.
- In the event of oncoming darkness, a third set super tiebreak (first to 10) can be played if **BOTH COACHES** agree. If they disagree then a full third set will be played. Coaches are expected to use their best discretion to complete the match as scheduled. If players from either team claim to have difficulties seeing the ball, then the coaches will confer and should mutually agree to suspend the match.
- **ALL MATCHES MUST BE PLAYED. Coaches CANNOT arbitrarily decide to not play a match or matches. There might be playoff implications for other teams if there are unplayed matches.**
- **SATURDAY MATCHES ARE TO BE PLAYED ON THE SCHEDULED SATURDAY AND NOT SWITCHED.**

10. Coaches Responsibilities:

- a. Keep all records of matches, and review/agree on match scores at the conclusion of the contest with the opposing coach. They may be used to determine tiebreakers for playoff purposes or to seed players for County and/or State Tournaments.
- b. ***Each team may have only one coach during a match. (Spectators/assistants are NOT to coach or interfere with any match.) There will be coaching during changeovers only. This changeover is 90 seconds! The coach of the home team determines the rules of whether the coaches may step onto a court to speak to their player(s), or must do so behind the fencing. If coaching is allowed on the court, then you must leave the court once that time has expired. (Coaches are not permitted to stand behind any players during a match.) Coaching begins after the third game of the first set. At the conclusion of the first set, coaching is allowed. Once the set begins, coaching can occur again after the third game of that set. If a match goes to a third set, coaching may take place during the 5 minutes' players are allowed between sets. Coaching in the third set begins after the third game (as per the previous sets).***
- c. ***Coaches may not advise/address their players after points with any verbiage that is instructional. [Examples: telling your player(s) to "move your feet", "poach", "lob", "drop back", "move-up", "first-serve", etc. It's COACHING!!]***
- d. The playing court will be limited only to the players playing. **NO ONE** but the players are allowed on the court during a match.
- e. Use of lines people should be limited. **ONLY** the players involved with the match may request a linesperson – not a coach. If one is requested, one person from each team will serve on the court. (If the match in question is the deciding match or is deemed a contentious match, then the coaches will serve as the line judges.) Line judges will not call the lines. They will respond to a call when asked, by a player, if the call that was made by a player, was correct. The line judges must stand at the net, one at each end. **They will be responsible for the half of the court that they are standing on, from baseline to baseline and the sideline.**
- f. Match play order is determined by the home team coach. If a team is missing players (due to lateness) and all matches are/have been played, once there are open courts, those other court positions must be called out to play.
- g. **The winning coach from ALL CONFERENCES (I, IIA, IIB, IIIA, IIIB, IV) MUST SUBMIT their team match results on the UTR website:**
<https://app.universaltennis.com>

Other media outlet information to report scores to:
NEWSDAY (1-631-843-2820)
LONG ISLAND TENNIS MAGAZINE ONLINE:
<http://longislandtennismagazine.com/hssubmit>

PLEASE REFRAIN FROM HIGHLIGHTING BLOWOUTS SUCH AS 6-0, 6-0. It is NOT a highlight, and it disparages the losing players!

11. Injury time outs are **10** minutes. If a player is injured and unable to continue the match, she will forfeit her match to the opponent. There is no rest period between the first and second sets. There is a maximum **5-minute** rest period between the second and third sets.

TIMEOUT PROCEDURE FOR MUSCLE CRAMPS

The Tennis Executive Committee has developed the following procedure for dealing with muscle cramps. The Committee feels strongly that coaches need to do what is prudent and in the best interests of the health of the athlete. There are certainly situations where a coach will choose to injury default a player before this procedure requires an injury default.

1. The first time during a match a player, or either member of a doubles team, must stop playing due to muscle cramps; a medical timeout is taken. This medical timeout shall be of a reasonable length of time to evaluate and treat the injury
2. Subsequent occurrences of cramping during the match, even if the cramping is in different areas of the body, are subject to the point penalty system according to USTA rules.
3. The second time a player, or either member of a doubles team, must stop playing due to muscle cramps; a point is awarded to the opponent.
4. The third time a player, or either member of a double team, must stop playing due to muscle cramps; one game is awarded to the opponent.
5. The fourth time a player, or either member of a doubles team, must stop play due to muscle cramps the player, or doubles team, must INJURY DEFAULT, for the entire meet or tournament.
 - a. Note 1: After each individual cramping occurrence, play must continue or the player, or doubles team, must default to injury default.
 - b. Note 2: ONLY ONE medical time-out may be taken in a match for the same injury or condition, i.e., cramping - even if the cramping is in different areas of the body.
 - c. Note 3: The cramping penalty system is sequential and does not start over with each set. It carries over throughout the entire match. Example: If a player, or either member of a doubles team, has already been assessed a cramping penalty in the second set, any muscle cramps occurring again in the 3rd set to an individual player or either member of the doubles team, shall result in a one-game cramping penalty being assessed.
 - d. Note 4: Singles and doubles competition are considered separate matches when applying the time out procedure for cramping. *However, if a player defaults due to injury, they may not play the remainder of the meet/tournament.*

12. Foot faults in an un-officiated match **CANNOT BE CALLED**. If your player complains about the opponent foot-faulting to you, ask the other coach to speak to their player to try to correct it.

13. Coaches may not engage in intimidating the other team's players or the opposing coach. Common courtesy should prevail, and sportsmanship should begin with the coaches, modeled by them, and continue throughout a match and the season. Talking or conferring with the opposing coach is a must.

14. RULES OF CONDUCT: The Players' Guide for Un-Officiated Matches

(Every coach and player should be aware of the guidelines in this guide)

The conduct of coaches, players, and spectators, before, during, and after any competition must be exemplary. Unsportsmanlike conduct is punished by Section VIII policies. The purpose of the penalty system is to reduce and eliminate unsportsmanlike conduct and ensure compliance with the continuous play rule.

USTA/Section VIII Guidelines for Violations and Penalty Violations

- **Visible or audible profanity or obscenity**
- **Abuse of rackets, balls, or equipment.**
- **Verbal or physical abuse of a player.**
- **Abusive conduct by a player or a player associated with a player.**
- **Retaliatory calls (obviously bad calls made in retaliation for the opponents call)**
- **Unsportsmanlike conduct (any other conduct that is abusive or detrimental to the sport)**
- **When a warning/violation occurs that involves a doubles team, the suspension penalty shall be assessed only to the doubles player who was responsible for the violation**

WARNING – To be given to BOTH teams prior to the beginning of each match by the coach of the home team.

Once the match has begun, penalties will be as follows:

- **First offense – Point Penalty**
- **Second offense – Player(s) defaulted**

To ensure proper sportsmanship behavior - BOTH coaches should be policing players and parents from either team.

Section VIII Ejection Policy - If any player gets defaulted/ejected, the player and team will forfeit that day's individual court. The player(s) will also be subject to further penalties that are imposed by the current Section VIII Sportsmanship policy. Additionally, coaches must inform their athletic director and the section coordinator if the player(s) are match defaulted for further clarification and a final ruling.

When a warning is given to a player, it should be loud enough to be heard by both teams. The opposing coach should be notified immediately.

- **In singles, the player responsible for the point penalty/match default violations will be subject to the ejection/sportsmanship policy.**
- **In doubles, if one player of the doubles team is responsible for BOTH the point penalty AND match default violations, that one player will be subject to the ejection/sportsmanship policy.**
- **In doubles, if both players of the doubles team are responsible for the point penalty OR match default violations, both players will be subject to the ejection/sportsmanship policy**

County Tournament Seeding Procedures

- The seeding committee consists of a conference representative or coordinator for each conference, the Girls County Coordinator, and members of the coordinator's committee.

Seeding will be based on all of the following criteria:

Players prior year's results in the County and State tournament

Players UTR

Players seasonal conference record and conference level

Players USTA ranking (international, national, eastern, etc.)

Players performance against opponents/common opponents

Committee discretion on information regarding all players (injuries, doubles capabilities, etc.)

- The number of seeds will be determined by the number of entries in the singles' draw and in the doubles' draw, and the information provided to the committee.

- There are numerous situations that arise that the committee will handle as fairly as possible. Unseeded players will be drawn randomly and inserted in the draw.

IT IS THE COACHES RESPONSIBILITY TO SUPPLY THE COMMITTEE WITH INFORMATION TO HELP IN THE SEEDING PROCESS.

NASSAU COUNTY SINGLES and DOUBLES CHAMPIONSHIPS

To be eligible for the Individual Section 8 Championships, a player must have competed in 80% of his high school matches. The 80% rule is to ensure students are committed to High School Tennis and not outside tournaments. If the percentage is lower than 80%, documented matches on UTR, practice requirements and all other information presented to the committee will be taken into account. The committee will discuss exceptions with documentation presented. (example: Request for Medical Waiver of NYSPHSAA – Regulation #25).

To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests which occurred on six (6) different dates during the season. Forfeits do count towards a student meeting the representation rule.

Team/Individual and Individual Sports: For the sports of archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, swimming, tennis, outdoor track, winter track and wrestling an individual must also have represented their school in six (6) scheduled contests during the season to be eligible.

- The top 3 singles and doubles winners of the County Championships represent Section VIII at the State High School Championships (unless it's Section VIII turn to bring either a 4th singles or doubles team to the tournament). Every coach is expected to submit at least one entry (singles or doubles) to the Nassau County Tournament.
- **EVERY school is GUARANTEED ONE ENTRY (either a single's player or a double's team.)**
- **Conference 1 schools will be guaranteed two entries**
- **THE MAXIMUM Entries per school is 3 (6 players). If a school has a powerhouse team, they may appeal in writing to the seeding committee for additional considerations.**
- **A powerhouse team is defined as a Conference 1 team that is undefeated and is winning its matches convincingly**

- If any coach submits **MORE THAN ONE ENTRY**, they **MUST** number them in **PRIORITY ORDER** and provide written reasons for the committee to consider extra entries. If you attempt to “sneak” an entry/ established player into the draw by putting them in as a 2nd/3rd/ etc. selection – **YOU WILL BE DENIED!**
- If a coach feels their player **SHOULD BE SEEDED**, they must submit information addressing the criteria the committee uses for seeding purposes (see above)
- If the County tournament is completed and there are still team matches to be played, the winners of the County tournament must compete in those matches – failure to do so will make the player ineligible to compete at the state level and to be called County Winner. (If a player gets injured during the season and cannot play, but remains on the team, the committee can waive this rule).
- The coach or Adult supervisor from the school must be present at the County Tournament with their player(s).
- The coach must provide a new can of balls with each entry in the County Tournament. One can for singles, 2 for a doubles’ entry.
- **All entrees** – In order to participate in the County Tournament, a player, parent or guardian, and athletic director must sign a **County and State Letter of Commitment**. (Included in this booklet). This letter will state that if a player wins and becomes eligible to be part of the State team, the player will travel with, room with, and stay with the team for the duration of the State Tournament. (Barring any unforeseen emergency)
- Letters of Commitment will be handed in at the County Tournament check-in or before.
- **ALL COUNTY** is awarded to quarter – finalists in singles and doubles (**every player must have played at least one match**). If a player defaults from the county tournament without a valid reason, that player is barred from the County Tournament the next year and subject to forfeiture of any recognitions earned. The player’s school may appeal when the athletic director submits a letter to the county tennis coordinator. The coordinator will take this letter to the committee. This letter must explain the player’s intention to compete and a guarantee from the school and player that she will complete the tournament.

If a player cannot accept and sign the letter of commitment, the player will be ineligible to compete in the County Tournament. If an emergency should keep a player from competing in the States, her title will not be taken away.

- **ALL-STATE** is determined by reaching the semi-finals in the Nassau County singles/doubles tournament.
- **ALL-STATE** players who default from the county or state tournament without a valid reason, as per review by the committee will have their All-State honors rescinded.

If either the first, second, or third place finisher becomes ineligible, then the fourth place finisher will take the third place spot.

When Section VIII is eligible to bring either a 4th singles or doubles team to the NYS tournament, the quarterfinal losers will play an 8-game round-robin the next day to determine the 5th place alternate. The winner will be determined first by head-to-head match play followed by total games won/lost percentage.

The same rules that govern the regular season are in effect for the Nassau County Singles and Doubles Championships

TENNIS HONORS

- a. All County is awarded to quarter finalists in singles and doubles.
- b. All Conference – Coaches’ discretion.

- **First Place teams – 4 selections**
- **Second Place teams – 3 selections**
- **Third Place and on – 2 selections**
- **ALL DIVISION** – is awarded to players winning 75% of her matches.
- **Sportsmanship** – is awarded to one player per team.

CONFERENCE ALIGNMENT – To maintain the following system, an Alignment Form is included in the handbook and MUST be handed in at the end of the season meeting. All conferences are set up based on ability, with divisions given geographic considerations. The team that wins their CONFERENCE may be moved up or across a conference. The team finishing last in their division **is subject to moving down a conference but that is not guaranteed.** A request not to move up or down may be submitted to the coordinator. The request will be taken under advisement by the committee when the next year's tennis alignment is established.

If a conference alignment form is not handed in, you will forfeit the opportunity to appeal any movement.

CONFERENCE I, II, & III, Small and Large Schools TEAM PLAYOFF FORMAT

Please see playoff bracket on next page:

The lineup for all NASSAU Large School playoff matches will be your frozen line-up and or according to the lineup rules for the season. NASSAU Small School playoff teams can move their third singles player into doubles (including breaking up your doubles teams to accommodate this movement), but MUST maintain strength of order. You cannot arbitrarily move doubles players around unless they have beaten someone in a previous practice session and the results have been posted on UTR prior to your next match.

A LARGE SCHOOL playoff format consisting of 14 teams - SEE LARGE SCHOOL BRACKET
A SMALL SCHOOL playoff format consisting of 6 teams – SEE SMALL SCHOOL BRACKET

Criteria followed to determine playoff seeding (in order of preference):

1. Top Conference I teams - seeds 1-7
2. Conference winners - seeds 8-9 (Conf II) and 13-14 (Conf III)
3. Next Best Record - Conf II teams - seeds 10-12

- In the event of ANY ties for playoff qualifying, our past precedence of determining tie breakers will be used (see below)
- The higher seeds will host the playoff matches

Tie-Breakers:

The following tiebreakers will be used when **playoff seeding is at stake.**

- (A) In the event of a Two-way tie, when two teams have identical records and have played each other twice during the regular season, the team with two victories over the other team places ahead of the other team.
- (B) When two teams tie having beaten each other once, the team with the greatest amount of courts won against the other shall be the higher seed in the playoffs.
- (C) If they had identical victories, having each won 4-3, the next consideration will be # of sets won by each team vs. the other.
- (D) A coin flip will determine the placement/seeding of the teams.

In the event of a three-way tie, the first tiebreaker is to compare head to head records, with 4-0 the best possible record for schools that play each other twice. The second tiebreaker is the total

number of courts won in matches against each other. The third tiebreaker is the total # of sets won by each team vs. the other two.

In the event of a 4-way tie, the Coordinator will determine with the Committee which teams will play each other in the playoffs.

If two teams are tied for the last playoff spot, teams will be seeded, then a play-in match will be played between the two teams tied. If three teams are tied for the last playoff spot, teams will be seeded and matches will be played in accordance to their seeds (ie, 2v3, winner plays 1), preferably at the same court on the same day if possible. Modified scoring would be used as per state regulations for both matches.

Each school will bring 7 cans of balls to each conference playoff match in case matches go to 3 sets. Section VIII and U.S.T.A. rules apply for county playoffs.

CONFERENCE IV PLAYOFF FORMAT

BEGINNING IN THE 2016-17 SCHOOL YEAR, AS PER THE ATHLETIC COUNCEL, CONFERENCE IV WILL NO LONGER BE ELIGIBLE FOR SMALL SCHOOL/LARGE SCHOOL TEAM PLAYOFF MATCHES.

Long Island Team Championships

Large School tournament – the structure will be 3 singles courts and 4 doubles courts.

Small School tournament – the structure will be 2 singles courts and 3 doubles courts

In regards to a team's lineup:

Singles and Doubles are to be considered separate from each other – but **MUST** be in strength order.

Both teams singles lineup is to be in strength order with the two best 1st and 2nd singles players frozen into those positions.

Both teams 3rd singles players can move into any doubles position provided the doubles teams are in strength order.

Both teams' doubles lineups are to be in strength order.

Full Scoring. In doubles – the "coman" tiebreak will be used.

Going into each county's respective championship match – all four coaches should be prepared to submit their LI Championship lineup to their respective tennis coordinator in the event they win and will be the representative in the LI Championship.

These lineups are to be exchanged (given to the Coordinator) prior to the championship.

In the event that a player in the lineup is unable to play (singles or doubles) – the coach may decide to move their lineup up or forfeit that court – but must maintain strength order (singles or doubles).

The Nassau County Sportsmanship warning system will be used: Both teams/all players are addressed and issued their first warning prior to the match. 2nd warning would constitute the loss of a point. The third infraction would result in the default of the court.

During the address to the players – both coaches will address the spectators on the expected etiquette of tennis.

NYS TEAM CHAMPIONSHIPS @ BJKNTC

Semi-Finals & Finals (2 out 3 sets – 3rd set 10-point tiebreaker) – Full Scoring

Large School tournament – the structure will be 3 singles courts and 4 doubles courts.

Small School tournament – the structure will be 2 singles courts and 3 doubles courts.

NASSAU COUNTY LARGE H.S. TENNIS TEAM CHAMPIONSHIPS

3 Singles & 4 Doubles

	First Round	Quarter-Finals
1	Conf. I School with best record	
	Bye	
9	Conf. II (A or B) with next best record	
8	Conf. I - 8th best/ Conf. II Winner (A or B School with best record)	
13	Conf. III Winner (A or B School with best record)	
4	Conf. I - 4th best record	
12	Conf. II (A or B) with next best record	
5	Conf. I - 5th best record	
2	Conf. I - 2nd best record	
	Bye	
10	Conf. II (A or B) with next best record	
7	Conf. I - 7th best record	
3	Conf. I - 3rd best record	
14	Conf. III Winner (A or B School with 2nd best record)	
11	Conf. II (A or B) with next best record	
6	Conf. I - 6th best record	

Nassau Girls Small Team Championships

2 singles & 3 Doubles

**Nassau County
Small Schools
Team Champion**

SCRIMMAGE GUIDELINES

Definition of a Scrimmage:

A scrimmage is a practice that is a SIMULATED CONTEST. In scrimmages: (a) both squads use the same field simultaneously with both coaches making corrections and giving instructions, (b) GAME RULES MUST BE ALTERED – SEE SPORT SPECIFIC REQUIREMENTS [NYSPHSAA Handbook](#) (p.121), (c) no official score is kept, (d) time period(s) are defined in the Sport Standards section of the NYSPHSAA Handbook , (e) no admission is charged. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules.

A tennis scrimmage must alter format so it does not follow the regular competition format for league/sectional play. Suggested formats include but are not limited to:

1. Teams use tie breaks only
2. 5 game pro-sets with a tie break at 5-5
3. An 8 game pro-set – first one to 3 points.
4. Modified 8 game pro set – first players to 3 points completes the scrimmage.
5. Teams compete using an 8 game pro-set rather than 2 out of 3 sets with tie breakers at 6-6.

Other Suggestions:

*multiple scrimmage matches for opponents in both singles and doubles

*substitutions are allowed in both singles and doubles (where a teammate replaces another teammate during the scrimmage.)

*"round-robin" of matches consisting of 4 games per match against each of the singles players practicing against different styles of play and using the same system for doubles teams

*each singles player serves three service games in a row until a 6-game set is decided (doubles players serve two games in a row, then after 8 games, each player serves only one game at a time until the set is won). At the end of the set, a 12-point tie-breaker is still played regardless of who won the set (doubles teams should play the "Coman" tie-breaker).

coaching is acceptable at any time

NUMBER OF COURTS at HIGH SCHOOLS

Baldwin	7	Bellmore JFK	6
Bethpage	6	Calhoun	5
		Carle Place	4
Clarke	6	Cold Spring Harbor	8
Division	4	East Meadow	8
Farmingdale	5	Freeport	6
Friends	7	Garden City	8
Glen Cove	7	Great Neck North	10+
Great Neck South	6	Hempstead	4
Herricks	6	Hewlett	5
Hicksville	5	Jericho	8**
Lawrence	5	Locust Valley	6
Long Beach	6	Lynbrook	5
MacArthur	5	Malverne/East Rockaway	7
Manhasset	6	Massapequa	5
Mepham	5	New Hyde Park	4
North Shore	5	Oceanside	10
Oyster Bay	4	Plainedge	6
Plainview JFK	6	Port Washington	5**
Roosevelt	0	Roslyn	7**
Sewanhaka/Carey	4	South Side	7+
Syosset	8	Uniondale	5
V.S. Central	5-7	V.S. North	3
V.S. South	8	Wantagh	4
West Hempstead	4	Westbury	6
Wheatley	8		

Freeport plays @ Cow Meadow Park

Lawrence plays @ Lawrence Middle School

Lynbrook plays @ Lynbrook South Middle School

South Side plays @ Hempstead Lake Park

Valley Stream South plays @ North Woodmere Park

NOTE: Schools with “**” next to their # of courts indicate lights available.

2026-27 Girls' Varsity Alignment

Conference I

1. Syosset
2. ***Cold Spring Harbor***
3. Roslyn
4. Jericho
5. Manhasset
6. Port Washington
7. Great Neck North
8. Great Neck South

Conference IIA

1. ***North Shore***
2. Herricks
3. Hicksville
4. ***Friends Academy***
5. ***Wheatley***
6. Hewlett
7. Garden City
8. Plainview / Old Bethpage

Conference IIIA

1. New Hyde Park
2. ***Carle Place***
3. ***Oyster Bay***
4. Carey/ Sewanhaka
5. Plainedge
6. Glen Cove
7. Clarke
8. ***Locust Valley***

Conference IIB

1. Bellmore J.F.K.
2. South Side
3. Long Beach
4. Lynbrook
5. Massapequa
6. Valley Stream Central
7. Oceanside
8. Mepham

Conference IIIB

1. Farmingdale
2. Bethpage
3. Wantagh
4. Calhoun
5. East Meadow
6. Baldwin
7. MacArthur
8. Levittown Division

Conference IV

1. Valley Stream North
2. Freeport
3. ***West Hempstead***
4. Uniondale
5. Valley Stream South
6. ***Lawrence***
7. ***Malverne***
8. Hempstead

Girls' Varsity Tennis Schedule 2026-27

Thursday, September 3

1 @ 8
2 @ 7
3 @ 6
4 @ 5

Tuesday, September 8

7 @ 1
6 @ 8
5 @ 2
4 @ 3

Wednesday, September 9

1 @ 6
7 @ 5
8 @ 4
2 @ 3

Thursday, September 10

5 @ 1
4 @ 6
3 @ 7
2 @ 8

Monday, September 14

1 @ 4
5 @ 3
6 @ 2
7 @ 8

Tuesday, September 15

3 @ 1
2 @ 4
8 @ 5
7 @ 6

Thursday, September 17

1 @ 2
3 @ 8
4 @ 7
5 @ 6

Tuesday, September 22

8 @ 1
7 @ 2
6 @ 3
5 @ 4

Wednesday, September 23

1 @ 7
8 @ 6
2 @ 5
3 @ 4

Friday, September 25

6 @ 1
5 @ 7
4 @ 8
3 @ 2

Monday, September 28

1 @ 5
6 @ 4
7 @ 3
8 @ 2

Tuesday, September 29

4 @ 1
3 @ 5
2 @ 6
8 @ 7

Thursday, October 1

1 @ 3
4 @ 2
5 @ 8
6 @ 7

Monday, October 5

2 @ 1
8 @ 3
7 @ 4
6 @ 5

Varsity Coaches Directory

SCHOOL	COACH	SCHOOL	CELL	E-MAIL
Baldwin				
Bellmore JFK				
Bethpage				
Calhoun				
Carey/Sewanhaka				
Carle Place				
Clarke				
Cold Spring Harbor				
Division				
East Meadow				
Farmingdale				
Freeport				
Friends Academy				
Garden City				
Glen Cove				
Great Neck North				
Great Neck South				
Hempstead				
Herricks				
Hewlett				
Hicksville				
Jericho				
Lawrence				
Locust Valley				
Long Beach				
Lynbrook				
MacArthur				
Malverne				
Manhasset				
Massapequa				
Mepham				
New Hyde Park				
North Shore				
Oceanside				
Oyster Bay				
Plainedge				
Plainview JFK				
Port Washington				
Roslyn				
South Side				
Syosset				
Uniondale				
VS Central				
VS North				
VS South				
Wantagh				
West Hempstead				
Wheatley				

JUNIOR VARSITY RULES and GUIDELINES

1. A contest will consist of 2 singles and 5 doubles matches.
2. All matches are to be 2 out of 3 sets, with the option of the 3rd set being a 10 point Super Tiebreaker (first player to 10 points, must win by two).
3. Coaching begins on the third game of each set, and between sets. Coaching is permitted at the outset of the tie break in order to facilitate the correct playing of the tiebreaker. Play will be continuous thereafter. In doubles (ONLY) tie breaks, the Coman tie break format WILL BE USED. See under Varsity rules, Item 12 C.
4. All matches will use no-add scoring. At 3 points all in a game, the receiving team (doubles) or player (singles) chooses which side of the court to receive the serve.
5. Coaches SHOULD call each other prior to contests to confirm schedules, number of players they have, and number of matches to be played. If time permits, additional or exhibition matches SHOULD BE PLAYED. These matches may be shortened due to time limitations. To accommodate the other team's abundance of players, starters may play again in exhibition matches.
6. Teams must be set up in "Order of Strength."
7. All players should have at least a school shirt or school uniform.
8. All rules of Varsity Tennis Apply (i.e. Sportsmanship)
9. **REMEMBER: JV is both a training ground for potential Varsity players AND is an opportunity for more players to participate.**

2026-27 Junior Varsity Alignment

Conference A

1. Syosset
2. Cold Spring Harbor
3. Roslyn
4. Jericho
5. Manhasset
6. Port Washington
7. Great Neck North
8. Great Neck South

Conference B

1. North Shore
2. Herricks
3. BYE
4. Friends Academy
5. Wheatley
6. Hewlett
7. Garden City
8. Plainview

Conference C

1. Bellmore J.F.K.
2. South Side
3. Long Beach
4. Calhoun
5. Massapequa
6. BYE
7. Oceanside
8. Mepham

Conference D

1. Farmingdale
2. Bethpage
3. Roosevelt
4. BYE
5. East Meadow
6. Glen Cove
7. Clarke
8. Locust Valley

Girls' Junior Varsity Tennis Schedule 2026-27

Thursday, September 3

8 @ 1
7 @ 2
6 @ 3
5 @ 4

Tuesday, September 8

1 @ 7
8 @ 6
2 @ 5
3 @ 4

Wednesday, September 9

6 @ 1
5 @ 7
4 @ 8
3 @ 2

Thursday, September 10

1 @ 5
6 @ 4
7 @ 3
8 @ 2

Monday, September 14

4 @ 1
3 @ 5
2 @ 6
8 @ 7

Tuesday, September 15

1 @ 3
4 @ 2
5 @ 8
6 @ 7

Thursday, September 17

2 @ 1
8 @ 3
7 @ 4
6 @ 5

Tuesday, September 22

1 @ 8
2 @ 7
3 @ 6
4 @ 5

Wednesday, September 23

7 @ 1
6 @ 8
5 @ 2
4 @ 3

Friday, September 25

1 @ 6
7 @ 5
8 @ 4
2 @ 3

Monday, September 28

5 @ 1
4 @ 6
3 @ 7
2 @ 8

Tuesday, September 29

1 @ 4
5 @ 3
6 @ 2
7 @ 8

Thursday, October 1

3 @ 1
2 @ 4
8 @ 5
7 @ 6

Monday, October 5

1 @ 2
3 @ 8
4 @ 7
5 @ 6

SCHOOL	COACH	SCHOOL	CELL	E-MAIL
Bellmore JFK				
Bethpage				
Calhoun				
Clarke				
Cold Spring Harbor				
East Meadow				
Farmingdale				
Friends Academy				
Garden City				
Glen Cove				
Great Neck North				
Great Neck South				
Herricks				
Hewlett				
Jericho				
Locust Valley				
Long Beach				
Manhasset				
Massapequa				
Mepham				
North Shore				
Oceanside				
Plainview JFK				
Port Washington				
Roosevelt				
Roslyn				
South Side				
Syosset				
Wheatley				

Player Rules and Guidelines (In Match)

Guidelines for player responsibility in matches without umpires

The following items answer the most common questions which come up in non-umpired matches:

1 Calls

- a **Opponent gets benefit of the doubt.** When in doubt about whether a ball is in or out, the player shall make the call in favor of his opponent. If the player has any doubt about whether his opponent's ball is out, she shall call it good. A let shall not be played.
- b **Disagreement over call between partners.** If a player and his partner disagree about whether their opponent's ball was out, they shall call it good.
- c **Player makes calls on his side of the net.** A player shall make the calls on his side of the net.
- d **Visible or audible out calls.** No matter how obvious it is to a player that his opponent's ball is out, the opponent is entitled to an audible or visible out call.
- e **Instantaneous calls.** A player shall make all calls instantly but not until the ball has hit the court. This means making the call either before the opponent has had the opportunity to play the ball or before the player's shot has gone out of play.
- f **Instantaneous calls and the two chance rule.** The requirement of making an instantaneous call is designed to eliminate the "two chance" option. For example, the server is advancing to the net for an easy put away when she sees a ball from an adjoining court rolling towards him/her. If the server wants to claim a let she must do so immediately. She may not wait until after she has hit the ball. Once she hits the ball she loses the right to claim a let even if the distraction caused by the ball causes him/her to miss the shot.
- g **Player calls against him/herself any ball that is clearly out.** If requested, a player shall help her opponent on a call. A player shall call against him/herself any ball that is clearly out.
- h **Correcting out call to good.** If a player mistakenly calls a ball out and then realizes that it was good, the point shall be replayed if she returned the ball to her opponent's court. If the player failed to make the return, her opponent wins the point. If the mistake was made on a second serve, the server is entitled to two serves.
- i **How to question an opponent about her call.** A player may ask her opponent about her call by the query: "Are you sure of your call?" No further delay or discussion is permitted. If the opponent reaffirms that the ball was out, her call shall be accepted. If the opponent is uncertain, she loses the point.
- j **Requesting help of opponent.** A player may ask her opponent about a call that is the player's responsibility. If the opponent gives his opinion, it shall be accepted. If neither player has an opinion, then the ball is considered good.
- k **Spectators should not be asked to make a call.** A player shall never ask a spectator to make a call.
- l **Touches, hitting ball before it crosses net, invasion of opponent's court, double-hits, and double bounces.** A player shall call against him/herself:
 - a ball touching him/her;
 - her touching of the net;
 - her touching of her opponent's court;
 - her hitting a ball before it crosses the net;
 - deliberate carries and double hits;
 - double bounces.
- m **Throughs and balls hit into the ground before traveling over the net.** A player shall make the ruling on a ball that her opponent hits through the net and on a ball that her opponent hits into the ground before it goes over the net.

2 Serves, Foot Faults, Services Lets, and Service Returns:

- a **Practice serves.** Service practice by all players shall be completed before the first game of the match. A player shall not practice return of serves on her opponent's serves.
- b **Server's request for third ball.** The receiver shall comply with the server's request to have three balls in her hand before the start of a point unless the third ball is some distance away and retrieving it then would result in prolonged delay.
- c **Foot faults.** Foot faults in an un-officiated match cannot be called. You may mention it to your coach and ask that they speak to the player to try to correct it.

- d **Calling serves in doubles.** In doubles, the receiver's partner should call the service line and the receiver should call the side line and the center service line. Nonetheless, either partner may call a ball that she clearly sees.
- e **Server and her partner should not call first serve out.** Neither the server nor her partner shall make a fault call on the first service even if they think it is out because the receiver may be giving the server the benefit of the doubt. But the server and her partner shall call out any second serve that either of them clearly sees out.
- f **Calling service lets.** Any player may call a service let. The call shall be made before the return of service goes out of play or is hit by an opponent. If the serve is an apparent or near ace, any let shall be called promptly.
- g **Returning out balls.** A player shall not put into play or hit over the net a served ball that is obviously out. Nonetheless, if a player honestly believes that he cannot call a serve out (giving his opponent the benefit of a close call), the server is not entitled to replay the point.
- h **Returning serve when receiver is not ready.** The receiver shall not attempt to return a serve unless she, or she and her partner, are ready. If a player returns a serve, she or her partner, are presumed ready.
- i **Delays between the first and second serve.** When there is a delay between the first and second serve:
 - the server gets one serve if she was the cause of the delay;
 - the server gets two serves if the delay was caused by the receiver or if there was outside interference.

3 **Score:**

- a **Server announces score.** The server shall announce the game score before the game and the point score before each point.
- b **Disputes.** Disputes over the score shall be resolved by using one of the following methods. (The methods are listed in order of preferences.):
 - Count all points and games agreed upon by the players and replay only the disputed points or games.
 - Spin a racket or toss a coin.

4 **Miscellaneous:**

- a **Points played in good faith count.** All points played in good faith stand. For example, if after playing a point the players discover that the net was too high, the point stands.
- b **Requesting linesperson.** If an opponent repeatedly violates the rules, a player may ask for a linesperson.
- c **Talking during a point.** A player shall not talk while the ball is moving toward her opponent's side of the court. If the player's talking interferes with this opponent's ability to play the ball, the player loses the point.
- d **Feinting with the body.** A player may feint with her body while the ball is in play. She may change position at any time including while the server is tossing the ball. Movements or sounds that are made solely to distract an opponent, such as waving the arms or racket or stamping the feet, are not allowed.
- e **Retrieving stray ball.** A player shall not go behind an adjacent court to retrieve a ball when play is in progress. A player shall not ask for one of her balls from players on an adjacent court until their point is over. When a player returns a ball that came from an adjacent court, she shall wait until their point is over and then return it directly to one of the players and preferably to the server.
- f **The Code.** "The Code" is a USTA publication originally written by Col. N.E. Powel that discusses in great detail the code that governs unofficiated matches. The principals set forth in "The Code" shall apply in cases not specifically covered by these regulations.

Sportsmanship for Players

In matches without officials, coaches shall enforce the point penalty system. In all cases if a coach witnesses a violation, he/she must stop that match and warn the offending players as well as inform the opposing coach. In matches with officials, the officials will be responsible for enforcing the penalty system.

Sportsmanship for Spectators

The following are guidelines that appear in the USTA publication entitled "Guide to Teaching Sportsmanship".

1. Never cheer errors
2. Applause is considered acceptable but such things as football style cheers or cheers that are disguised coaching are considered poor sportsmanship.
3. Learn to applaud good shots from each player.
4. Spectators will never get involved in a match! They will never suggest, by word or action, that a call is correct or incorrect. They will not offer suggestions when players are unsure of the score.
5. Only cheer positive things.
6. Spectators will not attempt to coach a player during a match.
7. Spectators will stay a comfortable distance from the fences around the tennis courts.
8. Friends, children, teammates, parents are not permitted on the court at any time.

Excerpts from "The Code" by Colonel Nick Powel

6. In making a line call a player should not enlist the aid of a spectator. In the first place, the spectator has no part in the match and putting them in it may be very annoying to an opponent; in the second, they are liable to offer a call even though he was not in a position to see the ball; in the third, they may be prejudiced; and in the fourth, they may be totally unqualified. All these factors point decisively toward keeping all persons out of the match who are not officially participating.
7. It is both the obligation and prerogative of a player to call all balls in his court, to help her opponent make calls when the opponent requests it, and to call against them self (with the exception of his partner's first service) any ball that she clearly sees out on her opponent's side of the net.
8. The prime objective in making line calls is accuracy, and all participants in a match should cooperate to attain this objective. When a player does not call an out ball against them self when she clearly sees it out - whether he is requested to do so by his opponents or not - she is cheating.
9. All players being human, they will all make mistakes, but they should do everything they can to minimize these mistakes, including helping an opponent. No player should question another's call unless asked, but a player should always ask his opponent's opinion when the opponent is in a better position to see a ball. For example, the opinion of a player looking down a line is much more likely to be accurate than that of a player looking across a line.
- 9.2 Unless you have made a local ground rule, designed to save chasing balls that are obviously going out, when you catch in the air a ball that is in play you have lost the point, regardless of whether you are inside or outside the court.
10. Any call of "out", "let", "fault", or "double-hit" must be made instantaneously; otherwise, the ball is presumed good and still in play. In this connotation "instantaneously" means that the call is made before either an opponent has a chance to hit the return or the return has gone out of play.
11. Any ball that cannot be called out is presumed to have been good, and a player cannot claim a let on the basis that he did not see a ball.
12. It is each player's responsibility to call all balls on his side of the net, and if the ball can't be called out with surety, it is good.

13. In doubles when one partner calls a ball out and the other one good, the doubt that has been established means the ball must be considered to have been good. The reluctance that some doubles players have to overrule their partners is secondary to the importance of not letting your opponents suffer from a bad call. The tactful way to achieve the desired result is to tell your partner quietly that she has made a mistake and then let them overrule them self. If it comes to a showdown, untactful honesty is preferable to tactful dishonesty.
14. In general, any conversation between partners while the ball is moving toward their opponents' side of the net is taboo; once either you or your partner has hit the ball, don't say anything until an opponent has hit it.
15. Calls involving a ball touching a player, a player touching the net, a player touching his opponent's court (invasion), hitting an opponent's return before it has passed the net, a carry, a double-bounce, and a double-hit are usually very difficult to make. Any player who becomes aware that he has committed a violation in one of these areas should announce the violation immediately.
16. A player should provide his opponent five minutes of warm-up, which is adequate even on a chilly day, though it may not be adequate for you to practice your shots as much as you would like.
17. Courtesy dictates that you not practice your service-return when your opponent practices his service.
18. To eliminate arguments about the score the server should announce the game score prior to his first serve and the point score prior to serving each point. This is important.
19. If your opponent actually has poor eyesight and makes a large number of what you feel sure are bad calls, what should you do? There is only one answer: quietly and calmly call for an umpire, and refuse to continue until the umpire arrives.
20. What has been written here constitutes the essentials of "*The Code*", the summarization of procedures and unwritten rules which custom and tradition dictate all players should follow. If you and your opponents will abide by them you will help in establishing a pattern which will make tennis more fun and a better game for all concerned.

Choice of Sides and Service

The choice of sides and the right to be Server or Receiver in the first game is decided by toss. The player winning the toss may choose or require his opponent to choose: (a) the right to be Server or Receiver, in which case the other player shall choose the side; or (b) the side, in which case the other player shall choose the right to be Server or Receiver.

Player Loses Point – A player loses the point if:

- (a) he fails to return the ball in play directly over or past the end of the net before it has hit the ground twice consecutively; or
- (b) he returns the ball in play so that it hits the ground, a permanent fixture (other than the net, posts or singles sticks, cord or metal cable, strap or band), or other object outside any of the lines which bound his opponent's court; or
- (c) he deliberately carries or catches the ball in play on his racket or deliberately touches it with his racket more than once; or
- (d) he or his racket touches the net, post or the ground within his opponent's court at any time while the ball is in play; or
- (e) he volleys the ball and fails to make a good return even when standing outside the court; or
- (g) he throws his racket at and hits the ball; or
- (h) he deliberately and materially changes the shape of his racket during the playing of the point; or
- (i) he deliberately commits any act which hinders his opponent in making a stroke; or
- (j) the ball in play touches her or anything that she wears or carries other than the racket in his hand.

A Good Return – It is a good return if:

- (a) the ball touches and passes over the net, posts, cord or metal cable, strap or band and hits the ground within the court; or
- (b) the ball touches any other permanent fixture after it has hit the ground within the proper court; or
- (c) the ball hits the ground within the proper court and rebounds back over the net and the player whose turn it is to strike reaches over the net and plays the ball, provided that neither he nor any part of his clothes or racket touches the net, and that the stroke is otherwise good; or
- (d) the ball is returned from outside the post, provided that it hits the ground within the proper court; or
- (e) a player's racket passes over the net after he has properly returned the ball; or
- (f) a player succeeds in returning the ball which has struck another ball lying in the court.

A Let

In all cases where a let (other than a service let) has to be called under the rules or to provide for an interruption of play, the point shall be replayed. If a player is hindered in making a stroke by anything not within his control, except a permanent fixture or deliberate interference by his opponent, a let shall be called.

Order of Service

At the beginning of each set, the pair serving the first game decides which partner shall do so and the opposing pair decides similarly for the second game. The partner of the player who served in the first game serves in the third; the partner of the player who served in the second game serves in the fourth, and so on in the same order in all subsequent games of a set.

Order of Receiving

The pair receiving the service in the first game of each set decides which partner shall receive in the right-hand court, and the opposing pair decides similarly in the second game of each set. Partners receive the service alternately throughout each game. The order of receiving the service shall not be altered during the set but may be changed at the beginning of a new set.

Service out of Turn

If a partner serves out of his turn, the partner who ought to have served shall serve as soon as the mistake is discovered, but all points scored and any faults served before such discovery shall stand. If a game has been completed before such discovery, the order of service remains as altered.

Receiving out of Turn

If during a game the order of receiving the service is changed by the receivers, it remains as altered until the end of the game, but the partners shall resume their original order of receiving in the next game of that set in which they are the receivers.

Served Ball Touching Player

The service is a fault if the ball touches the server's partner or anything which he wears or carries. The Server wins the point if the ball served (not being a let) touches the partner of the Receiver, or anything he wears or carries, before it hits the ground.

Ball Struck Alternately

The ball shall be struck by one or the other player of the opposing pairs in the course of making a serve or a return. If both of them hit the ball, either simultaneously or consecutively, their opponents win the point.

On-Court Rules

Excerpted from the official USTA Publication, "*The Code*", whose principals and guidelines shall apply in any event conducted without officials.

United States Tennis Association

Take this card onto the court for reference!

- If you have any doubt as to whether a ball is out or good, you must give your opponent the benefit of the doubt and play the ball as good. You should not play a let.
- It is your obligation to call all balls on your side, to help your opponent make calls when the opponent requests it, and to call *against yourself* (with the exception of a first service) any ball that you clearly see out on your opponent's side of the net.
- Any "out" or "let" call must be made instantaneously (i.e., made before either an opponent has hit the return or the return has gone out of play); otherwise, the ball continues in play.
- Do not enlist the aid of spectators in making line calls.
- If you call a ball out and then realize it was good, you should correct your call.
- To avoid controversy over the score, the Server should announce the set score (e.g., 8-4) before starting a game and the game score (e.g., thirty-forty) prior to serving each point.
- If players cannot agree on the score, they may go back to the last score on which there was agreement and resume play from that point, or they may spin a racket.
- Foot faults are not allowed. If an opponent persists in foot faulting after being warned not to do so, the Referee should be informed.
- Do not stall, sulk, complain or practice gamesmanship.

Standards of Conduct

The highest type of sportsmanship is expected from every player. USTA tournament regulations specifically prohibit the following:

1. Loud, abusive, or profane language, racket throwing, or hitting balls indiscriminately.
2. Stalling – the Rules of Tennis allow a maximum of 1 1/2 minutes for changing ends of court on odd games and 30 seconds between points and between games when there is not a changeover.
3. Coaching is allowed only between sets, limited to 5 minutes.
4. Intentional waving of a racket or arms or making distracting noises.
5. Attempting to make a mockery of a match, whether winning or losing.
6. Defaulting in a tournament (whether during the course of a match or prior to its commencement) except for illness, injury, or personal emergency
7. Withdrawing from a tournament after the draw has been made, except for illness, injury, or personal emergency.

Tennis Etiquette

1. Wait until a point is over before walking behind a court where a match is in progress
2. To retrieve a ball from another court or to return a ball to another court, wait until the players have completed a point.
3. Players should present a neat appearance and abide by local dress regulations.

2025 Nassau County Girls' High School Team & Individual Results

Conferences I, II, & III teams vie for Nassau County Small/Large School Team Championships

Conference I: all teams qualify for their specific team championships

Conference II: first, & second place teams qualify for their specific team championships

Conference III: first place team qualifies for their specific team championship

Conference IV - top team declared Conference champion, not eligible for team playoffs

Long Island Large School Champion – Syosset 6 – Half Hollow Hills East 1

Long Island Small School Champion – Bayport-Blue Point 3 – Cold Spring Harbor 2

Nassau County Large School Champion – Syosset

Nassau County Small School Champion – Cold Spring Harbor

Section VIII Girls Tennis - Fall 2025 Standings							
Conference I							
	League		Overall				
Team	W	L	W	L	MW	ML	Streak
Syosset	14	0	14	0	89	9	W14
Port Washington	11	3	11	3	65	33	W4
Great Neck South	9	5	10	5	67	37	W4
Cold Spring Harbor	9	5	9	5	51	46	L1
Roslyn	7	7	8	7	50	53	W1
Manhasset	3	11	4	11	39	65	W1
Hewlett	2	12	2	13	23	81	L13
Garden City	1	13	2	13	31	74	W1
Conference IIA							
	League		Overall				
Team	W	L	W	L	MW	ML	Streak
Jericho	13	1	14	1	83	22	W5
Herricks	12	2	12	3	62	43	L1
Great Neck North	11	3	12	3	76	28	W4
Friends Academy	7	7	7	7	59	39	L2
Plainview-Old Bethpage JFK	6	7	6	7	47	49	(1 Tie) W1
Wheatley	4	9	5	9	45	57	(1 Tie) W2
North Shore	2	12	3	12	37	66	W1
Glen Cove	0	14	0	14	6	92	L14

Conference IIB							
	League		Overall				
Team	W	L	W	L	MW	ML	Streak
Lynbrook	14	0	14	1	80	24	L1
Massapequa	10	4	10	5	61	44	L1
Oceanside	8	5	8	5	50	41	L1
Bellmore JFK	8	6	8	6	54	44	W1
South Side	5	8	5	8	33	58	L2
Long Beach	5	9	5	9	39	59	W2
Calhoun	3	11	3	11	32	65	L9
Valley Stream Central	2	12	2	12	36	62	L5
Conference IIIA							
	League		Overall				
Team	W	L	W	L	MW	ML	Streak
Hicksville	13	1	13	2	80	25	L2
Oyster Bay	11	3	11	4	62	41	L1
Clarke	8	5	8	5	52	39	W4
Plainedge	8	6	8	6	47	51	W1
Locust Valley	7	7	7	8	51	52	L4
Carey/Sewanhaka	4	10	4	10	37	61	L2
Carle Place	3	10	3	10	34	57	W2
New Hyde Park	0	12	0	12	15	69	L12
Conference IIIB							
	League		Overall				
Team	W	L	W	L	MW	ML	Streak
Mepham	13	0	13	1	79	19	L1
East Meadow	10	3	10	3	53	37	W3
Baldwin	10	4	9	4	57	34	L1
Farmingdale	7	6	7	6	51	38	W2
Wantagh	6	6	6	6	40	44	L2
Bethpage	4	9	4	9	32	59	L3
Levittown Division	2	10	2	10	31	52	L3
Freeport	0	12	0	12	11	73	L12

Conference IV							
	League		Overall				
Team	W	L	W	L	MW	ML	Streak
MacArthur	14	0	14	0	89	8	W14
Valley Stream South	9	2	9	2	65	11	W6
West Hempstead	10	3	10	3	58	30	W3
Malverne/East Rockaway	6	7	6	7	41	50	W2
Valley Stream North	4	9	4	9	30	61	L1
Lawrence	4	9	4	9	27	61	L2
Hempstead	2	9	2	9	24	53	L3
Uniondale	1	12	1	12	9	76	L8
Clinched Conference Title							
Clinched Playoff Berth for Division 1 Playoffs							
Clinched Playoff Berth for Division 2 Playoffs							
MW = Matches Won							
ML = Matches Lost							

2025 Nassau County Girl's Tennis Tournament (10/11 & 10/18)

Singles Tournament – (All NY State & All County Honors)

Champion – Stephanie Marcheret – Syosset
Runner-up – Gabi Villegas – Great Neck South
3rd Place – Lilliana Chou – Levittown Division
4th Place – Diane Durante – Manhasset

All County Honors: (Quarterfinalists)

Chloe Gross - Roslyn
Eva Karmazin - Hewlett
Madison Lee – Great Neck South
Dhriti Pylla - Jericho

Doubles Tournament – (All NY State & All County Honors)

Champions – Evie Loewy & Brianna Lewis – Port Washington
Runner-up – Hannah Wang & Skylar Lin – Syosset
3rd Place – Christiana Kent & Shoriya Baht-Bhandarkar – Port Washington
4th Place – Diya Varma & Selena Wang – Syosset

All County Honors: (Quarterfinalists)

Shubhangi Pradhan & Julia Isham – Syosset
Sofia Schwarz & Grace Parziale – Friends Academy
Ruby Siskind & Peri Cooper – Port Washington
Lulu Bi & Kayla Lo – Syosset

USTA Sportsmanship Award:

Stephanie Marcheret (Syosset) – Singles
Christiana Kent & Shoriya Baht-Bhandarka (Port Washington) – Doubles

New York State Girls High School Tennis Championships – BJKNTC (10/27 – 10/29)

Singles:

NYS Runner-up – Gabi Villegas – Great Neck South
3rd Place – Stephanie Marcheret – Syosset
8th Place – Lilliana Chou – Levittown Division

Doubles:

5th place – Evie Loewy & Brianna Lewis – Port Washington
7th place – Hannah Wang & Skylar Lin – Syosset

Sportsmanship Award – Section VIII:

Stephanie Marcheret (Syosset)

Long Island Tennis Magazine Nassau County Girl's Coach of the Year

Heather Corriel – Oceanside H.S.

USTA Long Island Nassau County Coach of the Year

Owen Kassimir – Friends Academy

2025-26 USTA Eastern - Long Island

Nassau Girls High School Tennis Sportsmanship Award Winners

Conference I

<u>School</u>	<u>Player</u>
Cold Spring Harbor	Alexa Torrey
Garden City	Maya Wiese
Great Neck South	Chloe Yim
Hewlett	Ava Goldbraykh
Manhasset	Naya Shah
Port Washington	Shoriya Bhat-Bhandarkar
Roslyn	Sofia Carlese
Syosset	Hannah Wang

Conference IIA

Friends Academy	Grace Parziale
Glen Cove	Charlotte Dilgard-Clark
Great Neck North	Natalie Wasserman
Herricks	Sarah Jeong
Jericho	Olivia Zhu
North Shore	Jamie Ko
Plainview JFK	Ava Cohen
Wheatley	Raina Shah

Conference IIB

Bellmore	
Calhoun	
Long Beach	
Lynbrook	Charlie Travis
Massapequa	Julianne Snyder
Oceanside	Arianna Shamin
South Side	Sofie Radolovic
Valley Stream Central	Theona Alcala

Conference IIIA

Carey	Sofia Campoli
Carle Place	Isabella Cezario
Clarke	Allisson Philipose
Hicksville	Yasemin Mergen
Locust Valley	Olivia Tomlinson
New Hyde Park	Sara Erxleben
Plainedge	Ibtissam Abdul-Rassoul
Oyster Bay	Leah McConville

Conference IIIB

Baldwin	Shyla Irby
Bethpage	Sarah Higgins
East Meadow	Scarlett White
Farmingdale	Payton Livingston
Freeport	Amarachi Njoku
Levittown Division	Julianna Hill
Mepham	Christina McCleneghan
Wantagh	Tanisha Athwal

Conference IV

Hempstead	Natalia Mejia
Lawrence	
MacArthur	Holland Boder
Malverne	
Uniondale	
Valley Stream North	Olivia Howard
Valley Stream South	
West Hempstead	Vivian Beriguette

2025-26 All Conference Selections

(1st place teams get 4 selections, 2nd place teams get 3 selections, and all other teams get 2 selections)

Conference I

<u>School</u>	<u>Player</u>
Syosset	Tiffany Cai
	Kayla Kim
	Siya Mehta
	Lumi Park
Port Washington	Jamison Hershman
	Juliana Johnson
	Vanessa Wang
Great Neck South	
Roslyn	Ryann Rappaport
	Shoshana Ross
Cold Spring Harbor	
Manhasset	Kirsten Maurischat
	Ellen Zhao
Hewlett	Abby Kurtz
	Mia Savransky
Garden City	

Conference IIA

Jericho	Rebecca Lin
	Miranda Mei
	Dhriti Pylla
Herricks	
	Sarah Jeong
	Gia Ninan
Great Neck North	Emma Wong
	Brooke Bullaro
	Yushin Huang
Friends Academy	Olivia Luchota
Plainview-Old Bethpage JFK	Kayla Wener
Wheatley	Sidney Shapiro
North Shore	Natalie Ion
	Sareena Modi
Glen Cove	Eva Mecca

Conference IIB

Lynbrook	Addison Cooper
	Angie Das
	Kate Shovsky
	Charlie Travis
Massapequa	Lianna Celano
	Sara Kizhnerman
	Anya McGrath
Oceanside	Sophie Merrill
	Scarlett Raphan
Bellmore JFK	
South Side	Maggie Batkin
Long Beach	
Calhoun	
Valley Stream Central	Vivian Arce
	Sofia Raza

Conference IIIA

Hicksville	Khushi Bhasin
	Christina D'Costa
	Yasemin Mergen
	Bianca Parlog
Oyster Bay	Riley Baehr
	Julie Duke
	Savanna Gallo
Clarke	Catherine Lee
Plainedge	Ibtissam Abdul-Rassoul
	Sarahi Cando
Locust Valley	Jenna Rafiy
Carey/Sewanhaka	Katherine Gilman
	Sofia Valentin
Carle Place	Gianna Blaney
	Giuliana D'Alessandro
New Hyde Park	Sara Erxleben

Conference IIIB

Mephram	Lasheey Maingrette
	Isabelle Martinez
	Allison Scott
East Meadow	
Baldwin	Alexendra Baez
Farmingdale	Penny Sanchez
	Kelsey Turner
Wantagh	Juliana Boyc
	Lauren Furer
Bethpage	Kayla Cusumano
Levittown Division	Selina Jin
	Vivian Vasquez
Freeport	Luciana Valero Coronel
	Mia Martini

Conference IV

MacArthur	Taylor Botti
	Kaylan Kersten
	Danna Sarmiento
Valley Stream South	
West Hempstead	Jasmine Johnson
	Kayla Wallack
Malverne	
Valley Stream North	Kaylee Louis-Jean
	Camilia Pisconti
Lawrence	
Hempstead	Olukemi Akingbade
	Kimberly Perez
Uniondale	

Nassau County

Small School H.S. Championships

(2 Singles / 3 Doubles)

	Quarter Finals	Semi-Finals	Finals
	Friday 10/10	Tuesday 10/14	Thursday 10/16
1	Cold Spring Harbor		
		Cold Spring Harbor	
	Bye		
			Cold Spring Harbor 5-0
4	North Shore		
		North Shore 5-0	
5	Oyster Bay		
			Cold Spring Harbor 5-0
			Nassau County Small Schools Team Champion
3	Wheatley		
		Wheatley 5-0	
6	Locust Valley		
			Wheatley 3-2
	Bye		
		Friends Academy	
2	Friends Academy		

2025 NASSAU COUNTY GIRLS

Large High School Team Championships

(3 Singles / 4 Doubles)

	First Round	Quarter-Finals	Semi-Finals	Finals
1	Syosset			
		Syosset		
	Bye			
			Syosset 7-0	
9	Jericho	Jericho 6-1		
8	Lynbrook			Syosset 7-0
13	Mepham	Roslyn 7-0		
4	Roslyn		Roslyn 6-1	
12	Massapequa	Manhasset 7-0		
5	Manhasset			Syosset 5-2
2	Port Washington	Port Washington		WINNER Nassau County Team Champion
	Bye		Port Washington 4-1	
10	Herricks	Garden City 4-3		
7	Garden City			Port Washington 6-1
3	Great Neck South	Great Neck South 7-0		
14	Hicksville		Great Neck South 6-1	
11	Great Neck North	Great Neck North 6-1		
6	Hewlett			

NASSAU COUNTY GIRLS HIGH SCHOOL CHAMPIONSHIPS

Eisenhower Park

Singles

October 11th & 18th, 2025

	Second Round (10 Game Pro-Set)	Third Round (2 of 3 sets)	Quarter Finals (2 of 3 sets)	Semi-Finals (2 of 3 sets)	Finals (2 of 3 sets)
	1 Gabi Villegas - GNS		(All-County)	(All-NY State)	
2	Sofia Valentin - Carey/Sewan	Gabi Villegas 10-0	Villegas 6-1, 6-1		Seeds: 1) Gabi Villegas - GNS
3	Sofia Raza - VSC	Eva Mecca 10-3			2) Stephanie Marcheret - Syosset
4	Eva Mecca - Glen Cove			Villegas 6-3, 6-1	3) Diane Durante - Manhasset
5	Raina Shah - Wheatley	Natalie Ion 10-6	Karmazin 6-2, 6-1		4) Chloe Gross - Roslyn
6	Natalie Ion - North Shore				5) Lilliana Chou - Division
7	Catherine Jin - Herricks	Eva Karmazin 10-2			6) Dhriti Pylla - Jericho
8	Eva Karmazin - Hewlett				7) Madison Lee - GNS
9	Lilliana Chou - Division	Lilliana Chou 10-1			8) Eva Karmazin - Hewlett
10	Heidi Zoto - Planview		Chou 6-0, 6-0		
11	Sarika Prabhakar - Wheatley	Sarika Prabhakar 10-4		Chou 6-2, 6-0	
12	Sarah Kizhnerman - Massapequa				
13	Winter Collinson - LB	Ava Bravo 10-4	Gross 6-0, 6-1		
14	Ava Bravo - Garden City	Chloe Gross 10-3			
15	Kirsten Maurishat - Manhasset				
16	Chloe Gross - Roslyn				Marcheret 6-4, 7-6(5)
17	Diane Durante - Manhasset	Diane Durante 10-1	Durante 6-3, 6-3		WINNER Nassau County Singles Champion
18	Bianca Parlog - Hicksville	Charlie Travis 10-0		Durante 6-3, 6-2	
19	Charlie Travis - Lynbrook				
20	Katherine Gilman - Carey/Sewan	Daisy Lichtenstein 10-1	Pylla 6-2, 6-1		
21	Sareena Modi - North Shore	Dhriti Pylla 10-2			
22	Daisy Lichtenstein - Roslyn				
23	Chelsea Ching - Garden City				
24	Dhriti Pylla - Jericho				
25	Madison Lee - GNS	Madison Lee 10-1	Lee 7-5, 6-2		Marcheret 6-3, 6-3
26	Rebecca Arden - LB				
27	Julie Duke - Oyster Bay	Maya Wiese 10-0		Marcheret 6-1, 6-3	
28	Maye Wiese - Garden City				
29	Daniella Meyer - East Meadow	Riley Baehr 10-3	Marcheret 6-0, 6-0		3rd/4th Place Chou def Durante 6-1, 6-1
30	Riley Baehr - Oyster Day				
31	Bea Degoma - VSC	Stephanie Marcheret 10-2			
32	Stephanie Marcheret - Syosset				

NASSAU COUNTY GIRLS HIGH SCHOOL CHAMPIONSHIPS

Eisenhower Park

Doubles - top half of draw October 11th & 18th, 2025

	10 Game Pro-Set	10 Game Pro-Set	2 out of 3 sets	Quarterfinals 2 out of 3 sets	Semi-Finals 2 out of 3 sets
1	H. Wang/ S. Lin - Syosset	H. Wang/ S. Lin		All-County	All-NYS
2	BYE		Wang/ Lin 10-0		
3	B. Molnar/ S. Scagliola - Glen Cove	Molnar/ Scagliola			
4	J. Johnson/ K. Wallack - W. Hem	10-1		Wang/ Lin 6-1, 6-2	
5	BYE	M. Fuchs/ E. Smaragdas			
6	M. Fuchs/ E. Smaragdas - Oceanside		McAuliffe/ Choen 10-6		
7	A. McAuliffe/ A. Choen - Plainview	O. McAuliffe/ A. Choen			
8	BYE				Wang/ Lin 6-0, 6-4
9	L. Bi/ K. Lo - Syo	Bi/ Lo 10-3			
10	A. Patel/ A. Okun - Wheatley		Bi/ Lo 10-1		
11	L. Livingstone/ L. Giannone - South Side	Livingstone/ Giannone		Bi/ Lo 6-2, 4-6, 6-1	
12	BYE				
13	C. Viegas/ G. Debord - East Meadow	Pikus/ Cilibrasi 10-0			
14	L. Pikus/ R. Cilibrasi - Calhoun		Pikus/ Cilibrasi 11-10(3)	FINALS Lewis/ Loewy def. Wang/ Lin 7-5, 6-0	Wang/Lin 6-7(4), 6-4, 6-1
15	G. King/ A. McGrath -Massapequa	G. King/ A. McGrath		Nassau County Doubles Champions	
16	BYE				
17	S. Schwarz/ G. Parziale - Friends Academy	S. Schwarz/ G. Parziale	Schw arz/ Parziale 10-7		
18	BYE				
19	CC. Papiro/ B. Paulinski - North Shore	Papiro/ Paulinski 10-0		Schw arz/ Parziale 6-2, 6-4	
20	A. Baez/ M. Curran - Baldwin				
21	D. Savarese/ S. Sullivan - CSH	D. Savarese/ S. Sullivan	Savarese/ Sullivan 10-3		
22	BYE				
23	M. Khmelniker/ A. Kurtz - Hewlett	M. Khmelniker/ A. Kurtz			Kent/ Bhat-Bhandarkar 6-4, 6-7(7), 6-4
24	BYE				
25	S. Nigam/ S. Liu - Herricks	Rajpal/ Zhao 10-7			
26	M. Rajpal/ E. Zhao - Manhasset		Rajpal/ Zhao 10-3		
27	C. Chu/ S. Jeong - Herricks	C. Chu/ S. Jeong		Kent/ Bhat-Bhandarkar 6-2, 6-1	
28	BYE				
29	S. Ross/ R. Rappaport - Roslyn	Ross/ Rappaport 10-4			3rd/4th Place Kent/ Bhat-Bhandarkar def Varma/ Wang 6-2, 7-6(4)
30	P. Sanchez/ K. Turner - Farming		Kent/ Bhat-Bhandarkar 10-6		
31	BYE				
32	C. Kent/ S. Bhat-Bhandarkar - Port Washington	C. Kent/ S. Bhat-Bhandarkar			

NASSAU COUNTY GIRLS HIGH SCHOOL CHAMPIONSHIPS

Eisenhower Park

Doubles - bottom half of draw October 11th & 18th, 2025

	10 Game Pro-Set	10 Game Pro-Set	2 out of 3 sets	Quarterfinals 2 out of 3 sets All-County	Semi-Finals 2 out of 3 sets All-NYS
33	D. Varma/ S. Wang - Syo	D. Varma/ S. Wang			
34	BYE		Varma/ Wang 10-3		
35	V. Wang/ E. Garmisa - Port Washington	Wang/ Garmisa 10-3		Varma/ Wang 6-3, 6-1	
36	K. Wener/ Y. Shor - Plainview				
37	BYE	E. Andrew/ S. Raphan			
38	E. Andrew/ S. Raphan - Oceanside		Yim/ Wong 10-8		
39	C. Yim/ S. Wong - GNS	C. Yim/ S. Wong			
40	BYE				Varma/ Wang 6-4, 6-2
41	A. Tan/ R. Lin - Jericho	Tan/ Lin 10-2			
42	L. Maingrette/ A. Scott - Mephan		Tan/ Lijn 10-5		
43	W. Cai/ A. Wu - Manhasset	W. Cai/ A. Wu		Pradhan/ Isham 6-2, 6-3	
44	BYE				
45	M. Batkin/ S. Radolovic - South Side	Pradhan/ Isham 10-0			
46	S. Pradhan/ J. Isham - Syosset		Pradhan/ Isham 10-8		
47	BYE	B. Winthrop/ T. Winthrop			
48	B. Winthrop/ T. Winthrop - CSH				Lewis/ Loewy 6-4, 5-7, 6-4
49	D. Palden/ C. McCleneghan - Meph	D. Palden/ C. McCleneghan			
50	BYE		Siskind/ Cooper 10-0		
51	R. Siskind/ P. Cooper - Port Washington	Siskind/ Cooper 10-3		Siskind/ Cooper 6-1, 2-6, 7-5	
51	I. Makin/ C. Dilgard-Clark				
53	Y. Huang/ B. Bullaro - GNN	Y. Huang/ B. Bullaro			
54	BYE		Huang/ Bullaro 10-3		
55	M. Johnson/ K. Smith - Baldwin	Auyeung/ Magnuson 10-1			
56	C. Auyeung/ M. Magnuson - Bell				Lewis/ Loewy 6-1, 6-1
57	O. Lippmann/ O. Erenburg - Roslyn	Lippman/ Erenburg 10-0			
58	S. Higgins/ K. Cusumano - Bethp		Lippman/ Erenburg 10-6		
59	I. Zeigler/ E. Sipin - Bellmore	I. Zeigler/ E. Sipin			
60	BYE			Lewis/ Loewy 7-5, 6-0	
61	I. Celano/ M.Schiereck - Massapequa	Hanna/ Guariglia 10-1			
62	K. Hanna/ S. Guariglia - CSH		Lewis/ Loewy 10-0		
63	BYE	B. Lewis/ E. Loewy			
64	B. Lewis/ E. Loewy - Port Washington				

Seeds:

- 1) H. Wang/ S. Lin - Syosset
- 2) B. Lewis/ E. Loewy - PW
- 3) D. Varma/ S. Wang - Syo
- 4) C. Kent/ S. Bhat-Bhandarkar
- 5) S. Schwarz/ G. Parziale FA
- 6) Winthrop/ Winthrop - CSH

New York State Champions (Since 1977)

	Singles	Doubles
2024	Angel Walia (Herricks)	
2023	Nina Wiese (Garden City)	
2021		Darian Perfiliev & Ellie Ross – Port Washington
2020	Not Played	
2019		Rachel Arbitman & Nyla Gershfeld (Hewlett)
2018	Rachel Arbitman (Hewlett)	
2016		Calista Sha & Morgan Wilkins (Friends Academy)
2015	Kseniya Zonova (Hewlett)	Courtney Kowalsky & Celeste Matute (Oyster Bay)
2014		Courtney Kowalsky & Celeste Matute (Oyster Bay)
2012	Vivian Cheng (Syosset)	
2011	Hannah Camhi (Syosset)	
2009	Blair Seideman (Jericho)	
2008		Jacqueline Raynor & Kelsey Raynor (Garden City)
2006		Meg Tyner & Michelle Stracar (Jericho)
2001		Katharine Zebroski & Megan Zebroski (Port Washington)
1999		Amy Chen & Alexandra Kobishyn (Lynbrook)
1998		Amy Chen & Alexandra Kobishyn (Lynbrook)
1997	Bea Bielik (Hewlett)	
1995		Zena Park & Tara Brenner (Great Neck North)
1994		Zena Park & Tara Brenner (Great Neck North)
1993		Jen Soltz & Meryl Horowitz (Roslyn)
1991	Heath Friedman (North Shore)	
1990	Lisa Shafran (Oceanside)	
1989	Danielle Paradine (Syosset)	Kiesten Dibble & Lisa Friedlande (Syosset)
1987	Karen Gallego (Glen Cove)	Meredith Lukoff & Danielle Paradine (Syosset)
1986	Karen Gallego (Glen Cove)	Meredith Lukoff & Danielle Paradine (Syosset)
1985	Robin Deitch (Lynbrook)	
1983		Sharon Romaine & Lauren Fornasar (Manhasset)
1982		Ingrid Bulla & Tara Uttern (Great Neck South)
1981	Liz Jaffe (Herricks)	Wendy Fischl & Barbara Schwartz (Great Neck North)
1977		Laura Schwartz & Wendy Prince (Herricks)

NYS Girls High School Federation Tennis Champions (Since 2016)

	Singles	Doubles
2019		Kavina Amin & Kaya Amin – Wheatley

Nassau County Champions: (Since 1977)

	Singles Champion	Doubles Champions
2025	Stephanie Marcheret (Syosset)	Evie Loewy & Brianna Lewis (Port Washington)
2024	Angelina Bravo (Garden City)	Gabrielle Alexa Villega & Madison Lee (Great Neck South)
2023	Nina Wiese (Garden City)	Kayla Castellano & Angelina Bravo (Garden City)
2022	Isabella Sha (Friends Academy)	Darian Perfiliev & Ellie Ross (Port Washington)
2021	Isabella Sha (Friends Academy)	Darian Perfiliev & Ellie Ross (Port Washington)
2020-21	Rachel Arbitman (Hewlett)	Darian Perfiliev & Ellie Ross (Port Washington)
2019	Merri Kelly Hannity (Cold Spring Harbor)	Rachel Arbitman & Nyla Gershfeld (Hewlett)
2018	Rachel Arbitman (Hewlett)	Julia Gentile & Lauren Zola (South Side)
2017	Rachel Arbitman (Hewlett)	Thea Rabman & Matine McGowan (Port Washington)
2016	Merri Kelly Hannity (Cold Spring Harbor)	Calista Sha & Morgan Wilkins (Friends Academy)
2015	Kseniya Zonova (Hewlett)	Courtney Kowalsky & Celeste Matute (Oyster Bay)
2014	Taylor Cosme (Herricks)	Courtney Kowalsky & Celeste Matute (Oyster Bay)
2013	Taylor Cosme (Herricks)	Liz Kallenberg & Ally Linder (Port Washington)
2012	Alexa Graham (Garden City)	Gabriella Leon & Veronika Paikin (Hewlett)
2011	Hannah Camhi (Syosset)	Gabriella Leon & Veronika Paikin (Hewlett)
2010	Jacqueline Raynor (Garden City)	Deana Davoudiasl & Rachel Shenker (South Side)

2009	Blair Seideman (Jericho)	Melissa Edelblum & Paige Mintz (Roslyn)
2008	Jordana Kono (Jericho)	Jacqueline Raynor & Kelsey Raynor (Garden City)
2007	Amanda Halstrom (Bellmore J.F.K.)	Meg Tyner & Michelle Stracar (Jericho)
2006	Anna Edelman (Great Neck North)	Jacqueline Raynor & Kelsey Raynor (Garden City)
2005	Anna Edelman (Great Neck North)	Laura Chen & Kristin Norton (Port Washington)
2004	Stacey Lee (Wheatley)	Meg Tyner & Michelle Stracar (Jericho)
2003	Megan Zebroski (Port Washington)	Alison Rottkamp & Lauren Rottkamp (Cold Spring Harbor)
2002	Lauren Sadaka (Great Neck South)	Amy Roche & Alison Rottkamp (Cold Spring Harbor)
2001	Elizabeth Kobak (Jericho)	Katharine Zebroski & Megan Zebroski (Port Washington)
2000	Justina Hakima (Herricks)	Jen Sussman & Tara DeVito (Roslyn)
1999	Nicole Ptak (Great Neck South)	Amy Chen & Alexandra Kobishyn (Lynbrook)
1998	Vanessa Bagnato (Manhasset)	Cristen Arahovites & Jacqlyne Kilbrith (Cold Spring Harbor)
1997	Bea Bielik (Hewlett)	<i>Nirmala Pillalamarri & Seema Sood (Baldwin)</i>
1996	Vanessa Bagnato (Manhasset)	Nimmi Pillalamarri & Seema Sood (Baldwin)
1995	Jaya Kirtane (Lawrence)	Julie Klein & Rachel Kohn (Roslyn)
1994	Vanessa Bagnato (Manhasset)	Semoneel Tarapore & Emilie Katz (Baldwin)
1993	Julie Klein (Roslyn)	Jennifer Soltz & Meryl Horowitz (Roslyn)
1992		Maggie Hymowitz & Robyn Brown (Great Neck North)
1990	Lisa Shafran (Oceanside)	
1989	Danielle Paradine (Syosset)	
1988		Laura Derderian & Sharon Hsiao (Manhasset)
1987		Meredith Lukoff & Danielle Paradine (Syosset)
1986		Meredith Lukoff & Danielle Paradine (Syosset)
1980	Randi Ross (Great Neck North)	
1979	Colleen O'Connell (Jericho)	Mindy Alpert & Stacey Mender (Great Neck North)
1978	Lisa Askenase (Roslyn)	Ellen Jacobs & Cathy Chester (Great Neck North)
1977	Ellen Jacobs (Great Neck North)	Janine Wollis & Barbara Schwartz (Great Neck North)

Long Island Large Schools Championship: Girls (started in 2021-22)

2025 Syosset 6 – Half Hollow Hills East 1
2024 Syosset 6 – Half Hollow Hills East 1
2023 Syosset 7 – Half Hollow Hills East 0
2022 Port Washington – Harborfields
2021 Syosset 7 – Half Hollow Hills East 0

Long Island Small Schools Championship: Girls (started in 2021-22)

2025 Bayport –BluePoint 3 – Cold Spring Harbor 2
2024 Bayport –BluePoint 3 – Cold Spring Harbor 2
2023 Cold Spring Harbor 4 – Bayport –BluePoint 1
2022 Cold Spring Harbor 5 – Bayport- BluePoint 0
2021 Friends Academy 5 – Bayport-BluePoint 0

Long Island Championship: (started in 2006-07 – reinstituted in 2017-18)

2020 Not Played due to Covid
2019 Port Washington 7 – Westhampton 0
2018 Westhampton 4 – Syosset 3
2017 Port Washington 5 – Ward Melville 2
2016 Friends Academy 5 – Commack 2 (Executive Cup – sponsored by the USTA LI Region)
2012 Syosset 7 – Half Hollow Hills East 0
2011 Syosset – Half Hollow Hills East (Syosset declared winner by forfeit)
2010 Syosset 6 – Half Hollow Hills West 1

2009 Syosset 6 – Half Hollow Hills West 1
2008 Port Washington 5 – Westhampton 2
2007 Port Washington 5 – Westhampton 2
2006 Jericho 5 – Half Hollow Hills East 2
(Runner-up match: Syosset 4 – Westhampton 3)

Long Island Tennis Magazine Nassau County Coach of the Year (Established in 2013)

2013 – Michael Guidone (Locust Valley)
2014 – Colleen O’Connell (Jericho)
2015 – Mike Kazin (Great Neck North)
2016 – Eileen Cuneo (Manhasset)
2017 – Chris Colesanti (South Side)
2018 – Henry Chiu (Hicksville)
2019 – Kerri Latuso (Mepham)
2020-21 – Mike Hovanec (West Hempstead)
2021 – Greg Bilello (Oyster Bay)
2022 – Joseph Mando (Valley Stream North)
2023 – Ellen Huang (Plainview JFK)
2024 – Brian Hoffner (Roslyn)
2025 – Heather Corriel (Oceanside)

LI USTA Nassau County High School Coach of the Year:

2025 – Owen Kassimir (Friends Academy)
2024 – Brian DeGaetano (Bellmore JFK)
2023 – Chris MacDonald (Glen Cove)
2022 – Lauren Jarmel (Baldwin)
2021 – Joy Solomon (Herricks)
2020 – Mike Kazin (Great Neck North)
2019 – Brian Hoffner (Roslyn)
2018 – Shane Helfner (Port Washington)
2017 – Brian Kline (North Shore)
2016 – Rhonda Barsel (Lawrence)
2015 – Kate Moran (Valley Stream North)
2014 – Shai Fisher (Syosset)
2013 – Crystal Boyd (Garden City)
2012 – KerriAnn Jannotte (Roslyn)
2011 – Tara Preston (MacArthur)
2010 – Christine Roblin (Sewanhaka/Carey)
2009 – Brian Paradine (Carle Place)
2008 – Alan Anderson (Freeport)
2007 – David Dorman (Manhasset)
2006 – Larry Levane (Syosset)
2005 – Roz Goldstein (Herricks)
2004 –
2003 – Michael Pavlides (Massapequa)
2002 – Fran Mayerhofer (Farmingdale)
2001 – Colleen O’Connell (Jericho)
2000 – Moe Schneider (Wheatley)
1996 – Sunny Fishkind (Bethpage)

County Tournament @ Eisenhower Park: 10/10 & 10/11 (rain dates: 10/17-18)
State Tournament – NTC @ Flushing, NY: 10/26 – 10/28

**NEW YORK STATE
PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION**

SECTION VIII TENNIS

COMMITMENT TO COMPETE

Congratulations on your fine athletic achievement and earning the right to represent your school in the Section VIII Tennis Tournament!

Your participation not only affects the outcome but also has a significant impact on the integrity of this sanctioned tournament. This competition is a progressive, single elimination format and the withdrawal or the failure to report to the tournament director within the tournament allotted time frame of a player or a doubles team without the consent of the tournament director, affects the equality as well as the integrity of this fine tournament. Should a player withdraw in a later round, the equality of the previous rounds is affected by unjustly eliminating a deserving player or team who is committed to completing the tournament.

The fairness of future rounds is affected by providing an unfair advantage to a player who advances to the next round fully rested as a result of an opponent(s) withdrawal.

By signing this document, you agree to uphold the integrity of the Sectional Championships by committing to play the entire tournament unless you are eliminated or you are released by the tournament director due to an injury or illness.

Failure to honor your commitment to complete the tournament for reasons other than injury or illness will result in forfeiture from the tournament, the loss of any honors/recognitions earned, and ineligibility from the following season's Section VIII Tournament. This incident will also be reported to the student's school administration.

Please Print

Player Name:
High School:
Athletic Director:

Player's Signature:	Date:
Parent's Signature:	Date:
Sectional Chair's Signature:	Date:
Athletic Director's Signature:	Date:

*Original must be presented to the Tennis Coordinator.
The player will not be allowed to participate in the Sectional Championships without this signed document.
A copy must be mailed to the player's high school athletic director. June 2015*

Section VIII H.S. Tennis Alignment Form

(This form does not guarantee your request, but will assist the committee to create the best alignment possible for next season.)

1. School / Team (Boys /Girls): _____

2. Coach Submitting Request: _____
(If you are not planning on coaching next season, please indicate above)

3. Past Season Won / Loss Record: _____

4. Did you: ☐ make playoffs ☐ win Division ☐ win Conference (check all that apply)

5. Current Conference / Division: _____

6. Requested Conference / Division: _____

7. Reason/Rational: (please use back of this sheet)

8. # of players on this year's team: _____

9. # of starters being lost: _____
(Please list the position they played, and there won/loss record for the season)

10. Does your district have a JV program: ☐ yes ☐ no

(If yes – please provide their won / loss record for the year): _____

ATHLETIC DIRECTOR'S Signature (required)_____

Section VIII

GIRLS' VARSITY TENNIS FROZEN ROSTER

School:					
Coach(es):					
	Player First Name	Player Last Name	Grade	UTR	W/L
1st Singles					
2nd Singles					
3rd Singles					
1st Doubles					
1st Doubles					
2nd Doubles					
2nd Doubles					
3rd Doubles					
3rd Doubles					
4th Doubles					
4th Doubles					

Alternates: _____, _____

_____ , _____

_____ , _____

_____ , _____

_____ , _____

WHERE TO SEND ROSTERS:

Shared Google Doc (see link below):

<https://docs.google.com/spreadsheets/d/15QLlOehvL1EYWjdeQlo6cCmdKa34f-AxFmeExksl1I/edit?gid=0#gid=0>

Coaches Quick Checklist

August 24th - Monday – Tryouts Begin (Practice 1)

24th - Pre-Season Meeting 7:00 PM Syosset High School – Room B-5

September 3rd – Thursday – Match #1

Initial rosters due (all teams)

22nd – Tuesday – Match #8

Frozen rosters for all teams due by NOON (14 match season)

October 1st – Thursday – County tournament entry's due no later than 6:00pm

**6th – Tuesday – Seeding Meeting 6:30pm @ Syosset H.S.
(Committee Members only)**

6th – 9th – Tuesday - Friday - Makeup Matches & Playoff Matches begin

10th – 11th – Saturday-Sunday – County Tournament, Eisenhower Park

13th – 16th – Team Playoffs continue/conclude

17th – 18th – Rain Dates for County Tournament (as needed)

20th – Tuesday - Nassau Small Team Finals (Site TBA)

21st – Wednesday - Nassau Large Team Finals (Site TBA)

**22nd - Thursday – End of Season Meeting - 6:30pm Syosset HS – East Cafeteria
Alignment Form submitted**

October 26th – October 28th – NYS Tournament (NTC, Flushing)

October 30th – Friday - LI Championship – Small Schools tentative date (Suffolk Site)

November 2nd – Monday - LI Championship – Large Schools tentative date (Suffolk Site)

November 6th – Friday – TEAM STATE SEMI'S/ FINALS @ BJK NTC – FLUSHING

**Prior to the beginning of each match, the coach of the home team will issue the
“warning” to BOTH teams.**

**THE WINNING COACH from ALL CONFERENCES MUST SUBMIT THEIR TEAM MATCH
RESULTS ON THE UTR WEBSITE:**

<https://app.universaltennis.com>

Other media outlet information to report scores to:

NEWSDAY (1-631-843-2820)

LONG ISLAND TENNIS MAGAZINE ONLINE:

<http://longislandtennismagazine.com/hssubmit>