

BOYS LACROSSE

EFFORT



SPORTSMANSHIP

RESPECT

2026

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NILCA

The National Interscholastic Lacrosse Coaches Association

PLEASE CONSIDER JOINING THIS ORGANIZATION

How does the NILCA Support HS Lacrosse?

- The NILCA encourages development of High School coaches to responsibility teach, promote, and maintain the growth of lacrosse in accordance with the highest interscholastic ideals of fair play.
- The NILCA promotes and develops quality leadership for lacrosse programs by recognizing key and significant professional contributions to the sport of High School lacrosse including: Coach of the Year, Man of the Year, Man of the Year, and the Hall of Fame.
- The NILCA educates coaches by providing current coaching techniques, establishing regional HS focused coaching clinics and maintaining key relationships with the IMLCA (college association), NFHS, and USA Lacrosse.
- The NILCA supports an annual meeting at the IMLCA Meeting (usually held in December) - open to all HS coaches.
- The NILCA sponsors **Lacrosse Coach Newsletter**, published 5 times a year- a veritable clinic sent via email to members.
- The NILCA seeks to incentivize active participation by serving on their national committees.
- Members include: Middle School Coaches, 9th Grade Coaches, JV Coaches, Varsity Assistants, and Varsity Head Coaches.

Thus, The NILCA seeks to encourage, promote, educate, support, sponsor and incentivize its members to achieve quality coaching mentorship in High School Lacrosse.

PLEASE CONSIDER JOINING THIS ORGANIZATION

Coaches Code of Ethics

Coaches Code of Ethics

The function of a coach is to educate students through participation in interscholastic competition. An interscholastic program should be designed to enhance academic achievement and should never interfere with opportunities for academic success. Each student should be treated with the utmost respect, and his or her welfare should be considered in decisions by the coach at all times. Accordingly the following guidelines for coaches have been adopted by the NFHS Board of Directors.

The coach shall be aware that he or she has a tremendous influence, for either good or ill, on the education of the student and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.

The coach shall uphold the honor and dignity of the profession. In all personal contact with students, officials, athletic directors, school administrators, the state high school athletic association, the media, and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

The coach shall take an active role in the prevention of drug, alcohol and tobacco abuse.

The coach shall avoid the use of alcohol and tobacco products when in contact with players.

The coach shall promote the entire interscholastic program of the school and direct his or her program in harmony with the total school program.

The coach shall master the contest rules and shall teach them to his or her team members. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.

The coach shall exert his or her influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep club sponsors, booster clubs, and administrators.

The coach shall respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against the officials. Public criticism of officials or players is unethical.

The coach should meet and exchange cordial greetings with the opposing coach to set the correct tone for the event before and after the contest.

The coach shall not exert pressure on faculty members to give student special consideration.

The coach shall not scout opponents by any means other than those adopted by the league and/or state high school athletic association.

A Mediocre Coach Tells

A Good Coach Explains

A Superior Coach Demonstrates

A Great Coach Inspires

The 7 Lessons for Referee Respect

Like with sportsmanship and teamwork, referee respect is an important value that needs to be specifically taught to athletes, parents, and coaches. However, even though there are referees at every game, there is virtually never a direct conversation about the expectations for respecting referees. Teaching respect for referees doesn't have to be hard, hokey, or time-consuming, as long as you can remember the seven lessons for referee respect:

1. REFEREES HAVE MORE TRAINING THAN PLAYERS AND SPECTATORS

No matter how experienced or knowledgeable an athlete or parent is, it's important to remember referees have specific training in the rules of the game, how to observe the game, and how to make difficult calls. They are also often in a better position to see the play, especially compared to parents on the sidelines or in the stands. If you're still convinced you can do a better job, leagues are always hiring.

2. MORE FOCUS ON THE REF MEANS LESS FOCUS ON THE GAME

There are many aspects of sports that are unpredictable and out of a player's control. However, there are some things an athlete can control. Players, spectators, and coaches can't control officiating, but if players are overly focused on how the officials are calling the game, they are likely less focused on playing the game to the best of their abilities. Similarly, coaches should advocate for their team, but focus more on instructing and guiding players than haranguing referees. For parents in the stands, you could spend your time focused on the ref, or spend that time focused on watching and encouraging your young athletes to do their best with the one thing they can control: their own performance.

3. REFEREES SHOULD BE TREATED LIKE COACHES

One of the ways coaches can model respect for officials is to make an effort to personally greet referees before the game, just as you would the coach of the opposing team. And while it may not be practical for every player to greet the officials, encourage captains at the pre-game meeting or coin flip to introduce themselves to the officials. These efforts help turn nameless, faceless referees into people, particularly people to be respected, in the eyes of young players.

4. RUDE TEAMS DON'T GET CLOSE CALLS

Referees do their best to call games objectively, but they are still human. On a tough call that could go either way, a referee may be more likely to rule in favor of a team whose players (and coaches) have been respectful and focused on fair play throughout the game. It's a natural bias to reward favorable behavior and the people who have treated them respectfully.

5. YELLING AT OFFICIALS MODELS POOR COMMUNICATION SKILLS

For parents and coaches, it's important to think about what yelling at refs teaches young athletes. Youth sport advocacy organization Play by the Rules has outlined several different ways yelling at refs hurts kids by communicating to them that:

- Mistakes are not acceptable
- There's no need to take accountability for your own performance when you can blame others
- It's acceptable to disrespect an authority figure whenever you disagree with their decision
- Even though it's rude, disruptive, and distracting to others, yelling is acceptable behavior

6. TRY IT BEFORE YOU CRITICIZE

Having athletes and parents try officiating during scrimmages at practices is a great way of illustrating the difficulties referees face. It's the old "walk a mile in someone else's shoes" lesson, but it's effective for helping parents and athletes be more empathetic toward referees.

7. REMEMBER IT'S JUST A GAME

No missed call during a youth sports game is going to make or break an athlete's career. Youth sports are an environment for learning about and falling in love with sports, not heaping pressure on athletes, coaches, and officials. And in the off-chance a player, coach, or parent makes a mistake and is disrespectful to an official during the game, make an effort to resolve the conflict after the game with a face-to-face conversation with the referee. This helps illustrate to young athletes that after a conflict with another person it is important to take responsibility for your actions and make amends with the other person.

Source: TRUE SPORT

TO SERVE THE INTERSCHOLASTIC ATHLETIC PROGRAM
OF THE PUBLIC SCHOOLS OF NASSAU COUNTY

**OFFICE OF THE EXECUTIVE DIRECTOR
SECTION VIII**

TO SERVE THE INTERSCHOLASTIC ATHLETIC PROGRAM
OF THE PUBLIC SCHOOLS OF NASSAU COUNTY

OFFICE OF THE EXECUTIVE DIRECTOR

Patrick Pizzarelli, CAA Executive Director
PPIZZARELLI@NASBOCES.ORG

Justin Jonas Assistant Executive Director
JJONAS@NASBOCES.ORG

**71 Clinton Road
The George Farber Building
Garden City, NY 11530**

Nicholas Dunninger
Assistant Executive Director
(Boys Athletics)
NDUNNINGER@NASBOCES.ORG
Boys Athletics 516-396-2443

Grace Chianese
Assistant Executive Director
(Girls Athletics)
GCHIANESE@NASBOCES.ORG
Girls Athletics 516-396-2446

Laurie Gandolfo
Assistant (Boys Athletics)
LGANDOLFO@NASBOCES.ORG

Karen Wohlrab
KWOHLRAB@NASBOCES.ORG

Regina Van Blenis
Secretary to the Director
RVANBLENIS@NASBOCES.ORG

Robert Russell
Senior Account Clerk
RRUSSELL2@NASBOCES.ORG

Fax Numbers - B&G	997-2018	Boys Athletics	396-2443	Fax Numbers - B&G	997-2018
Executive Director	396-2488	Girls Athletics	396-2446	Executive Director FAX	997-2916
	(cell) 528-6529		www.secviii.org		

MAILING ADDRESS:

OFFICE OF INTERSCHOLASTIC ATHLETICS-SECTION VIII
GEORGE FARBER ADMINISTRATIVE CENTER
P. O. BOX 9195- 71 CLINTON ROAD
GARDEN CITY, NY 11530-9195

OFFICE HOURS:

MONDAY-FRIDAY - 8:30 AM TO 4:30 PM
SUMMER HOURS - 8:30 AM TO 3:30 PM

EMERGENCY SITUATIONS

WEEKENDS ONLY - NOT TO BE USED DURING REGULAR BUSINESS HOURS!

STEP I - CALL 997-4861

STEP II - TELL THE OPERATOR WHETHER YOU ARE FROM A SCHOOL OR ARE AN OFFICIAL

STEP III - TELL THE OPERATOR WHETHER THIS REFERS TO A BOY'S GAME OR A GIRL'S GAME.

STEP IV - TELL THE OPERATOR WHERE YOU CAN BE REACHED BY PHONE.

STEP V - WE WILL CONTACT YOU AS SOON AS POSSIBLE.

POLICY RE: MEDICAL DOCTORS AT FOOTBALL GAMES

*Adopted by Athletic Council 5/29/91 Adopted by Superintendents' Board 6/6/91
Amended May 2005*

"Each member school shall be responsible for providing at their home football games professional medical coverage of **their choice**. This coverage must consist of a medical doctor, physician assistant, certified EMT or AMT or a NATA certified trainer. If a **visiting school** insisted that a medical doctor be present at football games in which their school district participates in, then it would be the responsibility of the visiting school to assume the obligation to pay for a medical doctor that is sent to the away game if the home school provided medical coverage with other professionals e.g. physician assistant, EMT, AMT or trainer."

"All schools should declare in writing prior to the start of the season what type of coverage their school district will provide for their home football games. This information would be made available to all member schools through the Executive Office of Section VIII. Each school district would then be able to decide as to whether or not they wish to send a medical doctor to away games if one is not being provided by the home school."

NOTE: If the visiting school does provide a medical doctor, that doctor is only responsible for the visiting team's players.

FACILITIES USED BY SECTION VIII

ADELPHI UNIVERSITY

1 South Avenue, Garden City, N.Y. 11530

Danny McCabe, Athletic Director

516-877-4240

amccabe@adelphi.edu

LIU POST CAMPUS

Brookville, N. Y. 11548

William Martinov-Director of Athletics

William.martinov@liu.edu

516-299-2289

HOFSTRA UNIVERSITY

Mack Sports Complex

245 Hofstra University Avenue

Hempstead, N. Y. 11550-1022

David Fernandez, Associate Director of Athletic Facilities

516-463-8148

Dave.fernandez@hofstra.edu

SUNY FARMINGDALE

2350 Broad Hollow Road, Farmingdale, N.Y. 11735

Steven Raisfield, Associate Athletic Director

934-420-5463

Raisfes@farmingdale.edu

NASSAU COMMUNITY COLLEGE

Physical Education Complex, Garden City, N.Y. 11530

Kerri-Ann McTiernan, Athletic Director

516-572-7522 X26616

Kerriann.mctiernan@ncc.edu

SUNY OLD WESTBURY

P.O. Box 210, Old Westbury, N.Y. 11568

Lenore Walsh, Athletic Director

516876-3241

walshle@oldwestbury.edu

ST. ANTHONY'S HIGH SCHOOL

275 Wolf Hill Road, South Huntington, N.Y. 11747

Andrew Grey

631-271-2020

BETHPAGE STATE PARK

99 Quaker Meetinghouse Road, Farmingdale, N.Y. 11735

Park Information: 249-0700

Permit Office: 631-321-3515

DENTON PARK (Tully Park Pool)

1801 Evergreen Avenue, New Hyde Park, N.Y. 11040

Jill Weber, Commissioner of Parks & Recreation

Administration: 627-0590

weberj@northhempsteadny.gov

EISENHOWER PARK - ADMIN. BLDG.

East Meadow, N.Y. 11554

Trish Hood, Facility Director

516-572-0252

phood@nassaucountyny.gov

TOWN OF NORTH HEMPSTEAD

Department of Parks & Recreation

Town Hall, Plandome Road

Manhasset, N.Y. 11030

Jill Weber 516-627-0590

weberj@northhempsteadny.gov

TOWN OF HEMPSTEAD

200 N. Franklin Street

Hempstead, N.Y. 11550

Daniel J. Lino 516-292-9000

NASSAU COUNTY AQUATIC CENTER

Eisenhower Park, East Meadow, N.Y. 11554

Jim Muessig, Director 516-572-0553

jmuessig@nassaucountyny.gov

MITCHEL ATHLETIC COMPLEX

Paul Grzymalski, Facility Director

516-572-0403

pgrzymalski@nassaucountyny.gov

HIGH SCHOOL - BOYS AND GIRLS

FALL SEASON		WINTER SEASON		SPRING SEASON	
BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS
Badminton	GD Cheerleading	Basketball	Basketball	Baseball	Badminton
Cross Country	Cross Country	Bowling	Bowling	Golf	Golf
Football	Field Hockey	Fencing	Comp Cheerleading	Lacrosse	Lacrosse
Golf	Soccer	Rifle	Fencing	Spring Track	Softball
Soccer	Swimming	Swimming	Gymnastics	Tennis	Spring Track
Volleyball	Tennis	Winter Track	Winter Track		Flag Football
	Volleyball	Wrestling	Wrestling		

SECTION VIII EXECUTIVE COMMITTEE MEETINGS

2025-2026

THURSDAY	SEPTEMBER 25, 2025	GEORGE FARBER ADMIN. CENTER	8:00 A.M.
THURSDAY	NOVEMBER 13, 2025	GEORGE FARBER ADMIN. CENTER	8:00 A.M.
THURSDAY	JANUARY 8, 2026	GEORGE FARBER ADMIN. CENTER	8:00 A.M.
THURSDAY	MARCH 26, 2026	GEORGE FARBER ADMIN. CENTER	8:00 A.M.
THURSDAY	APRIL 23, 2026	GEORGE FARBER ADMIN. CENTER	8:00 A.M.
THURSDAY	JUNE 4, 2026	GEORGE FARBER ADMIN. CENTER	8:00 A.M.

SENIOR HIGH SCHOOL ATHLETIC COUNCIL MEETINGS

2025-2026

THURSDAY	SEPTEMBER 25, 2025	GEORGE FARBER ADMIN. CENTER	9:00 A.M.
THURSDAY	NOVEMBER 13, 2025	GEORGE FARBER ADMIN. CENTER	9:00 A.M.
THURSDAY	JANUARY 8, 2026	GEORGE FARBER ADMIN. CENTER	9:00 A.M.
THURSDAY	MARCH 26, 2026	GEORGE FARBER ADMIN. CENTER	9:00 A.M.
THURSDAY	APRIL 23, 2026	GEORGE FARBER ADMIN. CENTER	9:00 A.M.
THURSDAY	JUNE 4, 2026	GEORGE FARBER ADMIN. CENTER	9:00 A.M.

HIGH SCHOOL ASSOCIATION MEETINGS

2025-2026

THURSDAY	SEPTEMBER 11, 2025	BROOKSIDE SCHOOL	8:30 A.M.
FRIDAY	SEPTEMBER 19, 2025	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	OCTOBER 9, 2025	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	NOVEMBER 6, 2025	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	DECEMBER 11, 2025	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	JANUARY 15, 2026	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	FEBRUARY 12, 2026	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	MARCH 12, 2026	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	APRIL 16, 2026	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	MAY 14, 2026	BROOKSIDE SCHOOL	8:30 A.M.
THURSDAY	JUNE 11, 2026	BROOKSIDE SCHOOL	8:30 A.M.

* MANDATORY NYSPHSAA MEETING FOR N.C. ATHLETIC ADMINISTRATOR

COUNCIL OF ADMINISTRATORS' MEETINGS

2025-2026

TUESDAY	OCTOBER 14, 2025	GEORGE FARBER ADMIN. CENTER	9:00 A.M.
TUESDAY	JANUARY 20, 2026	GEORGE FARBER ADMIN. CENTER	9:00 A.M.
TUESDAY	MAY 5, 2026	GEORGE FARBER ADMIN. CENTER	9:00 A.M.

2026 NCLCA EXECUTIVE COMMITTEE

JIM AMEN JR.	SECTION VIII COORDINATOR-RETIRED ATH. ADMIN.	
CRAIG PAPACH	SECTION VIII HSAA REP (B)	BELLMORE JFK HS
PAT MAGUIRE **	HSAA ATHLETICS DIRECTOR	SOUTHSIDE HS
JOHN KOSTKOWICZ	SECTION VIII GIRLS LACROSSE COORD.	NEW HYDE PK
RICHARD DONOVAN	WHEATLEY SCHOOL	Retired/Advisor
JIM KASPAR	LOCUST VALLEY	Retired/Website/Business
BRENDAN WALLACE	NCLOA RULES INTERPRETER	
JOHN CALABRIA	NCLCA MEMBER (A) PRESIDENT	SYOSSET HS
ERIC DUNNE	NCLCA MEMBER (A)	FARMINGDALE
THOMAS KINSELLA	NCLCA MEMBER (A)	HICKSVILLE HS
STEVE FINNELL	NCLCA MEMBER (B)	GARDEN CITY HS
STEVE TRIPP	NCLCA MEMBER (B) SECRETARY	Retired GLEN COVE H
JOHN NESSLER	NCLCA MEMBER (B)	MAC ARTHUR HS
JAMES POLO	NCLCA MEMBER (C) TREASURER	WANTAGH HS
STEVE DIPIETRO	NCLCA MEMBER (C)	SOUTHSIDE HS
JASON PEARL	NCLCA MEMBER (B)	LONG BEACH HS
PAUL SELHORN	NCLCA MEMBER (C)	WHEATLEY/CPLACE
DENNIS BONN	NCLCA MEMBER (D)	COLD SPRING HARBOR HS
JOE BACARELLA	NCLCA MEMBER	NILCA

** Asst. Boys Section VIII Coordinator

2026 NASSAU COUNTY LACROSSE COACHES ASSOCIATION

BALDWIN	TIM CLANCY
BETHPAGE	PATRICK GORMAN
CALHOUN	DAN CATAPANO
HF CAREY	THOMAS AIELLO
COLD SPRING HARBOR	DENNIS BONN
CLARKE	JOSEPH HASBROUCK
EAST MEADOW	JOE CATALDO
ELMONT	CONNOR BENNARDO
FARMINGDALE	ERIC DUNNE
FLORAL PARK	MATT POVOLNY
FREEPORT	MARK ANDREJACK
FRIENDS ACADEMY	RYAN LAWLER
GARDEN CITY	STEPHEN FINNELL
GLEN COVE	DOUG TRIPP
GREAT NECK NORTH	EVAN CHEN
GREAT NECK SOUTH	MIKE PASSUELLO
HEMPSTEAD	MATTHEW ALI
HERRICKS	MIKE CHIN
HEWLETT	DALE PESCIPELLI
HICKSVILLE	TOM KINSELLA
ISLAND TREES	MICHAEL PAPACH
JERICO	BRANDON MULLHOLLAND
BELLMORE JFK	GERARD CUNNINGHAM
LAWRENCE	TBD
LEVITTOWN DIVISION	ROB STORRIE
LOCUST VALLEY	TOM DUGGAN
LONG BEACH	JASON PEARL
LYNBROOK	BILL LUZZI
MAC ARTHUR	JOHN NESSLER
MALVERNE/E.ROCKAWAY	ANDREW BISCARDI
MANHASSET	NICK ARMSTRONG
MASSAPEQUA	KEVIN CATALANO
MEPHAM	RYAN WALSH
MINEOLA	JIM DURSO
NEW HYDE PARK	MARCELO SANDOVAL
NORTH SHORE	JOHN SAVAGE
OCEANSIDE	JOHN EMMERICH
OYSTER BAY	DOUG TRIPP
PLAINEDGE	DAN ACHATZ
PLAINVIEW JFK	MICHAEL SCHATT
PORT WASHINGTON	DANIEL GILL
ROOSEVELT	GLENN GREUBEL
ROSLYN	JESSE SORENSEN
SEAFORD	BRIAN HORNER
SEWANHAKA	CONNOR HORL
SOUTHSIDE	STEVE DIPIETRO
SYOSSET	JOHN CALABRIA
UNIONDALE	HUGO CHARLES
VALLEY STREAM	MIKE BUONAGURIO
WANTAGH	JAMES POLO
WEST HEMPSTEAD	AUSTIN WOLFSON
WHEATLEY/CARLE PL.	PAUL SELHORN

SPORTSMANSHIP

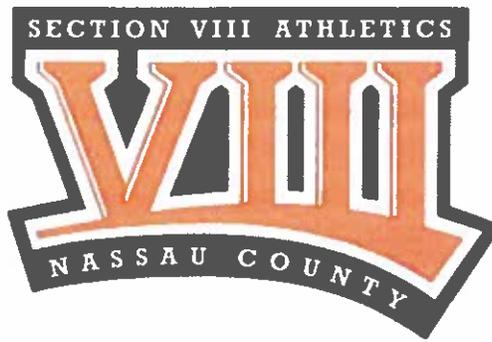
Students learn immeasurable unique lessons through interscholastic athletic participation.

Educators universally agree, of all the goals established as outcomes for secondary students involved in school sports, **sportsmanship is primary.**

Students who learn to value and practice sportsmanlike behavior are developing the characteristics of good citizenship.

Honesty, generosity, self discipline, a sincere concern for others, ethical behavior and a commitment to fair play are all demonstrated in sportsmanship.

Nassau County Public High School Athletic Association member schools make sportsmanship a premier concern.



Section VIII Sportsmanship Regulations

Type of Offense	Offender	Consequence of First Offense	Consequence of Second Offense	Appeal Amount
Physical	Player	Two Game Suspension	Remainder of Season Suspension	\$250 for Sportsmanship Appeal
	Coach	Remainder of Season Suspension		\$500 for Athletic Council Appeal
	Spectator	Remainder of Season Suspension		
Verbal	Player	Two Game Suspension	Remainder of Season Suspension	
	Coach	Two Game Suspension	Remainder of Season Suspension	
	Spectator	Three Game Suspension	Remainder of Season Suspension	
**Ejection by Rule Violation	Player	Subject to Specific Sport Rule		
Ejection by Unsportsmanlike Behavior	Player	Two Game Suspension	Remainder of Season Suspension	
	Coach	Two Game Suspension	Remainder of Season Suspension	

Pre/Post Game Behavior Will Receive Additional Game(s)	Spectator	Two Game Suspension	Remainder of Season Suspension
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Leaving Bench Area	Player	Two Game Suspension	Remainder of Season Suspension
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Coach	*One Game Suspension (Two or More Players Leave)	*Pending Review by Sportsmanship Committee
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*Pending review by Sportsmanship Committee

**Sportsmanship Committee reserves the right to impose any additional consequences for ejections by rule violation

**Football will abide by the NYS Policy; Sportsmanship Committee can still add additional consequence

The Sportsmanship Committee always reserves the right to impose any additional consequences for any unsportsmanlike action

Approved 9/26/24



Section VIII Spectator Policy

Spectator Conduct – Entering the Field of Play

Spectators are not permitted to enter the field of play, team bench areas, sidelines, or any restricted areas during interscholastic athletic contests unless explicitly authorized by the site director.

Any spectator who violates this policy will be immediately removed from the event and suspended from attending all district interscholastic athletic contests for a minimum of one (1) calendar year from the date of the incident.

Approved January 8th, 2026

SECTION VIII SPORTSMANSHIP POLICY

Approved September 2024

The NYSPHSAA and Section VIII recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA and Section VIII has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post season play.

As of July 1, 2013, the Dignity for All Students Act (Dignity Act-Section 52.2, Part 80 and 57-4) is to provide all public school students with an environment free from harassment, bullying (including cyber bullying) and discrimination, as well as to foster civility in public schools. The Dignity Act focuses on the prevention of discrimination behaviors, including harassment/bullying through the promotion of educational measures meant to positively impact school culture and climate, which includes the interscholastic programs.

The High School Athletic Association of Section VIII established the Sportsmanship Committee as a sub-committee of the Athletic Council to address incidents of unsportsmanlike conduct and flagrant misconduct. The purpose of the Sportsmanship Committee is to take proactive measures in an effort to minimize inappropriate behavior at all Section VIII events and to promote positive sporting behavior throughout the county.

A. What is to be reported:

1. A Player who is ejected from a contest for flagrant misconduct and/or unsportsmanlike conduct.
2. A Spectator who acts in a disruptive abusive or inappropriate manner.
3. A Coach who conducts himself/herself in an inappropriate or unsportsmanlike manner.
4. An Official who demonstrates unsportsmanlike conduct or inappropriate behavior unbecoming of a sport official.
A School that permits spectators to conduct themselves in an abusive, disruptive or harassing manner. This also includes schools that do not provide adequate supervision at home or away contests to control their spectators.

B. Responsibility for reporting:

1. Coaches must report all incidents to their respective athletic directors, even if only one player/team was cited for misconduct.
2. Athletic Directors must file reports with the Office of the Executive Director within 24 hours of any disqualification, ejection or incident of unsportsmanlike behavior.
3. Officials must file reports with the Office of the Executive Director within 24 hours of any disqualification, ejection or incident of unsportsmanlike behavior.

C. Reporting Procedure:

1. All unsportsmanlike incidents are to be reported by the coach (or by both coaches) to their respective athletic directors immediately following the contest.
2. The Athletic Directors of both schools involved are to file reports with the office of the Executive Director as soon as possible, but no later than the morning following the contest/incident (or the next school day).
3. The Officials assigned to the contest are to file a report with the Office of the Executive Director as soon as possible, but no later than the morning following the contest/incident (or the next school day).
4. The Office of the Executive Director will forward copies of all reports to the Sportsmanship Committee Chairperson, Sport Coordinator, and the appropriate VP of Male/Female Sports.

D. Committee Actions:

1. All member schools including individuals representing member schools who are involved in unsportsmanlike conduct are subject to consequences deemed appropriate by the Sportsmanship Committee.
 - a. The Sportsmanship Committee may recommend action in instances of unsportsmanlike conduct and is authorized to recommend consequences which may include, but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or any other actions that are deemed appropriate by the Sportsmanship Committee.
 - b. All recommendations of the Sportsmanship Committee will be filed with the Office of the Executive Director and forwarded to the Athletic Director(s) of the school(s) involved.
 - c. All actions of the Sportsmanship Committee are subject to review by the respective Athletic Director(s). Schools may impose additional consequences.
 - d. Copies of all reports of the Sportsmanship Committee shall be kept on file with the Sportsmanship Chairperson, the Executive Director and the Sports Coordinator.

E. Penalties:

1. Player Expulsion:

Any player who commits a serious violation of game rules or takes part in flagrant misconduct during play shall be subject to ejection from the contest and disciplinary action. Ejection from a contest results in mandatory two (2) game suspension from the next regularly scheduled contests, including post-season play. Disqualifications from one season will carry over to the player's next season of participation. Any player suspended from participation may not be on site or involved in any capacity (spectator, timekeeper, scorekeeper, etc.) on the day of suspension. Failure to comply will result in additional sanctions being levied against the individual, coach and/or team.

2. Second Occurrence of Misconduct:

In the same sport – (Section VIII Athletics requires a full season suspension for the 2nd ejection). Any person (coach, player, spectator, school official, etc.) who is ejected from a second contest in the same sport for unsportsmanlike conduct shall require the Sportsmanship Committee to

review the matter. This may lead to more severe disciplinary action including suspension for the remainder of the season. Such disciplinary action could carry over into subsequent sports seasons. Additional consequences may also be recommended by the Sportsmanship Committee.

3. Intentional Physical Contact by a Player:

Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate an official, another player, a spectator, coach, school district employee or supervisor, etc. shall be expelled from the game immediately and banned from further participation in all sports for a period of time to be determined by the Section not to exceed one year from the date of the offense. NOTE: Members of the squad include players, managers, score keepers, timers, and statisticians. The incident must be reported to the Office of the Executive Director who will in turn forward to the Sportsmanship Committee and respective Sports Coordinator. Consequences may include but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or another action that is deemed appropriate by the committee.

4. Team Members/Non Participant/Pre-or Post-Game Misconduct:

Any act of unsportsmanlike/flagrant misconduct by either a team member, non- participant before or after (pre and post-game) will be excluded from play in and/or subject to removal from the site of the contest. Any player, coach or spectator who commits a serious violation of the sportsmanship rules or takes part in flagrant misconduct as a non-participant after the contest has concluded (post-game) will be suspended from participation in or attendance at the next regularly scheduled contest including the post-season.

5. Spectators:

Any spectator who acts in a disruptive, abusive or unsportsmanlike manner may cause the game to be suspended or the spectator removed from the site. A letter from the Sportsmanship Committee may be sent to the appropriate Athletic Director(s), Building Principal(s) and Superintendent(s). Continued incidents of disruptive behavior may result in additional disciplinary action by the Sportsmanship Committee. This will result in a mandatory (3) three game suspension from the next scheduled contests.

6. Coaches:

Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site.

NOTE: "Not being physically present at the site" means a disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site

area before, during or after the game/meet. Any coach that does not serve the penalty for violating the Sportsmanship Standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action. If the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the NYSPHSAA.

7. Intentional Physical Contact:

A coach who strikes, shoves, kick or makes other physical contact with the intent to annoy, harass or intimidate another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense.

8. Officials:

An official who demonstrates inappropriate or unsportsmanlike conduct will be reported to the Sportsmanship Committee. The Sportsmanship Committee may recommend disciplinary action to be taken against the official by the official's organization.

9. Taunting:

Taunting includes, but is not limited to, any actions or comments by coaches, players, or spectators which are intended to bait, anger, embarrass, ridicule or demean other players, coaches, or game officials. Included in this is conduct that berates, needles, intimidates, or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech, family special needs, or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game ('trash talking'), reference to sexual orientation, "in-the-face confrontation" by one player to another, standing over, straddling a tackled or fallen player, etc.

10. Bench Clearing:

If an altercation occurs during a contest and members of either team leave their respective bench or sideline area or playing positions, and go onto the playing field/court participation area, they will be immediately ejected from the contest for unsportsmanlike behavior. This will result in a mandatory two (2) game suspension from the next scheduled contests.

F. Due Process:

Students, coaches and schools have the right to be heard by the Sportsmanship Committee. However, appeals will only be held in regard to a misapplication of the sport rules and/or an ejection of a misidentified player. This right must be claimed within 24 hours of the incident occurring and must be made to the Office of the Executive Director of Section VIII. All actions of the Sportsmanship Committee may be appealed by a member school. Any such appeal will be heard by the Section VIII Athletic Council. An appeal to the Sportsmanship Committee will result in a \$250.00 check to be made out to Section VIII Athletics. If the school appeals beyond that committee to the Athletic Council, a check for

\$500.00 is to be made out to Section VIII Athletics. If said school wins their appeal with the Athletic Council, they will be refunded \$250.00.

Addition to the Section 8 Sportsmanship Policy

In the event a racial, ethnic, or gender slur is heard by an Administrator, Coach, Official, or Supervisor at any Section VIII competition the event will be stopped. Every effort must be made to identify the person(s) responsible for the slur. The person(s) must be immediately removed from the contest. In the event the person (s) responsible for the slur cannot be identified the responsible staff are expected to remove as many spectators as deemed necessary to ensure that the person(s) has/have been removed from the event. The ejection(s) and name(s) of the ejected must be reported to Section VIII and include carryover suspension from attendance at the next competition.

NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

SECTION VIII of NYSPHSAA, INC.

Members of the Sportsmanship Committee:

Name	Phone #	Fax #	E-Mail
James Amen Jr.	631-896-6917		
Justin Jonas	516-668-6177		Jjonas@nasbooces.org
Mike Brostowski	631-252-6429		mbrostowski@roslynschools.org
Co-Chairpersons			
Micheal Pelan	516-887-6435	516-823-1663	mpelan@malverne.k12.ny.us
Kru Patel	917-623-9481		kpatel@sewanhaskaschools.org
Jennifer Keane	516-679-6423	516-679-6440	keanej@wantagschools.org
Don Lang	516-277-7040	516-277-7042	langd@northshoreschools.org
Gary Gregory	516-582-5235		ggregory@eastrockawayschools.org
Eric Caballero	516-578-4177		ecaballero@bellmore-merrick.k12.ny.us
John Franchi	516-644-4070	516-644-4075	jfranch@bethpage.ws
Shannon McEntee	516-233-5056		smcentee@obenschools.org
Scott Stueber	516-872-5695		sstueber@syossetschools.org
Matt McLees	516-539-9428	516-394-4044	mmclees@msd.k12.ny.us
Anthony Brancato	516-318-4025		abrancato@sewanhaskaschools.org

Overview

The Sportsmanship Committee strongly recommends that all athletic directors review the Sportsmanship Policy with their coaches, players, and event supervisors. All coaches must understand that all incidents of unsportsmanlike behaviors/disqualifications must be reported. The completed reports must be submitted by the respective athletic directors and electronically mailed to the Office of the Executive Director.

Reporting Procedures

The Athletic Directors from both teams involved and the officials assigned to the contest are to file written reports of the incident to the Office of the Executive Director no later than the morning of the next working day following the contest/match.

- It is the responsibility of the coach to ascertain from the official that the incident leading to the suspension or ejection is considered misconduct and, if so, it is the coach's responsibility to suspend the player from the team's next contest.
- Failure of the official to report to the Section VIII Office or failure of the Section VIII Office to forward the report to the Athletic Director, or failure of the Athletic Director to notify the coach does not relieve a coach of the responsibility to suspend the player.
- If a suspended player or coach participates in a contest, he/she is deemed ineligible, and that contest is considered forfeited.

Request for Appeal

A request for an appeal must be made to the Office of the Executive Director within 24 hours of the contest/incident. The appeal process is a three-step process. Any questions regarding these procedures should be directed to either the Office of the Executive Director or the Chairperson of the Sportsmanship Committee.

- Sportsmanship Committee
- Athletic Council
- State Appeals Committee

Sportsmanship Committee Procedures for Addressing an Appeal

- All incident reports are submitted to the Sportsmanship Chairperson who upon reading the reports will communicate to the Committee the nature and scope of the incident.
- Upon review of the charge(s) by at least a quorum of the Sportsmanship Committee of Section VIII, it will be determined by most of the quorum whether "probable cause" exists. If such a determination is made a written statement specifying the charges in detail shall be immediately forwarded to the athletic director of the accused coach, official, player, school personnel or member school. Note: While an appeal is being processed, a student(s) may participate in practice sessions commencing from the date the appeal was filed. State Handbook page 91.

Score Differential Policy

Philosophy: "Section VIII Athletic Programs are educationally based designed to encourage safety, participation and sportsmanship." Contributors of Section VIII for all playing levels, (V, JV, JH) feel that this policy will serve to provide a wider range of players with additional playing time while keeping the game competitive.

Guidelines: Each sport coordinator will be charged with writing guidelines, to be included in the sport overview, for coaches to follow while competing during season play. This policy will enforce the written guidelines for each sport.

First Reported Incident: If the score exceeds the written sport guidelines, a report must be submitted online on the SECTION VIII UNSPORTSMANLIKE BEHAVIOR/INCIDENT/DISQUALIFICATION REPORT

This report is to be completed and submitted by game officials and athletic directors of both schools within 24 hours of the incident and/or violation. The form will include recording the score and a statement to be made by the sender: In your opinion, was this an infraction of the sport guidelines set for the score differential, YES or NO. A notification of this report will be sent to schools' Athletic Director, Principal, and Superintendent. If report indicated YES, it will be reviewed by the Sport Coordinator, Coach's Association President, and office of the Executive Director and if warranted, a letter of warning will be issued by the office of the Executive Director to the Athletic Director, Principal, and Superintendent of the offending school.

Second Reported Incident (In the Same Season):

A second reported incident involving a coach will be communicated to all the listed above, but the details involved will be addressed by a committee of: Sport Coordinator, Coaches Association President, office of the Executive Director, HSAA President, Sportsmanship Chairperson, and OCC President. The committee will consider evidence (scorebooks, video, written/verbal reports from both coaches and officials) to determine if an adequate attempt was made to mitigate the score. The coach will be suspended during the pending review by this committee, pending appeal from the Athletic Director. A letter of reprimand with a recommendation of consequences will be issued by the office of the Executive Director to the Athletic Director, Principal, and Superintendent of the offending schools.

Third Reported Incident (In the Same Season):

A third reported incident involving a coach will be referred to the committee that met in the second incident, with an immediate suspension with no appeal from the Athletic Director until the incident is ruled upon. This may lead to more severe disciplinary action including suspension for the remainder of the season. Such disciplinary action could carry over into subsequent sports seasons. Additional consequences may also be recommended by the office of the Executive Director.

LOP SIDED SCORES

DO NOT RUN UP THE SCORE

Good Sportsmanship and Educational Sensitivity

Dictate that Stronger Teams Do Not Run Up the Score

Against Weaker Opponents...

As Section VIII Boys Lacrosse Coordinator and

Chairman of the NYSPHSAA Boys Lacrosse Committee

I am asking that all of our

Nassau County Boys Lacrosse Coaches do the very best they can

this year NOT TO RUN UP THE SCORE...

**There are many ways to manage the game and manage the score of
the game...**

WIN WITH DIGNITY AND CLASS

Jim Amen Jr.

SOME FACTORS TO BE REMINDED OF WITH REGARD TO LOP-SIDED SCORE ISSUES

Boys' lacrosse has a new rule regarding a team ahead of their opponent by more than 12 goals.

This is in affect assists with the Lop-Sided scores that we occasionally see in boys' lacrosse.

After the first half, any time the score differential reaches 12 goals or more, starting with the whistle resuming play, the clock will only be stopped for a team time-out, official's time-out, or an injury time-out. No longer will normal play resume if the goal differential is reduced to fewer than 12 goals.

Once the 2nd ½ begins the winning team should begin to substitute (if not already having done so).

The **losing team should recognize** when the **winning team is substituting** and should recognize that the winning team does not want to embarrass his team. Losing team should understand and acknowledge that winning team is trying to be sportsmanlike.

In **addition**, once losing team recognizes that winning team has substituted, losing team should do this as well.

Be Mindful, this running clock may cause limited playing time in these types of games where winning team carries many participants.

There are situations that exist that 2nd and 3rd teams of winning teams are more skillful that opponent's 1st team. Therefore, losing team may feel it is necessary not to substitute.

In all cases coaches should make sure they do not embarrass their opponents' players and coaches. **Excessive celebration should be discouraged.** Coaches should speak with their players so that they understand and recognize these situations.

As with any sport including lacrosse, play the game the way it should be played...Respect the Game and Play in a Sportsmanlike manner

SECTION VIII SCHOOL ENROLLMENT – 2025-2026

ENROLLMENT		ENROLLMENT		ENROLLMENT	
FREEPORT	1,866	NEW HYDE PARK	848	V.S. NORTH	612
SYOSSET	1,830	KENNEDY BELL-MORE	828	FLORAL PARK	606
UNIONDALE	1,580	ROSLYN	827	LYNBROOK	605
HEMPSTEAD	1,523	GREAT NECK NORTH	825	PLAINEDGE	605
MASSAPEQUA	1,356	MEPHAM	813	LAWRENCE	587
HICKSVILLE	1,311	GLEN COVE	795	NORTH SHORE	531
PLAINVIEW OBP	1,290	ROOSEVELT	795	ISLAND TREES	506
FARMINGDALE	1,280	GARDEN CITY	782	SEAFORD	495
PORT WASHINGTON	1,206	HEWLETT	768	MALVERNE	449
OCEANSIDE	1,203	SEWANHAKA	764	LOCUST VALLEY	435
WESTBURY	1,148	MANHASSET	761	ACADEMY CHARTER Hemp	429
V.S. CENTRAL	1,143	DIVISION	761	WHEATLEY	416
HERRICKS	1,136	CAREY	747	WEST HEMPSTEAD	414
BALDWIN	1,113	BETHPAGE	737	ACADEMY CHARTER Union	393
EAST MEADOW	1,097	ELMONT	717	COLD SPRING HARBOR	317
GREAT NECK SO.	1,063	CLARKE	707	OYSTER BAY	315
JERICO	941	SOUTH SIDE	704	EAST ROCKAWAY	299
LONG BEACH	918	V.S. SOUTH	645	CARLE PLACE	284
MACARTHUR	917	MINEOLA	624	FRIENDS ACADEMY	254
CALHOUN	890	WANTAGH	621	EVERGREEN CHARTER	156

Total includes Grades 9 and 10 plus the average of 9th and 10th.

Starting in the 2025-26 School Year
SIX CLASS NUMBERS

Class	Boys Soccer	Girls Soccer	Boys Basketball	Girls Basketball	Baseball	Softball	Girls Volleyball
Class AAA	1096 and up	1065 and up	1085 and up	1093 and up	1072 and up	1065 and up	Class AAA 1041 and up
Class AA	691-1095	681-1064	657-1084	655-1092	675-1071	670-1064	Class AA 733-104
Class A	407-690	382-680	364-656	364-654	382-674	379-669	Class A 453-732
Class B	247-406	237-381	221-363	224-363	241-381	235-378	Class B 283-452
Class C	144-246	129-236	120-220	127-223	138-240	133-234	Class C 174-282
Class D	143 and below	128 and below	119 and below	126 and below	137 and below	132 and below	Class D 173 and below

FIVE CLASS NUMBERS

Football	2025			Cheerleading	
Class AA	1025 and up		Class A	1025 and up	
Class A	651-1024		Class B	555-1025	
Class B	402-650		Class C	250-554	
Class C	273-401		Class D	249-below	
Class D	272 and below		Co-Ed	One Class	

FOUR CLASS NUMBERS

Girls Lacrosse		Boys Lacrosse		Cross Country	
Class A	1036 and up	Class A	1036 and up	Class A	815 and up
Class B	728-1035	Class B	728-1035	Class B	450-814
Class C	450-727	Class C	450-727	Class C	255-449
Class D	449 and below	Class D	449 and below	Class D	254 and below

THREE CLASS NUMBERS

Field Hockey		Game Day Cheer		Flag Football		Track and Field	
Class A	915 and up	Class A	849 and up	Class A	1018 and up	Class A	800 and up
Class B	450-914	Class B	479-848	Class B	601-1017	Class B	400-799
Class C	449 and below	Class C	478-below	Class C	600 and below	Class C	399 and below

Ice Hockey		Boys Volleyball		Wrestling	
Division I	1000 and up	Division I	901 and up	Division I	600 and up
Division II	999 and below	Division II	900 and below	Division II	599 and below

No contest or interschool scrimmage may be scheduled in Section VIII by a member school on the following dates:
However, if traveling off of Long Island, they may participate in a contest.

HOLY DAY OBSERVANCE
2025-2026

*SEPTEMBER 23 & 24, 2025	ROSH HASHANAH
*OCTOBER 2, 2025	YOM KIPPUR
OCTOBER 21, 2025	DIWALI
NOVEMBER 27, 2025	THANKSGIVING DAY
DECEMBER 24 & 25, 2025	CHRISTMAS EVE/DAY
APRIL 2, 2026 2 nd	FIRST FULL DAY OF PASSOVER
APRIL 3, 2026 2 nd	GOOD FRIDAY
APRIL 5, 2026	EASTER SUNDAY

* Indicates that student athletes must be able to be home by 6:00 p.m. on the day preceding these dates.

SIGNIFICANT DATES TO CONSIDER
2025-2026

SEPTEMBER 1, 2025	LABOR DAY
**SEPTEMBER 11, 2025	PATRIOT DAY
OCTOBER 13, 2025	COLUMBUS DAY
NOVEMBER 11, 2025	VETERANS DAY OBSERVED
JANUARY 19, 2026	MARTIN LUTHER KING, JR. DAY
FEBRUARY 16, 2026	PRESIDENTS DAY
MAY 25, 2026	MEMORIAL DAY
MAY 27, 2026	EID AL-ADHA
JUNE 19, 2026	JUNETEENTH

** In recognition of those who perished on September 11, 2001, in the tragedy of the World Trade Center, it is recommended that each school playing on this day provide a moment of silence in memory and tribute.

ELIGIBILITY DATES FOR 2025-2026

DATE OF BIRTH:

ANY ATHLETE WHO WAS BORN **ON OR AFTER JULY 1, 2006** IS **ELIGIBLE** FOR THE **2025-2026** SCHOOL YEAR.

DATE OF ENTRY INTO 9TH GRADE:

ANY STUDENT/ATHLETE THAT ENTERED THE NINTH (9TH) GRADE **PRIOR TO SEPTEMBER 2022** IS **INELIGIBLE** TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS UNLESS AN EXTENSION OF ELIGIBILITY REQUEST HAS BEEN APPROVED BY THE APPEALS COMMITTEE.

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**SECTION VIII
TABLE OF ACTIVITIES – APPROVED MAXIMUM
2025-2026**

Approved June 2022

ACTIVITY	APPROVED MAXIMUM			
	SPORT	VARSITY	JV	MODIFIED
Badminton		16	15	11
Baseball		20	19	11
Basketball		20	19	11
Bowling		20	19	11
Cheerleading		12	11	11
Cross Country		16	-	8
Fencing		20	-	-
Field Hockey		16	15	9
Flag Football		16	15	9
Football		**9	8	6
Golf		16	15	-
Gymnastics		16	-	8
Lacrosse		16	15	9
Rifle		16	-	-
Soccer		16	15	9
Softball		20	19	11
Swimming		16	-	11
Tennis		16	-	11
Track		16	-	8
Winter Track		16	-	8
Volleyball		20	19	11
Wrestling		*20pts	*20 pts	10 pts

* 6 Tournament maximum

****FOOTBALL**

Only for teams that do not make playoffs Cannot be played prior to week 1

JUNIOR VARSITY:

Three (3) scrimmages will be permitted prior to the first game provided they are approved by the Athletic Director.

MODIFIED:

Two (2) scrimmages will be permitted prior to the first game provided they are approved by the Athletic Director.

THOUGHTS from Jim Amen Jr. Section VIII Boys Lacrosse Coordinator

For years now I/we have tried to address the disparity in levels of play in Nassau County Boys Lacrosse for more than the benefit of those schools who just can't compete. It would be so much EASIER for Boys Lacrosse to just play by classifications like Section XI does but that would defeat the overall purpose of fair and equitable competition. Thus we continue to "tinker" / "tweak" our overviews. In addition, this year we have continued with this trend of fair & equitable competition and trying to accurately eliminate anything that would not give an exact & perfect post season selection and seeding process. As I have said earlier it would be so much easier to play by classifications and use power points alone (as they do in Section XI). The Power League (League 1) certainly has its merits but also has its detriments as it is truly a "black & blue" league. Every game is a "battle". Tough for League 1 teams to play their 2nd line players and equally tough for them to get Non-League Games (who wants to play a League 1 team). Our overview and previous overviews more benefit the League 3 & 4 teams than it does the League 1 & 2 teams.

PS: We are also working on a JV schedule based on ability as we did a few years ago.

2026 NASSAU COUNTY BOYS' LACROSSE PROPOSAL

Purpose: To promote fair and equitable competition for all levels of lacrosse.

Pros and Cons of 2025	2026 Remedy
Leagues were too large	4 ability groups instead of 3
Teams in same class did not play	Cross-over games for class competitions
Playoff seeding	Clear path to playoff seeds
Class vs Non-Class games	Non-Class used to promote fair schedule

Overview:

- 4 Ability groups will be established, with each ability group split in half
- All Classes will seed their teams from highest to lowest
- Teams will be scheduled to play all of the teams in their half of the ability group and the teams in the same class from the other half
- Most teams will play 2-3 teams in class seeded higher and/or 2-3 teams seeded lower
- Playoff seed will be determined by the following criteria
 - Ability group – League 1,2,3,4
 - Division Overall Record (for Class Seeding)
 - Points awarded in common scheduled games
 - Head to Head result will break a tie in points

League Alignments

League 1		League 2		League 3		League 4	
1A	1B	2A	2B	3A	3B	Will play all teams	
A1	A2	A5	A7	A8	A10	A12	C11
A3	A4	A6	B8	A9	A11	A13	C12
B1	B2	B5	B9	B11	B14	A14	C13
B3	B4	B6	B10	B12	B15	A15	(C14)
C1	C2	B7	C7	B13	B16	B17	D5
C3	C4	C5	D2	C8	C10	B18	
	D1	C6	D3	C9	D4		

Scheduled Crossover Games by Class: *Each Team will play a scheduled game with all teams in their League, plus these cross-over games

A1: A2/A4	B1: B2/B4	C1: C2/C4	D1: D2 / D3
A2: A1/A3	B2: B1/B3	C2: C1/C3	D2: D1/D3/D4
A3: A2/A4/A6	B3: B2/B4/B6	C3: C2/C4/C6	D3: D1/D2/D4
A4: A1/A3/A5	B4: B1/B3/B5	C4: C1/C3/C5	D4: D2/D3/D5
A5: A4/A7/A8	B5: B4/B9/B10	C5: C4/C7/C8	D5: D4
A6: A3/A7/A9	B6: B3/B8/B10	C6: C3/C7/C9	
A7: A5/A6/A8/A9	B7: B8/B9/B10	C7: C5/C6/C8/C9	
A8: A5/A7/A10/A12	B8: B6/B7/B11	C8: C5/C7/C10/C11	
A9: A6/A7/A10/A11	B9: B5/B7/B12/B14	C9: C6/C7/C10/C12	
A10: A8/A9/A12/14	B10: B5/B6/B7/B11/B13	C10: C8/C9/C11/C13	
A11: A8/A9/A13/A15	B11: B8/B10/14/15/16	C11: C8/C10	
A12: A8/A10	B12: B9/14/15/16/17	C12: C9	
A13: A11	B13: B10/14/15/16/18	C13: C10	
A14: A10	B14: B9/11/12/13/17	C14:	
A15: A11	B15: B11/B12/B13/B18		
	B16: B11/B12/B13/B17		
	B17: B12/B14/B16		
	B18: B13/B15		

Path to the Playoffs:

Similar to Nassau County Football, quality points will be given to each team based on their league. A team will receive more points for a victory but will not lose points for a loss. Ex. League 2 will be given 3 points to start the year. If you beat a team in League 2 your team will receive 3 bonus points. If you lose to a team in League 2 you do not lose any points.

Starting with League 1, teams will be seeded 1-4 based on the number of points accumulated in their 3 CLASS games. The fourth-place team will be compared to the top team from League 2. Using their common class games, whoever has the most points will be seeded fourth. The team with fewer points will be seeded fifth.

The rest of League 2 will be seeded in order of finish based on point totals and the last seeded team will be compared to the top team in League 3, when League 3 is seeded, the last seeded team will be compared to the top team in League 4.

2026 BOYS LACROSSE SEASON ENROLLMENT NUMBERS
52 SCHOOLS TOTAL

CLASS A= 1036 & ABOVE

CLASS B= 728—1035

CLASS C= 450-727

CLASS D= 449-0

CLASS A = 15 SCHOOLS

1866-FREEPORT
1830-SYOSSET
UNIONDALE-1580
HEMPSTEAD-1523
MASSAPEQUA-1356
HICKSVILLE-1311
PLAINVIEW JFK-1290
FARMINGDALE-1280
PORT WASHINGTON-1206
OCEANSIDE-1203
VALLEY STREAM CENTRAL- 1143
HERRICKS -1136
BALDWIN-1113
EAST MEADOW-1097
GREAT NECK SO.-1063

CLASS B= 18 SCHOOLS

JERICHO-941
LONG BEACH- 918
Mc ARTHUR- 917
CALHOUN- 890
NEW HYDE PARK- 848
KENNEDY BELLMORE-828
ROSLYN-827
GREAT NECK NO.- 825
MEPHAM- 813
GLEN COVE- 795
ROOSEVELT-795
GAREN CITY- 782
HEWLETT- 768
SEWANHAKA-764
MANHASSET- 761
DIVISION AVE. 761
CAREY- 747
BETHPAGE- 737

CLASS C= 14 SCHOOLS

ELMONYT-717
CLARKE-707
SOUTHSIDE-704
MINEOLA-624
WANTAGH-621
FLORAL PK. -606
LYNBROOK-605
PLAINEDGE-605
MALVERNE/EAST ROCKAWAY-586

LAWRENCE-587-----Not Likely to have a team this year

NORTH SHORE-531
WHEATLEY/CARLE PLACE- 529
ISLAND TREES-506
SEAFORD-495

CLASS D= 5 SCHOOLS

LOCUST VALLEY-435
WEST HEMPSTEAD- 414
COLD SPRING HARBOR-317
OYSTER BAY- 315
FRIENDS ACADEMY- 284

2026 NASSAU COUNTY LACROSSE LEAGUE ALIGNMENT

LEAGUE 1 A	LEAGUE 2 A	LEAGUE 3 A	LEAGUE 4
A1 - Massapequa	A5 - Oceanside	A8 East Meadow	A12 - Uniondale
A3 - Syosset	A6 - Plainview JFK	A9 - Baldwin	A13 - GN South
B1 - Garden City	B5 -Roslyn	B11 - Hewlett	A14 - Hempstead
B3 - Bethpage	B6- Calhoun	B12 - New Hyde Pk	A15 - Valley Stream
C1 - Wantagh	B7 - Carey	B13 - Division	B17 - Sewanhaka
C3 - Plainedge	C5 - North Shore	C8 - Floral Park	B18 - Roosevelt
	C6 - Lynbrook	C9- Wheatley-CP	C11 - Malverne-ER
LEAGUE 1 B	LEAGUE 2 B	LEAGUE 3 B	C12 - Clarke
A2 - Port Wash	A7 - Herricks	A10 - Hicksville	C13 - Elmont
A4 - Farmingdale	B8 - MacArthur	A11 - Freeport	D5 - West Hemp
B2 - Manhasset	B9 - Mepham	B14 - Glen Cove	
B4 - Long Beach	B10 - Jericho	B15 - Bellmore JFK	
C2- South Side	C7 - Island Trees	B16 - GN North	
C4- Seaford	D2 - Locust Valley	C10 -Mineola	
D1 - Cold Spr Har	D3 - Friends Acad	D4 - Oyster Bay	

NASSAU COUNTY BOYS LACROSSE SEEDING 2026

Seed	A	B	C	D
1	Massapequa	Garden City	Wantagh	Cold Spring Harbor
2	Port Washington	Manhasset	South Side	Locust Valley
3	Syosset	Bethpage	Plainedge	Friends Academy
4	Farmingdale	Long Beach	Seaford	Oyster Bay
5	Oceanside	Roslyn	North Shore	West Hempstead
6	Plainview JFK	Calhoun	Lynbrook	
7	Herricks	Carey	Island Trees	
8	East Meadow	MacArthur	Floral Park	
9	Baldwin	Mepham	Wheatley/CP	
10	Hicksville	Jericho	Mineola	
11	Freeport	Hewlett	Malverne/ER	
12	Uniondale	New Hyde Park	Clarke	
13	GNS	Division	Elmont	
14	Hempstead	Glen Cove		
15	Valley Stream	Bellmore JFK		
16		GNN		
17		Sewanhaka		
18		Roosevelt		

JV – League 1

2 8	Garden City	33	Port Washington	3 8	Bethpage	4 3	North Shore
2 9	Manhasset	34	Roslyn	3 9	Long Beach	4 4	MacArthur
3 0	Massapequa	35	South Side	4 0	Oceanside	4 5	Seaford
3 1	Wantagh	36	Syosset	4 1	Lynbrook	4 6	Plainedge
3 2	CSH	37	Farmingdale	4 2	Calhoun	4 7	Mepham

Wed- Mar 18			Sat- Mar 21			Mon- Mar 23			Th- Mar 26			Mon- Mar 30			Mon- Apr 13		
28	@	38	34	@	28	28	@	40	36	@	28	28	@	42	44	@	28
40	@	30	32	@	36	38	@	42	34	@	46	40	@	44	42	@	46
32	@	42	46	@	30	30	@	44	32	@	44	46	@	38	36	@	40
44	@	34	44	@	38	32	@	46	30	@	42	36	@	30	34	@	38
36	@	46	40	@	42	34	@	36	38	@	40	32	@	34	30	@	32
29	@	39	35	@	29	29	@	41	37	@	29	43	@	29	45	@	29
41	@	31	33	@	37	39	@	43	35	@	47	41	@	45	43	@	47
33	@	43	47	@	31	31	@	45	33	@	45	47	@	39	37	@	41
45	@	35	45	@	39	47	@	33	31	@	43	37	@	31	35	@	39
37	@	47	41	@	43	35	@	37	39	@	41	33	@	35	31	@	33

Th- Apr 16			Mon – Apr 20			Th- Apr 23			Mon- Apr 27			Wed- Apr 29			Fri- May 1		
28	@	32	46	@	28	31	@	28	31	@	29	28	@	30	39	@	38
30	@	34	44	@	36	30	@	29	39	@	33	38	@	32	41	@	40
36	@	38	42	@	34	35	@	32	41	@	35	40	@	34	43	@	42
46	@	40	40	@	32	34	@	33	43	@	37	42	@	36	45	@	44
29	@	33	38	@	30	39	@	36	45	@	47	44	@	46	47	@	46
31	@	35	47	@	29	38	@	37		@			@			@	
37	@	39	45	@	37	43	@	40		@			@			@	
47	@	41	43	@	35	42	@	41		@			@			@	
43	@	45	41	@	33	47	@	44		@			@			@	
42	@	44	39	@	31	46	@	45		@			@			@	

Sat- May 2			Wed- May 6			Th- May 7								
29	@	28	28	@	33	32	@	29						
31	@	30	34	@	39	30	@	37						
33	@	32	36	@	31	38	@	35						
35	@	34	46	@	41	40	@	47						
37	@	36	44	@	43	42	@	45						
	@			@			@							

JV – League 2 ODD

1	Carey	9	Herricks	1 7	Uniondale	2 3	Elmont
3	Floral Park	11	Hewlett	1 9	Wheatley/CP	2 5	Valley Stream
5	Baldwin	13	Hicksville	2 1	Great Neck So	2 7	Friends
7	Clarke	15	Malverne/ER	4 8	Oyster Bay	4 9	Sewanhaka

Tue- Mar 17			Fri- Mar 20			Tue- Mar 24			Fri- Mar 27			Tue- Mar 31			Tue- Apr 14		
1	@	15	11	@	1	1	@	25	1	@	13	17	@	1	1	@	23
3	@	17	9	@	13	23	@	49	27	@	11	15	@	19	21	@	25
5	@	19	7	@	27	21	@	13	25	@	9	3	@	21	27	@	19
7	@	21	5	@	25	19	@	11	23	@	7	23	@	5	13	@	17
9	@	23	3	@	23	17	@	9	21	@	5	25	@	49	11	@	15
11	@	25	15	@	21	15	@	7	19	@	3	27	@	9	9	@	3
27	@	13	17	@	19	3	@	5	15	@	49	11	@	13	5	@	7
						48	@	27	48	@	17	48	@	7			

Fri- Apr 17			Wed- Apr 22			Fri- Apr 24			Thu- Apr 30			Mon- May 4			Fri- May 8		
7	@	1	1	@	5	19	@	1	1	@	21	9	@	1	1	@	3
5	@	9	3	@	7	17	@	49	19	@	23	7	@	11	5	@	15
11	@	3	15	@	9	23	@	15	25	@	17	13	@	48	7	@	17
13	@	15	17	@	11	25	@	3	27	@	15	3	@	27	9	@	19
17	@	27	19	@	13	5	@	27	13	@	3	15	@	25	21	@	11
25	@	19	27	@	21	13	@	7	11	@	5	23	@	17	13	@	23
21	@	49	23	@	25	9	@	11	9	@	7	19	@	21	25	@	27
48	@	23				48	@	21				49	@	5			

JV – League 2 EVEN

2	Mineola	10	Locust Valley	1 6	Island Trees	2 2	Great Neck No
4	Plainview	12	New Hyde Park	1 8	Glen Cove	2 4	Freeport
6	JFK Bellmore	14	Division Avenue	2 0	Jericho		
8	East Meadow			4 8	Oyster Bay	4 9	Sewanhaka

Tue- Mar 17			Fri- Mar 20			Wed- Mar 25			Sat- Mar 28			Wed- Apr 1			Wed- Apr 15		
2	@	4	2	@	22	2	@	24	10	@	2	18	@	2	12	@	2
8	@	6	20	@	48	22	@	12	12	@	8	16	@	20	10	@	24
10	@	12	18	@	12	20	@	10	24	@	6	22	@	14	8	@	48
16	@	14	16	@	10	8	@	18	22	@	4	24	@	4	6	@	20
20	@	49	14	@	8	6	@	16	14	@	20	12	@	6	4	@	18
24	@	22	4	@	6	4	@	14	16	@	18	8	@	10	14	@	16
48	@	18	49	@	24										49	@	22

Sat- Apr 18			Tue- Apr 21			Sat- Apr 25			Tue- Apr 28			Tue- May 5			Sat – May 9		
20	@	2	2	@	16	8	@	2	2	@	6	4	@	2	2	@	14
18	@	22	14	@	48	6	@	10	4	@	8	14	@	6	4	@	16
24	@	16	20	@	4	12	@	4	10	@	48	16	@	8	6	@	18
12	@	14	6	@	22	14	@	24	12	@	16	18	@	10	8	@	20
10	@	4	24	@	8	16	@	22	18	@	24	20	@	12	22	@	48
6	@	8	12	@	10	18	@	20	22	@	20	22	@	24	24	@	12
			49	@	18				49	@	14				49	@	10

NASSAU COUNTY BOYS LACROSSE 2026 CALENDAR

March	9 1 ST DAY	10	11	12	13	14
15	16 1 ST GAME DAY	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	APRIL 1	2 PASSOVER	3 GOOD FRI	4

This year 2026 Rotation is B/C/D/A

APRIL 5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	MAY 1	2

2026 Post Season-Class A (8 qualify); Class B (10 qualify); Class C (8 Qualify); Class D (4 Qualify)

MAY 3	4	5	6	7	8	9
10	11	12	13	14 LAST GAMES L2 &3	15 LAST GAMES L-1&4	16
17	18 B 1 ST RD	19	20 Quarters Class ABC	21 QUARTERS Class ABC	22	23
24	25 MEM DAY	26 CLASS D SEMIS	27 COUNTY Class B,C,A	28 SEMIS Class B,C,A	29	30
31	June 1 COUNTY B/C	2 County Class D/A	3	4	5	6 LIC @ Stony Brook BCDA
7	8	9	10	11 NYS SEMIS @ Middletown	12	13
14 NYS FINAL@ Hobart						

SECTION VIII PLAYOFF POLICY

The following formula would be used to establish the number of teams that would qualify for "post-season play" based upon the total number of teams in each classification. The same formula would be used by sports that do not use classifications. The purpose of these changes is to create an equitable and fair number of teams that make the playoffs for each classification.

* 1 team - Class Representative to Section VIII to
New York State Regional games

2 teams - 2 team bracket

** 3 or 4 teams - 3 or 4 team bracket

5-8 teams - 4 team bracket

9-12 teams - 6 team bracket

13-16 teams - 8 team bracket

17-24 teams - 12 team bracket (new bracket)

25-32 teams - 16 team bracket

33-36 teams - 18 team bracket

37-40 teams - 20 team bracket

This would allow for a minimum of 50% of the teams/schools that offer a specific varsity sport to qualify for post-season play.

1 Team*

See revision #1 of Section VIII Team Playoff Policy

3 or 4 teams **

The recommendation for a semi-final game should come from the sports committee of that specific sport (as per revision #3 of Section VIII Team Playoff Policy).

SECTION VIII TEAM PLAYOFF POLICY REVISIONS

Presented by the Vice Presidents of the High School Athletic Association and their committee:

1. When there is only one school in a classification, there will be no post-season tournament for that school. However, that school would be given the opportunity to play the winner of the higher classification tournament to get a combined champion. Example: 'D' classification has one school. They would play the 'C' champion to determine a C/D champion.
2. When there is a situation of 2,3,or 4 teams in a classification:
2 Teams: A championship game will be played.
3 or 4 Teams: The recommendation for a semi-final game should come from the sports committee of that specific sport. The coordinator would present how this was to be done at their overview before the High School Athletic Association.
3. Every school, regardless of their placement in a conference, will have the "opportunity" To qualify for post-season play within Section VIII based on the criteria set forth by the sports committees.

*This above provision excludes conferences/leagues/divisions that are strictly "developmental". In other words, developmental teams are not eligible for post-season play with non-developmental teams that compete in the regular sectional championship tournament(s).

Note: Alternative for "DEVELOPMENTAL" TEAMS:

- No post-season play at all.
- A "DEVELOPMENTAL CHAMPIONSHIP" top finishers in the DEVELOPMENTAL LEAGUE (based upon recommendation of the sports committee).

Revised and approved 6/2/03 Athletic Council

2026 CLASS B



First Round
May 18th
Monday

HIGHER SEED SITE

HIGHER SEED

Quarterfinals
May 20th/May 21st

Wed. 1 v 8/9 v 4 v 5

Thu. 2 v 7/10 vs 3 v 6

HOFSTRA

Semifinal
Wed. May 27th

Wed. @ 3:30pm

1 v 8/9 winner v 4/5 winner

HOFSTRA

Championship
Mon June 1st

Mon. at 5:30pm

8)

9)

4)

5)

6)

3)

7)

10)

First Round
May 18th

Higher Seed Site

Semifinal

Thurs. May 28th at 3:30pm

2 v 7/10 winner v 3/6 winner

CLASS B CHAMPION



2026 CLASS C

Higher Seed

Quarterfinals
May 20th & 21st

Wed. 1 v 8 & 4 v 5
Thu. 2 v 7 & 3 v 6

Hofstra @ 5:30pm

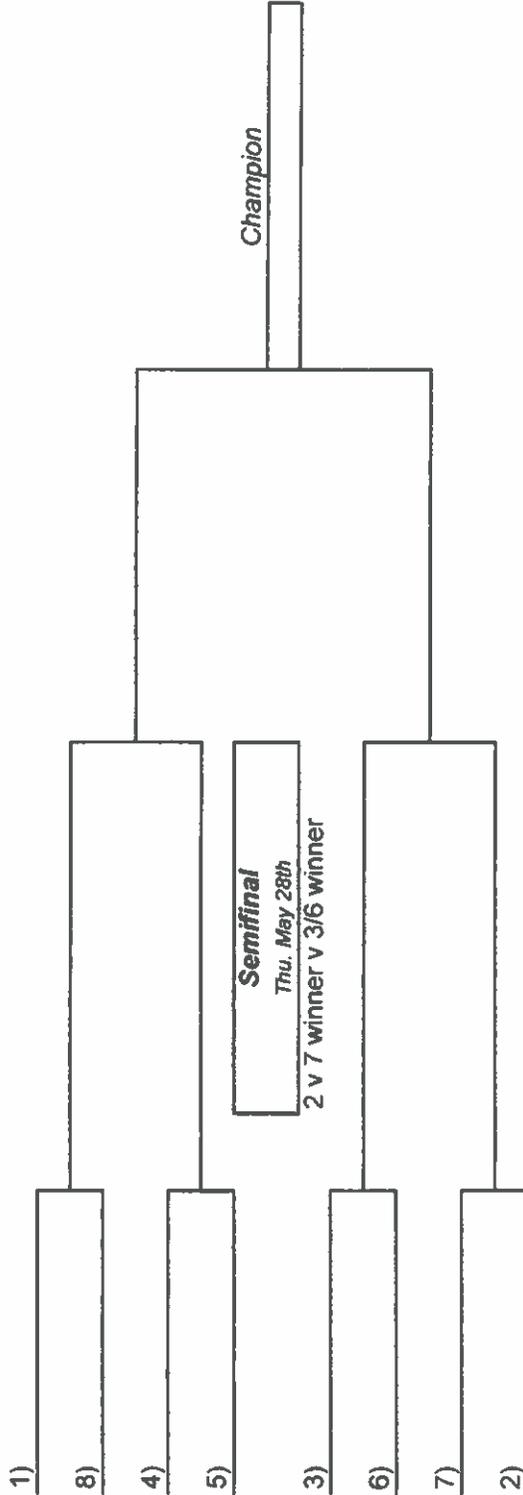
Semifinal
Wed. May 27th

1 v 8 winner v 4/5 winner

Hofstra

Championship
Mon. June 1st

7:30pm

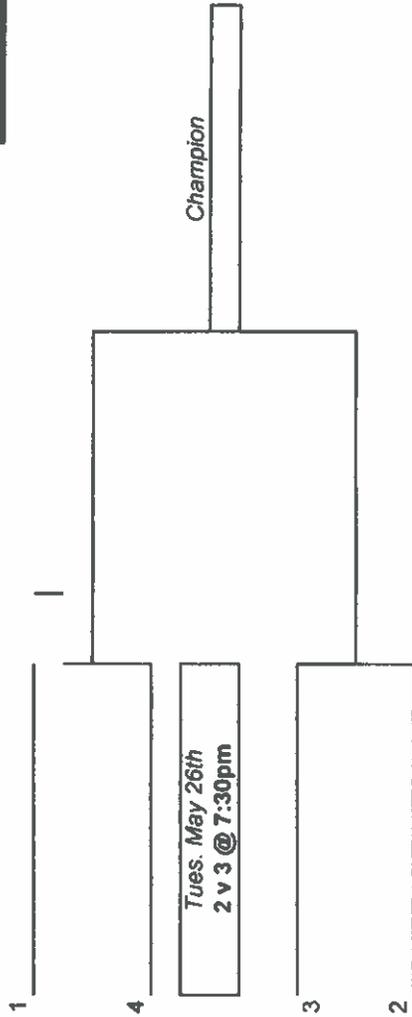


2026 CLASS D



Hofstra
FINALS
Tues. June 2nd
at 5:30pm

Hofstra
SEMI-FINALS
Tues. May 26th
1 v 4 @ 5:30pm





NYSPHSAA/Section VIII Boys Lacrosse



Jim Amen Jr.

*Section VIII Boys Lacrosse Modified and High School Coordinator
NYSPHSAA Boys Lacrosse Chairperson*

631-896-6917

Jimamen1@gmail.com

To: HSAA

Fr: Jim Amen Jr.

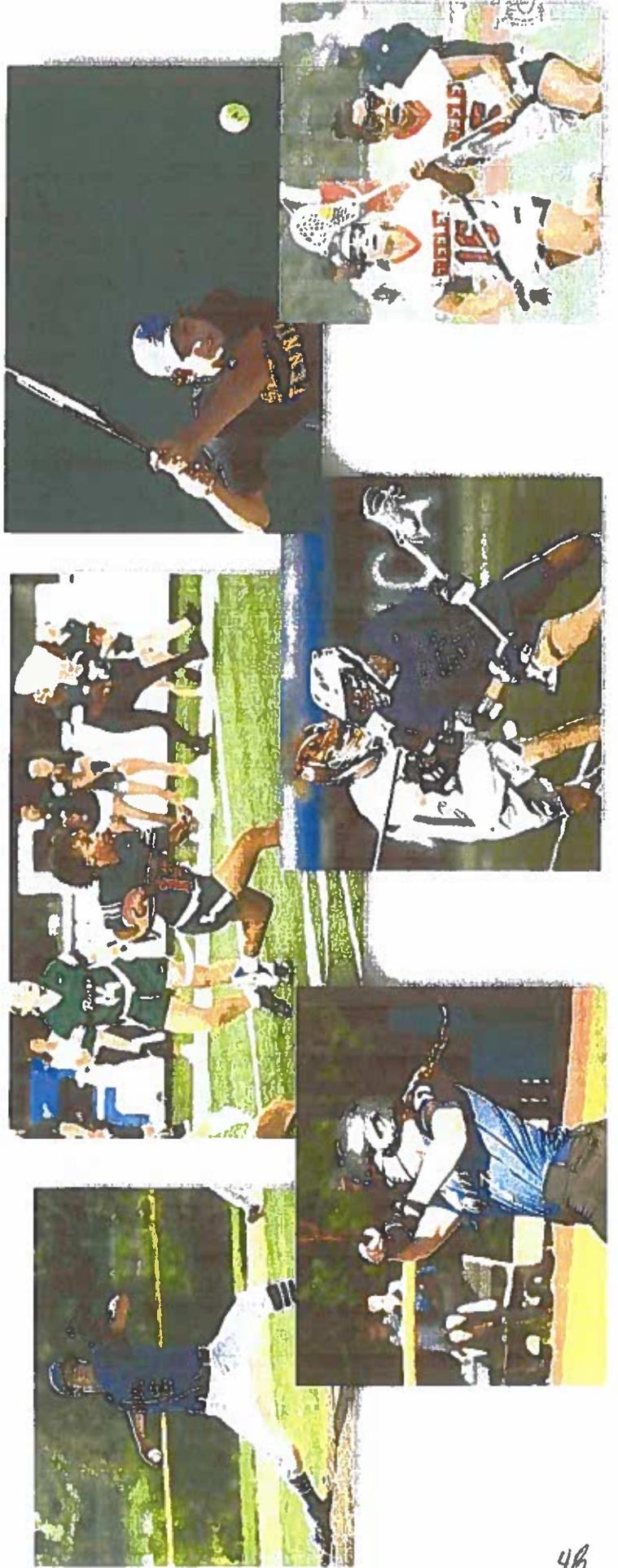
Re: Boys Lacrosse

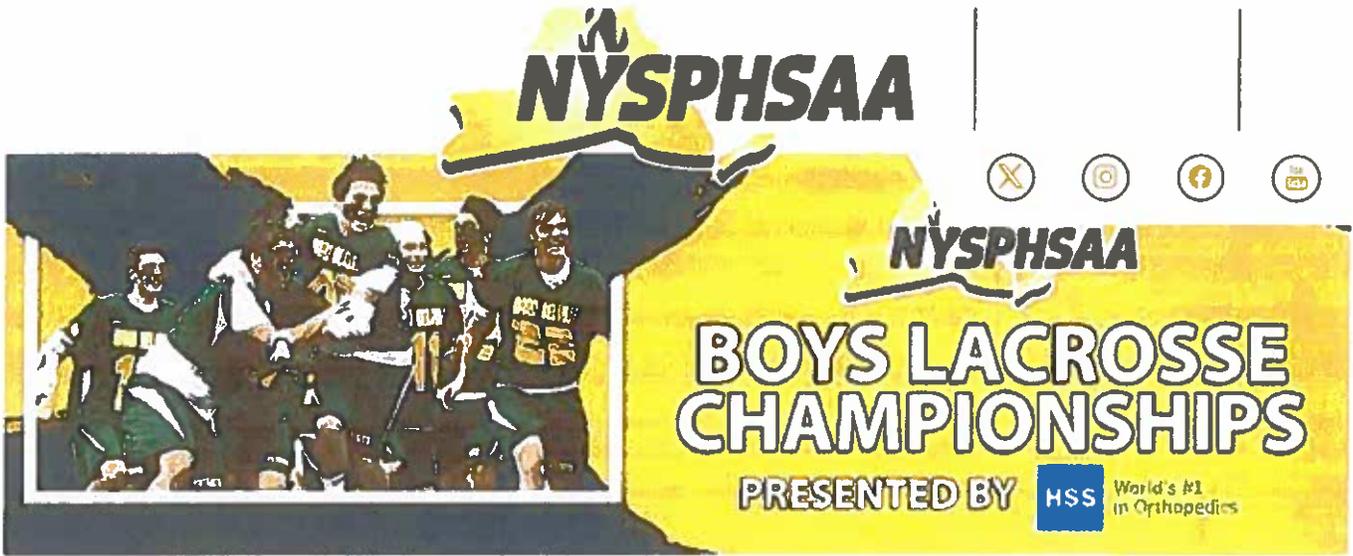
Monday March 9 th , 2026	Start Date of Season
6 Days of Practice Before 1 st Contest	
Monday March 16 th , 2026	Logically 1 st Contest Allowed
Monday May 18th	1 st Rd. Class "B" @ Higher Seed 9 @ 8 & 10 @ 7
Wednesday May 20th	Quarter Finals Class B/C/A Playoffs @ Higher Seed Class "B" 1 vs 8/9 Winner; 4 vs 5 Class "C" 1 vs 8 & 4 vs 5 Class "A" 1 vs 8 & 4 vs 5
Thursday May 21st	Quarter Finals Class B/C/A Playoffs @ Higher Seed Class "B" 2 vs 7/10 Winner & 3 vs 6 Class "C" 2 vs 7 & 3 vs 6 Class "A" 2 vs 7 & 3 vs 6
Tuesday May 26th	Semi-Finals Class "D" @ Hofstra U. 1 vs 4 @ 5:30pm & 2 vs 3 @ 7:30pm
Wednesday May 27th	Semi-Finals Class "B" @ Hofstra @ 3:30pm Winner of 8/9 @ 1 vs 5 @ 4 Winner Semi-Finals Class "C" @ Hofstra @ 5:30pm Winner 1 v 8/9 vs 5 @ 4 Winner Semi-Finals Class "A" @ Hofstra @ 7:30pm 1/8 winner vs 4/5 Winner
Thursday May 28 th	Semi-Finals Class "" B" Hofstra @ 3:30pm Winner of 7/10 v 3/6 Winner Semi-Finals Class "C" @ Hofstra @ 5:30pm 7/2 winner vs 3/6 Winner Semi-Finals Class "A" @ Hofstra @ 7:30pm 2/7 winner vs 3/6 Winner
Monday June 1	Finals Class "B" & "C" @ Hofstra 5:30pm/7:30pm
Tuesday June 2	Finals Class "D" & "A" @ Hofstra 5:30pm/7:30pm
Saturday June 6 th	Long Island Championship @ Stony Brook Class B/C/D/A 10AM; 12:30pm; 3pm; 5:30pm



Spring 2026 NYSPHSAA Regional Rotations

The Spring 2026 Regional Rotations continue the implementation of the 3-Region format for post-season play in sports with nine or more participating Sections. This model was developed to ensure equity, fairness, and transparency by applying a consistent, objective system that balances responsibilities among Sections. The rotation minimizes travel where possible, distributes hosting and at-large opportunities equitably, and provides clear guidelines for postseason matchups. By using this structured approach, NYSPHSAA reinforces its commitment to fairness for all member schools and Sections while maintaining a transparent process that can be applied uniformly across seasons and sports





Boys Lacrosse Championships presented by HSS

NYSPHSAA



CHAMPIONS



2026 Championships NYSPHSAA Boys Lacrosse Championships East Semifinals - Middletown HS Thursday, June 11		
4:00 PM	Class B	Faller Field
4:30 PM	Class C	Turf Field
6:30 PM	Class D	Faller Field
7:00 PM	Class A	Turf Field

West Semifinals - SUNY Cortland Thursday, June 11		
4:00 PM	Class B	White Field
4:30 PM	Class C	Grady Field
6:30 PM	Class D	White Field
7:00 PM	Class A	Grady Field



10:00 AM					
12:30 PM					
3:00 PM		Class D			
5:30 PM		Class A			

Featured Links

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[Photos - West Semis](#)

The NFHS Network is the official streaming partner of the NYSPHSAA Championships and exclusive rights holder for all NYSPHSAA Sub-regionals, Regionals, Semifinals, and Finals.

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Special thank you to our Boys Lacrosse Championship sponsors:



**World's #1
in Orthopedics**



Boys Lacrosse

As of 2/5/2026 @ 11:00 AM

Declaration - October 17, 2025

Sections	A (1036- 728) Up		B (1035- 728) Below		C (727-450)		D (449- Below)	
	13	9	12	19				
1	7	10	6	6				
2	7	8	9	13				
3	3	4	3	7				
4	6	11	7	10				
5	5	8	9	10				
6	0	0	0	0				
7	15	18	14	5				
8	6	6	6	2				
9	1	0	3	5				
10	20	11	9	5				
11	10 (7)	9 (7/10)	10 (7)	10 (7)				
Total Sections								

* YELLOW denotes Sections with 4 or more teams in the classification

Spring 2026 Regional Rotations

10 (7)		2026		9 (7/10)		2026	
A		Sub-Regional	Regional Final	B		Sub-Regional	Regional Final
Region 1	5 @ 6	3/4 @ 5/6	Region 1	5 @ 6	2 AL/4 @ 5/6		
Region 2	3 @ 4		Region 2	2 AL @ 4			
Region 3		2 @ 10	Region 3		2 @ 3		
		1 @ 9					
		8 @ 11					

10 (7)		2026		10 (7)		2026	
C		Sub-Regional	Regional Final	D		Sub-Regional	Regional Final
Region 1	5 @ 6	3/4 @ 5/6	Region 1	5 @ 6	3/4 @ 5/6		
Region 2	3 @ 4		Region 2	3 @ 4			
Region 3		2 @ 10	Region 3		2 @ 10		
		1 @ 9			1 @ 9		
		8 @ 11			8 @ 11		

AT-LARGE ROTATION (4 or more participating teams)

YEAR	A	B	C	D
2026	↓	2	↓	↓
2027	5	3	2	4
2028	6	4	3	5
2029	8	5	5	6
2030	9	6	6	8
2031	11	8	8	10
2032	1	9	9	11
2033	2	11	11	1
2034	3	1	1	2
2035	5	2	2	3

* Note: Random assignment was used to start at-large rotation

Part of At-Large Rotation	Regional Final
At-Large needed	Regional Final Host
At-Large not needed; shift to next yr.	

2026-NYSPHSAA BOYS LACROSSE COMMITTEE **Revised 01/14/26**

<u>SECTION 1</u> 2025 (2)	Co-Chair- Bari Suman-Mamaroneck Schools 1000 West Boston Post Road Mamaroneck, NY 10543 bsuman@mamkschools.org	Office-914-220-3160 Cell- 914-320-5170
<u>SECTION 1</u> 2025 (2)	Co-Chair- Rob Barrett-Yorktown Schools 2725 Crompond Road Yorktown Heights, NY 10589 rbarrett@yorktown.org	Office-914-243-8070 Cell-914-980-9482
<u>SECTION 2</u> 2019 (6))	Stephen Nolan-Amsterdam School Dist. (Assisting Jason Ohnsman) 94 Karner Road Suite 102 Albany, NY 12203 Section2athleticsSN@gmail.com Jason Ohnsman JOhnsman@bscsd.org	Office-518-608-1013 Cell- 518-224-8399 FAX- 518-608-6065 Cell- 518-469-0327
<u>SECTION (2)</u> 2025 (2)		
<u>SECTION 3</u> 2011 (15)	Rob Goss, Lowville H.S. (Assisting Seth Benjamin & Mark Ferrito) 7668 North State Street Lowville, NY 13367 rgoss@lowvilleacademy.org	Home - 315-376-2399 Cell - 315-527-9778 School - 315-376-9019 FAX - 315-376-9016
<u>SECTION 3</u> 2025 (1)	Seth Benjamin-Skaneateles Middle School 35 East Street, Skaneateles, NY 13152 sbenjami@skanschools.org	Cell-315-436-4431 School-315-291-2241
<u>SECTION 3</u> 2025 (1)	Mark Ferrito (Retired Homer CSD) 21 Lora Lane, Homer NY 13077 akadeebin@gmail.com	Cell-607-423-1798
<u>SECTION 4</u> 2022 (5)	Ryan Hallenbeck Director of Athletics Owego Free Academy 1 Sheldon Guile Blvd. Owego, NY 13827 hallenbeckr@oacsd.org	Cell- 607-760-2043 Office: 607-687-7302
<u>SECTION 5</u> 1993 (34)	Mike Simon, 3 Blossom Lane Geneva, NY 14456 mesimon70@aol.com	Home - 315-789-2053 Cell - 315-719-3102
<u>SECTION 6</u> 2013 (13)	Ed Greenway egreenway17@gmail.com 65 Laurie Lea Williamsville, NY 14221	Cell- 716-866-5458

SECTION 8
1994 (33)

Jim Amen,
6 Cynthia Lane
Northport, NY 11768
Jimamen1@gmail.com

Home - 631-261-6816
Cell - 631-896-6917

SECTION 9
2019 (8)

Richard Saulino
Red Hook High School
103 West Market Street
Red Hook, NY 12571
rsaulino@rhcsd.org

Home- N/A
School-845-758-2241
Ext. 71285
Cell- 914-474-6608
FAX- 845-758-9444

SECTION 10
2022 (5)

Bryan Bordeleau
Brasher Falls Central S.D.
1039 State Hwy 11C
Brasher Falls, NY 13613
bbordele@gmail.com

Home-N/A
School-315-389-5245

Cell: 315-323-7182
FAX: 315-389-5245

SECTION 11
2006 (20)

Tim Mullins, Bayport-Blue Point H.S.
189 Academy St.
Bayport, NY 11705
tmullins@bbpschools.org

Home - 631-968-2768
Cell - 631-834-1167
School - 631-472-7808
FAX - 631-472-7867

MODIFIED
2021 (5)

John Stiso-NYSPHSAA Modified
johnstiso33@gmail.com
8 Starboard Way, Latham, NY 12110

Home-
Cell: 518-275-7051

CHSAA

John Fechtmann-Bishop Kellenberg HS
1400 Glenn Curtiss Bld.
Uniondale, NY 11553
jfechtmann@verizon.net or mrfechtmann@kellenberg.org

School: 516-292-0200 ext241
Cell: 516-375-6496
Fax: 516-292-2557

PSAL

John Murphy
jmurphy18@schools.nyc.gov

Home: 718-377-3577
Cell: 917-805-7886
Fax: 718-707-4224

RULES
INTERP.

Walt Munze, P.O. Box 375
Manlius, NY 13104
waltmunze@aol.com

Home - 315-682-2997
Cell - 315-427-0383
FAX - 315-682-2997

2024-25 SPORT COORDINATOR REPORT FORM

Email this completed form to Joe Altieri, altieri@nysphsaa.org. Thank you.

Sport: LACROSSE

Girls Boys

Coordinator: Jim Amen

2024-25 State Championship Highlights/Key Points (you do NOT need to list state champions)

Class A- Half Hollow Hills over West Genesee 15-10
Class B- Garden City over Canandaigua 14-5
Class C-Somers over Jamesville DeWitt 19-11
Class D-Penn Yan over Chenango Forks 11-8

2025-26 State Championship

Hobart/William Smith College Location:

Sat. June 13, 2025 Date(s):

Notes About Upcoming Championship:

Several concerns:

1. Parking for Officials
2. Better Area for Food for Officials & Committee and others officially connected with the event.
3. More presence of staff from Hobart for tasks at hand.
4. A job well done by Mike Simon (V)

Current Issues Impacting the Sport or Noteworthy Items :

Safety is still a concern. Players are not wearing their chin straps properly and mouthpieces are not being worn.
There are some new rules regarding when a helmet comes off a player that will help.

Future Items For Consideration (this includes current proposals, upcoming proposals, etc):

Shot Clock was hugely successfull in its first year of existence 2025 season. Shot Clock protocols will be reviewed if any revisions/changes will be made.

Todd Nelson

Combined Practice

Mar 7, 2025 at 12:38:46 PM

Jim Amen

Jim.

I order to have a combined practice in Lacrosse both teams would need to have the minimum number of practices in order to drill or scrimmage against each other. I hope this helps.

Todd Nelson
Assistant Director
NYSPHSAA



NYSPHSAA/Section VIII Boys Lacrosse



Jim Amen Jr.

Section VIII Boys Lacrosse Modified and High School Coordinator
NYSPHSAA Boys Lacrosse Chairperson

631-896-6917

Jimamen1@gmail.com

Lacrosse Scrimmage Rules: as per NYSPHSAA

1. A lacrosse scrimmage must have modified time periods. Scrimmages must also include one or more of the following:
 2. Alternate possessions.
 3. Start the scrimmage with either a Draw (girls) or a Face-off (boys).
 4. Include the following game situations:
 - a. Face-off/Draws – Boys/Girls
 - b. Clears and Rides – Boys/Girls
 - c. Extra Man and Man-Down– Boys/Girls
 - d. Fast Breaks – Boys/Girls

NOTE: A COMBINED PRACTICE WITH ANOTHER TEAM BEFORE THE FIRST 6 DAYS IS NOT ALLOWED

a. Require that individual or team records and performances achieved during participation by such ineligible student shall be vacated or stricken.

b. Require that team victories shall be forfeited to opponent.

c. Require that team or individual awards earned by such ineligible student be returned to the Association.

i. NYSPHSAA Sections may sanction, censure or place schools on probation that fail to address derogatory or inappropriate behavior deemed harmful to physical or mental well-being for those involved in interscholastic activities. (July 2023)

20. POST-SCHEDULE:

No team or individual student may represent its school in any post-schedule contest other than those conducted by school or State Association authorities in accordance with approved standards.

NOTE: If contests are within the season established by the Section, within the maximum number allowed and conducted by school authorities, they are allowed.

21. POST SEASON:

No team, or individual student, may represent its school in any post-season games, meets, or tournaments.

* 22. PRACTICE SESSIONS:

Athletes must meet all Standards of Eligibility to participate in practice.

a. An organized practice in grades 7-12 is a session for the purpose of providing instruction and practice in physical conditioning activities, skills, team play, and game strategy designed expressly for that sport under the supervision of a qualified coach appointed by the Board of Education of the local school district. Such instruction and practice shall be held only during the season designated for that sport. Athletes who switch from one sport to another sport are permitted to count conditioning practices toward their new sport as follows (excluding bowling, golf, and rifle):

1. Sports with six (6) practices for the individual before the first contest/ scrimmage will be allowed to carryover three (3) days.

2. Sports with ten (10) practices for the individual before the first contest/ scrimmage will be allowed to carryover four (4) days.

NOTE: Athletes whose seasons are lengthened due to participation in NYSPHSAA Regional and Championship contests are allowed to count conditioning practices towards their new sports as follows: 1) Sports with six (6) practices for the individual before the first contest/ scrimmage will be allowed to carryover three (3) days; 2) Sports with ten (10) practices for the individual before the first contest/ scrimmage will be allowed to carryover four (4) days.

b. No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days are prohibited.

NOTE: Any contests leading up to Sectional play is considered "regular season."

Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day's contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Warm-ups prior to a game/ contest are not considered "practice." Each of the required number of practices for an individual must include vigorous activity.

NOTE: Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.

c. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted:

1. if such programs are not mandated by coaches or school personnel;
2. if such programs are available to all students.

d. Non-school sponsored activities are permitted if such programs are not mandated by coaches or school personnel. It is recommended that no school equipment be used for these programs as per State Comptroller Opinion 85-37.

e. Upon returning from military training, student-athletes shall be eligible for participation in interscholastic athletics once they have completed the required number of practices. Eligibility for participation will also include meeting all eligibility requirements imposed by the Commissioner of Education and NYSPHSAA such as, but not limited to, health examination, age, grade, etc.

f. Schools that have made arrangements with another member school to share the use of a practice facility may do so without violating the Scrimmage Regulation if the athletes/teams do not scrimmage before the required number of practices has been completed.

g. Games and practice between students and adults (alumni or faculty) are not approved.

23. PROFESSIONAL TRYOUTS:

No tryouts for, or practice, with a specific professional team and their affiliates, are approved except during the summer vacation. A student who participates in such a tryout is ineligible to represent the school in that sport - See Amateur Rule. A school may apply on behalf of the student to their section for reinstatement one year from the date of the latest violation.

24. PROXIES:

In addition to the individuals designed to act as proxies in Article III Section (1)(g) and Article V Section (1) of the NYSPHSAA Constitution a member who is not able to attend a Central or Executive Committee meeting may designate the Section Executive Director of that Section to act as a proxy.

25. RECRUITMENT AND UNDUE INFLUENCE:

Recruiting and Undue Influence is defined as the use of influence by any person connected directly or indirectly with a NYSPHSAA school to induce a student to transfer from one school to another, or

3-5-1 & 2 Game Interruption Procedures (Page 31)

If a game is interrupted and cannot resume on the same day, it is considered complete once three-quarters (75%) of playing time has been finished.

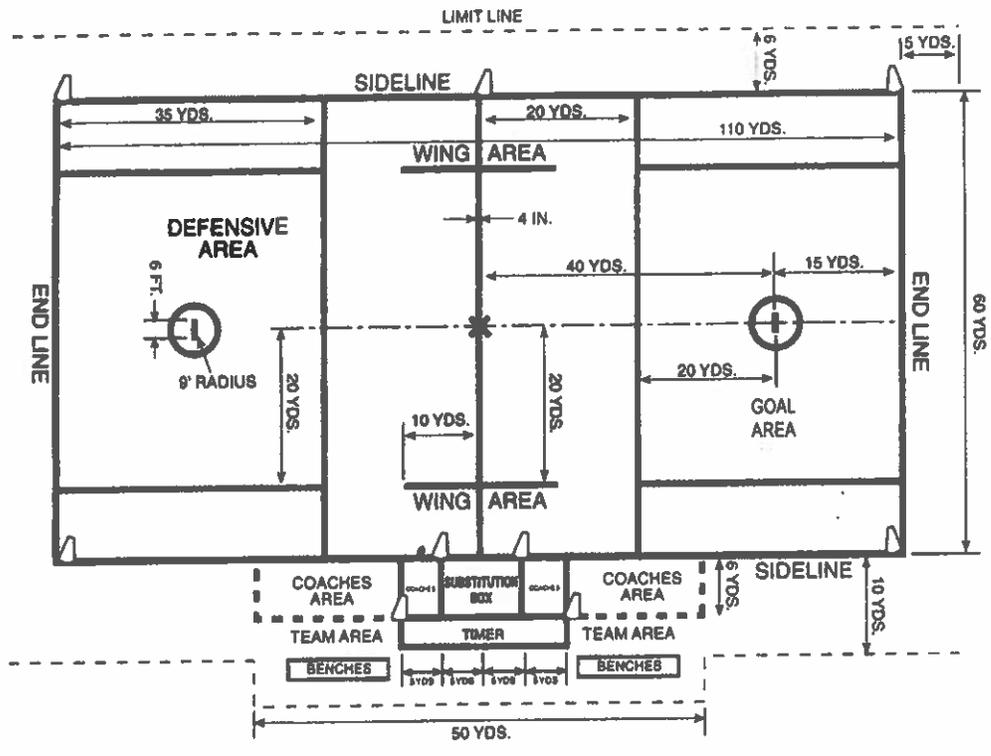
The next statement below is written differently in 2026 NFHS Boy Lacrosse Rulebook State associations and governing bodies may establish their own policies or modifications regarding how games are officially concluded. **It should be stated as follows: Page 31 NFHS 2026 Rulebook- Section 5 Article 2..." if a state association has adopted game-ending procedures, those game ending procedures may be used."** As per NYSPHSAA we follow the rule Section 5 Article 1 as stated in current 2026 Boys Lacrosse Rule Book.

Furthermore In the event of an interrupted game, officials should confirm the following details before leaving the site:

1. Game Time Elapsed
2. Game Score at the time of interruption
3. Possession and Ball Location when the game was stopped
4. Any Penalties Being Served
5. Any Other Relevant Circumstances

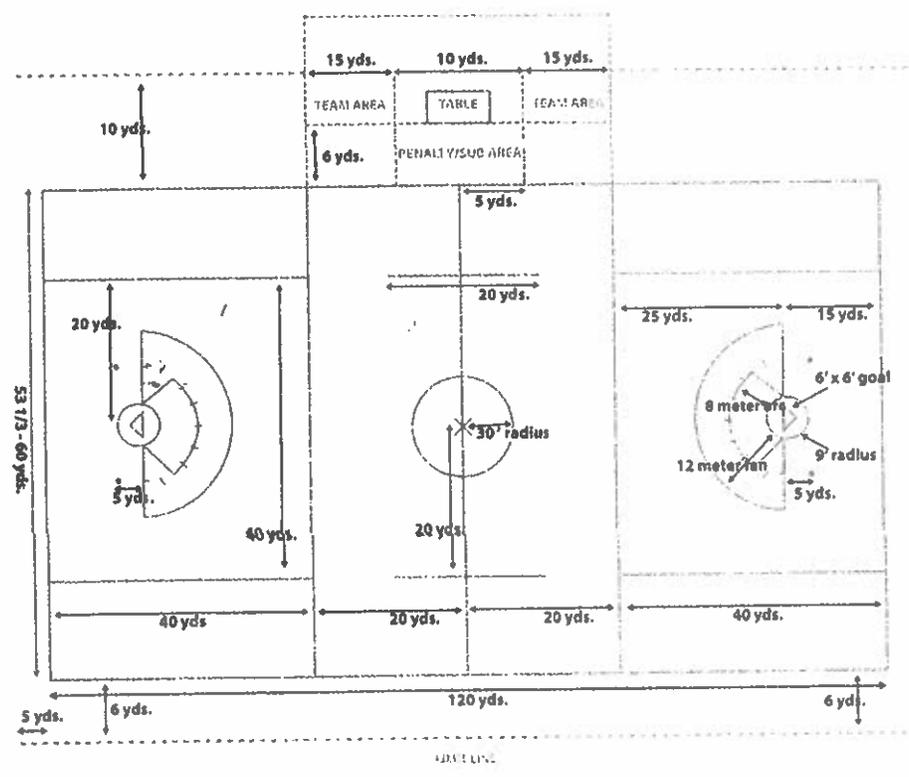
As stated in the rule Section 5 Article 1 letter C ***"An interrupted game may be modified (reduced or running time) or terminated and considered complete by mutual agreement of the opposing teams"***.

In addition, with regard to lightning rule if a game cannot continue due to lightning delays and if the game has completed 3 qtrs. the Interruption of Game rules apply.



NFHS
Boys Lacrosse Field Diagram

2026



NFHS
Boys and Girls Unified Field Diagram (120 yards)

(Not Drawn to Scale) - 2026

NEWS RELEASE

12 Rules Changes Approved Ahead of 2026 High School Boys Lacrosse Season

FOR IMMEDIATE RELEASE

Contact: Lindsey Atkinson

INDIANAPOLIS, IN (July 8, 2025) – Among the changes for the 2026 high school boys lacrosse season, no defensive player other than a properly equipped goalkeeper can enter the team’s own crease with the perceived intent of blocking a shot or acting as a goalkeeper, or a personal foul for illegal equipment will be called as a non-releasable foul.

This topic highlighted 12 rules changes recommended by the NFHS Boys Lacrosse Rules Committee during its annual meeting June 8-10 at The Alexander in Indianapolis. All proposed changes were subsequently accepted by the NFHS Board of Directors.

The changes to Rules 4-18-4 PENALTY, 5-6-2 (NEW), 5-10 and 6-6-4 minimize risk of injury by discouraging players who are not properly equipped from acting as a goalkeeper by making the penalty more severe.

Relatedly, goalkeepers will no longer be given a maximum of five seconds to re-enter the crease on any restart. The change to Rule 4-22-1c aligns the treatment of the goalkeeper with that of a field player when it comes to injury or equipment issues while outside the crease, and it also eliminates the need for an official to judge whether a goalkeeper has left the crease to attempt to delay the game or for a legitimate purpose.

Additional changes were made to Rules 6-3-2 and 6-5-2y with risk minimization as the focus. Hooking, lifting or pinning an opponent’s body with the crosse has been added to better describe holding penalties, and the loss of a helmet will be a technical foul for illegal procedure to encourage players to properly wear helmets and chin straps to ensure they stay on during play.

“Through rules changes and discussion, the committee spent a significant amount of time addressing risk minimization and the personal equipment that supports athlete safety,” said Lindsey Atkinson, NFHS director of sports and liaison to the Boys Lacrosse Rules Committee. “Additionally, the committee spent time addressing minor rules and editorial changes that support easier understanding and adjudication of the rules for officials.”

The committee rewrote Rule 3-5-1 (Interruption of Games) to provide a procedure for an interrupted game to assist the host institution’s game management, while allowing state associations to develop modifications to game-ending procedures. Now, if an interrupted game cannot be resumed on the same day and the score is not tied, it is considered legal and complete if 75 percent of playing time has elapsed. In addition, an interrupted game may be modified (reduced or running time) or terminated and considered complete by mutual agreement of the opposing teams.

In Rule 4-3-3e regarding faceoffs, language was added stating that if a faceoff player must be repeatedly adjusted, a delay-of-game penalty can be called by an official.

On-field equipment and game administration rule changes were also written, with cones now required at the corners of the team areas (Rule 1-2-9) and a working horn required at the table on the sideline (Rule 1-12) to allow a coach to call for a double horn from the field.

Rule 1-9-1b, 4 and 5, regarding player equipment, was also modified to align with other NFHS rules codes on tooth and mouth protectors. Also, for player uniforms, numbers on the back of the jersey must now be at least 8 inches tall (1-9-1h[3]) instead of 12.

Rule 7-3 regarding resuming play after a penalty was simplified. Now, all restarts after penalties will be administered laterally outside the goal area, regardless of conditions, making it more consistent for officials and players learning the game.

A complete listing of the boys lacrosse rules changes will be available on the NFHS website at www.nfhs.org. Click on "Activities & Sports" at the top of the home page and select "Lacrosse – Boys."

According to the NFHS High School Athletics Participation Survey for the 2023-24 academic year, 115,001 boys participated in lacrosse at 3,278 high schools across the country.

Online link to article: <https://nfhs.org/stories/12-rules-changes-approved-ahead-of-2026-high-school-boys-lacrosse-season>

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2026 BOYS LACROSSE RULES CHANGES

1-2-12d: Requires a cone be placed at the corner of the coaches area and the team area to clearly mark the team area.

Rationale: Adding a cone to clearly mark the team area in situations where lines are not required, assists in keeping the players within the designated team area without requiring additional field markings.

1-9-1b(4 & 5): Eliminates the restrictions on color and prohibits items attached to the tooth and mouth protector that do not support the function of protecting the teeth and/or mouth.

Rationale: Aligns tooth and mouth protector rules with other NFHS sport rules requiring tooth and mouth protectors.

1-9-1h(3): Modifies uniform number size on the back of the jersey by decreasing the minimum height to eight inches – matching the minimum height requirement on the front of the jersey.

Rationale: Aligns with other NFHS sport rules for number sizing while maintaining appropriate visibility for officials.

1-12: Requires a working horn be accessible at the sideline table.

Rationale: Allows a coach to call for a double horn from the field without delayed communication to the press box.

3-5-1 & 2 (NEW): Establishes that an interrupted game that cannot be resumed on the same day is considered complete if 75% of playing time has elapsed.

Rationale: Provides a procedure for interrupted play to assist host management while allowing state associations to develop modifications to game-ending procedures.

4-3-3e: Allows an official to assess a delay of game penalty if player positioning on the face off must be adjusted repeatedly.

Rationale: Clarifies the current practice of penalizing faceoff players who need to be repeatedly adjusted.

4-8: Clarifies that a goal is scored if the ball is or becomes loose behind the plane regardless of who caused the ball to cross the line.

Rationale: Creates consistency in awarding a goal when the ball becomes loose behind the plane and when a ball is loose and crosses the plane of the plane of the goal line.

4-18-4 PENALTY; 5-6-2 (NEW): Reclassifies the foul for a player, other than the properly equipped goalkeeper, that enters the crease with the intent to block a shot as a personal foul for illegal equipment.

Rationale: Minimizes risk by discouraging players from acting as a goalkeeper by making the penalty more severe and removing the official's responsibility to remember if it was the first occurrence or subsequent attempts.

4-22-1c: Eliminates the five seconds awarded to a goalkeeper to re-enter the crease on any restart.

Rationale: Aligns treatment of the goalkeeper as a field player when it comes to injury or equipment issues while outside the crease while discouraging goalkeepers from leaving the crease and eliminating the need for an official to judge whether a goalkeeper has left the crease in an attempt to delay the game or for a legitimate purpose.

6-3-2c: Adds hooking, lifting, or pinning an opponent's body with the crosse in describing illegal actions related to holding.

Rationale: Additional descriptors help define holding and create a clearer understanding of illegal actions trending in the game.

6-5-2y: Establishes that the loss of a helmet is an illegal procedure.

Rationale: Minimizes risk by increasing the penalty for a player losing a helmet during play encouraging players to ensure chin straps are properly worn and helmets are secure during play.

7-3: Establishes consistency in penalty administration by moving the restart to laterally outside the goal area when the ball crosses the end line before or after the penalty occurs.

Rationale: Simplifies all restarts after penalties by administering them at the same restart point, regardless of any conditions.

2026 Boys Lacrosse Major Editorial Changes

1-2-9:	Requires all equipment to be kept in the bench area at least 6 yards away from the sideline.
1-3-2, 1-4:	Recommends a flat-iron goal for all surfaces keeping up with trends in equipment and minimizing risk of injury.
1-7-3 thru 6:	Reorganizes crosse construction rules by clearly identifying what is illegal and what must be fixed without penalty.
1-9-2a(1):	Allows undergarments on the top or bottom to be white, gray, black or one of the team's official colors.
2-5-2:	Updates the recommended officials' uniform.
4-3-1 EXCEPTION NOTE (NEW):	Adds new note to rule exception for a faceoff clarifying where the ball is awarded when the offended team has three players serving penalty time.
4-19-1:	Clarifies that a goal will be disallowed if a player jumps without possession, catches a pass, shoots and lands in the crease.
4-24:	Restructures language for clarity.
7-6:	Restructures language for clarity.
Official Lacrosse Signals:	Adds new signal for Check Involving the Head/Neck or Defenseless Player.

2026 Boys Lacrosse Editorial Changes

1-2-7; 1-5; 1-6-3; 1-7-1; 1-9-1e; 1-9-1g; 1-9-1h NOTE; 1-9-1h(9); 1-10-1c; 2-10-2; 4-3-3b; 4-3-3l, m, n; 4-6-2 thru 4; 4-13e; 5-4-1 & 2; 5-4-5; 5-4-6; 5-4-7 PENALTY; 5-5 NOTE; 5-6; 5-8; 5-10 PENALTY; 6-5-2t; 6-6-2; 6-12; 7-2e; 7-2f

2026 Boys Lacrosse Points of Emphasis

1. Properly Wearing Equipment
2. Personal Foul – Contact with the Head/Neck
3. Sportsmanship and Role of Head Coach
4. Pregame Responsibilities

2026 Shot Clock Procedures

Clearing Count

- A 20-second clearing count begins when possession is gained inside the defensive half of the field, consistent with current practice.

70 Second Shot Clock

The 70-second shot clock shall begin when a team:

- Crosses the center line with possession
- Initially gains possession in the offensive half of the field
- Regains possession in the offensive half of the field following a defensive possession

Faceoffs

- Possession gained in the defensive half → 20-second clearing count begins
- Possession gained in the offensive half → 70-second shot clock begins

Over and Back

- Once the shot clock begins, when it runs from 70 seconds down to 60 seconds, the ball must be in the offensive half of the field.
- The ball shall not return to the defensive half through actions of the offensive team except on a valid offensive shot.
- Enforcement follows current NFHS over-and-back mechanics.

Official's Mechanic

- At 60 seconds, officials will point forward and verbally call **"UNDER."**

Resets/Restarts/Play-On

- Shot clock resets to 70 seconds
- Over-and-back requirement again applies at 60 seconds

Flag Down Situations

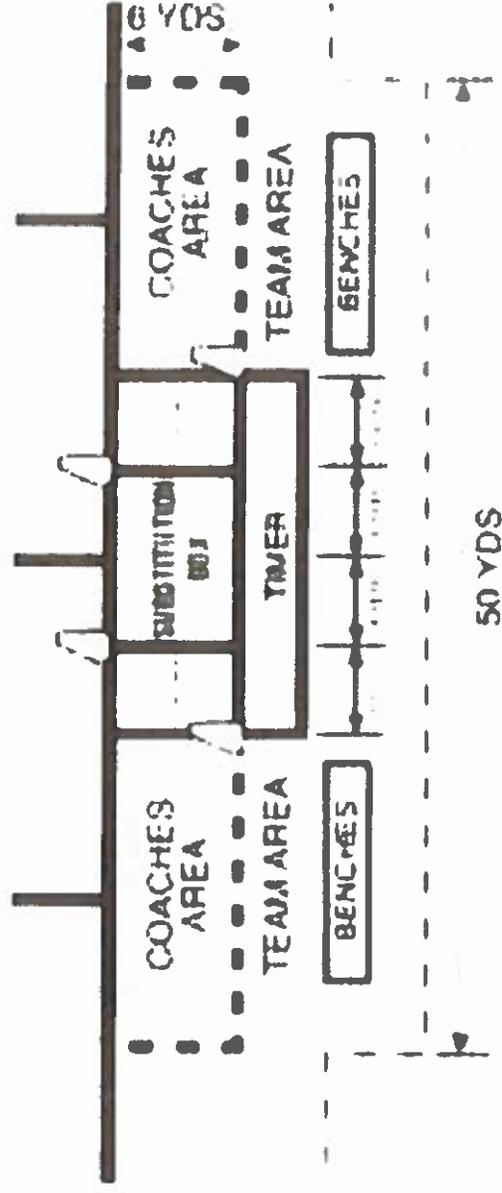
- The shot clock continues to run during a flag-down situation.



2026 Boy's NFHS and USA Lacrosse Rules and Procedures

1-2-12D Coaches and Team Area Marking (Page12)

- Soft, flexible cones or pylons should be positioned at the corners of the Coaches Area and Team Area to mark the boundaries of each zone clearly.



1-9-1B (4 & 5) Mouthguards (Page 18)

- There are no longer any color restrictions for mouthguards or a lack of color (White and Clear).
- However, mouth attachments that serve no protective purpose or are purely decorative are prohibited.
- Reminder: The penalty for an illegal mouthguard is a technical foul. This is an exception to Use of Illegal Equipment penalties.

1-12 Horn Accessibility at Table Area (Page 23)

- At the beginning of the game, the home team is required to provide a scorebook, a timing device, a table, and a working horn (hand-held or as part of the scoreboard) that can be operated from the table at the sideline.
- **Reminder:** Failing to provide any of these items is penalized by an illegal procedure before the start of the game, and the away team will be awarded the ball.

3-5-1 & 2 Game Interruption Procedures (Page 31)

- If a game is interrupted and cannot resume on the same day, it is considered complete once three-quarters (75%) of playing time has been finished.
- State associations and governing bodies may establish their own policies or modifications regarding how games are officially concluded.
- In the event of an interrupted game, officials should confirm the following details before leaving the site:
 - Game Time Elapsed
 - Game Score at the time of interruption
 - Possession and Ball Location when the game was stopped
 - Any Penalties Being Served
 - Any Other Relevant Circumstances

4-3-3e Clarifications for Players Facing Off (Page 34)

- If faceoff players are not positioned properly during a faceoff, the official may adjust the players' positioning or their crosses to ensure a fair faceoff.
- If players must be **repeatedly** adjusted, the official may assess a delay-of-game penalty and award the ball to their opponent.
- This is at the discretion of the officials and should be discussed with faceoff players and the coach before and during the game.

4-8 Clarifications for Goals Scored (Page 41)

- A goal is defined as a loose ball that completely crosses the goal line.
- If a ball were to be in possession of the goalie or a defender while in their own crease and the stick was brought over the goal line and then dropped it would be a goal.

4-18-4 & 5-6-2 Goal Crease Privileges (Pages 48 & 64)

- In all cases, it is now a personal foul for illegal equipment when a defensive player, other than a properly equipped goalkeeper, enters their own crease with the perceived intent of blocking a shot or acting as a goalkeeper.

4-22-1c Elimination of Goalie 5-second Rule on Restarts (Page 54)

- Rule 4-22-1c was eliminated – The goalkeeper is no longer allowed up to 5 seconds to re-enter the goal crease to resume their position after leaving for a legitimate purpose.
- If a goalie leaves the crease, they are a field player.
- However, if a goalie leaves the crease and officials notice a goalie equipment issue during a dead ball, then by rule, we need a properly equipped goalie to resume play.

6-3-2c Clarifications to Holding Penalties (Page 71)

- The penalty for holding has not changed.
- The added terms “hook,” “lift,” and “pin” further define holding and provide clearer guidance on illegal actions that have become more common in games.
- This helps officials to officiate plays like the “Crowbar”.

7-3 Ball Location for Restarts in Attacking Area (Page 86)

- If the ball has crossed the end line before or after the penalty occurring, the ball shall be restarted ***laterally*** outside the goal area.
- The only time a ball will be restarted in the attack area is on an out-of-bounds play.

2026 Notable Editorial Changes

- Page 101 – New Signal 24 for Direct Contact to Head or Neck and a Defenseless
- Page 50 - 4-19-1 – Clarifies that a goal will be disallowed if a player jumps without possession, catches a pass, shoots, and lands in the crease

Loss of Helmet 6-5-2y Illegal Procedure (Page 75)

- Rule 6-5 Illegal Procedure
 - Page 75 6-5-2y – Loss of helmet, unless the official determines that the helmet was dislodged due to illegal contact.
 - Goal Scoring situations:
 - The shooter's helmet has to be worn in order to score a successful goal unless the helmet comes off due to illegal contact by defense after the ball is in the goal. This would be a dead ball foul on the defense.
 - A1 is driving to the goal and is illegally contacted by B1, flag down, A1 loses his helmet, shoots and scores. The officials shall disallow the goal. Penalize Team B1 and award the ball to Team A. A1 must leave the game until after the next dead ball after the restart of play.

Additional Illegal Procedure Helmet Situations

- Player with the ball loses their helmet during normal play?
- **Answer: Stop playing immediately. The player who lost the helmet must leave the field until the next dead ball. Turnover; the other team is awarded possession.**
- Team A on defense, Team A defender loses helmet while opponent has the ball?
- **Answer: Ruling: Stop play immediately. Team A commits a technical foul and serves a 30-second penalty. Team B keeps possession.**
- Loose ball, player loses helmet during legal play for the ball?
- **Answer: Stop play immediately. Technical foul on the team whose player lost the helmet. The opposing team is awarded possession.**
- Loose ball, Team A illegally pushes Team B, causing a Team B player's helmet to come off?
- **Ruling: Technical foul on Team A. Stop play for the lost helmet, enforce the push, and award or keep possession with Team B.**

All questions should be directed to your section Rules Interpreter.

Section VIII / NCLOA Rules Interpreter
Brendan Wallace
rules@ncloa.org
(516) 315-3017

Good Luck and have a Great Season!

EYE SHADE

- Eyeshade (grease or non-glare strips/stickers) must be a solid stroke with no words, numbers, logos, or symbols.
- Eyeshade extending beyond the eye socket or below the cheekbone is prohibited.
- Violation of the eyeshade rule (1-10-1h) results in a one-minute non-releasable personal foul for illegal equipment
- Officials should check for eyeshade violations and address potential issue before the game begins.



PROPERLY WORN EQUIPMENT

- Chinstrap must be worn on the chin and securely attached at all helmet attachment points. Helmet should not be removable without detaching the chinstrap.
- Rule 5-6: Use of non-conforming equipment is prohibited and penalties for illegal equipment or improper wear are a non-releasable foul.
- New wording clarifies that chinstraps are intended to be worn securely on the chin, not under it.

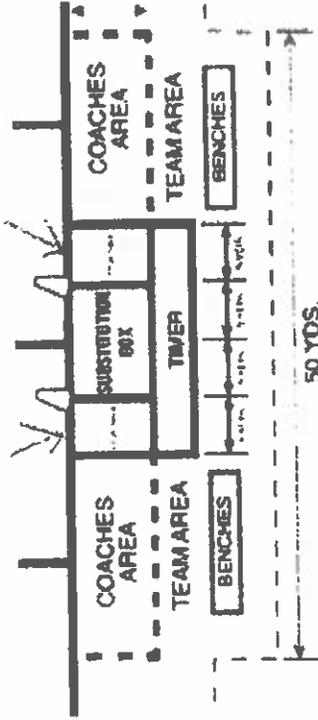


SCRIMMAGE AREA

- The scrimmage area is the area that is roughly within five yards in all directions of the ball or part of active play. The player in possession of the ball is always in the scrimmage area.

NEW FIELD DIAGRAM

- New field diagram clearly defines the Coaches Area and Team Area.
- Expanded Coaches Area provides:
 - Greater separation between teams.
 - Better sightlines for table staff.
 - Improved transitions from the substitution box.
- During live play, off-field players and substitutes must stay in the Team Area until substitution is imminent.
- Substituting players should stay in the substitution box, giving the exiting player the right of way.
- Coaches must stay on the sidelines during live play.



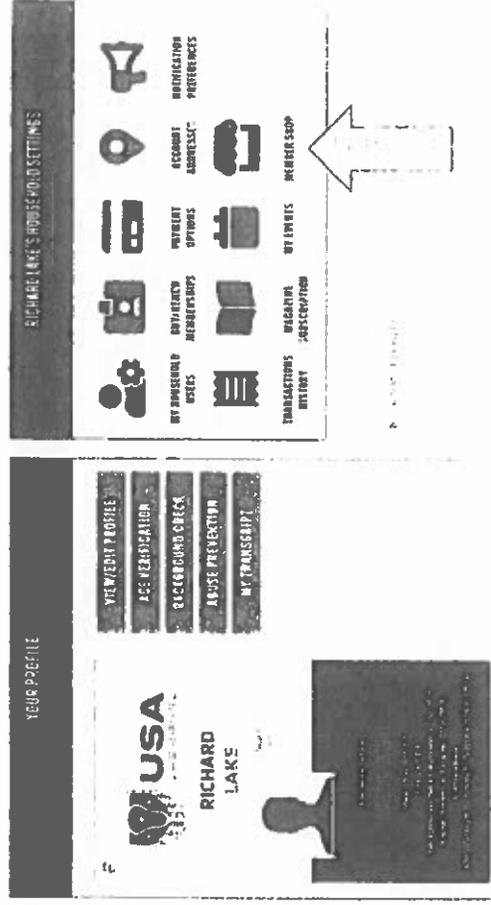
NFHS Rulebook For Purchase

USA Lacrosse Members

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1. Where is my FREE NFHS digital rulebook on the NFHS AllAccess App
 - Email membership@usalacrosse.com or 410-235-6882 Ext. 102
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2025 BOYS LACROSSE MODIFIED RULES

Follow NFHS 2025 Rules including the *2025 Rule Changes* **WITH THE FOLLOWING EXCEPTIONS**

Game Rules:

1. The length of quarters, including a fifth quarter, shall be 10 minutes.
2. In the event of a tie, there shall be one 4-minute sudden victory overtime.
3. There shall be no such thing as a “brush” in the modified program. Contact between the crosse and helmet is a personal foul.
4. In a five-period lacrosse game, the “mercy rule” shall be in effect at the end of the third period. Subject to local modifications.
5. Substitutes are permitted whenever the ball goes out of bounds. (Horn allowed) Or may take place during live play according to Rule 4-21 Art. 1
6. When a goalie gets a penalty, the in-home player may serve the penalty if a second goalkeeper is unavailable.
7. A goal will be disallowed after the horn sounds to indicate the end of the period.
8. For all restarts, ALL players shall be 5 yards or more away from the players in possession of the ball. No running restart.
9. Jersey, Shorts, Under-jerseys, Compression Wear & Sweatpants shall be the same dominant color for all teammates but are not restricted by number size/location/inserts or trim specifications or measurements or manufacturer logos.
10. When there is an existing flag down foul by a team and they commit a second foul under the slow whistle, the officials shall stop play immediately and assess both penalties.

Removed from the Modified Exceptions (2024)

A one-arm swing with a crosse, whether contact is made or not, shall be considered a personal foul--slashing. This includes the “over-the-head” check.



Section VIII Officials Ratings Information

Below, you will find instructions on how to rate officials for the 2025-2026 school year. Please understand, ratings are to help guide the Section VIII Office and officials' associations with proper placement. They will have no bearing on playoffs/championship events.

Where to Rate:

When viewing your game, you will see the official's "jersey". In that jersey there will be a green or red dot, indicating whether the official was rated or not. If red, the official has been rated. If green, the official has not been rated. Please note, there will be a 24-hour cool down period following the conclusion of the game.

Date/Time	Opponents/Description	Type	H/A	Facility
				

Once available, instruct your coaches to click the green/red dot in the jersey, which will bring them to the rating platform on ZebraWeb.

How to Rate:

Each official will be starting at a 5, which is considered the average rating for all officials. From there, coaches will rate each category with where they feel that official falls. Each category will then be calculated to an average score, which by the end of the season, will be their rating. If a category score is less than 5, the coach will not be able to submit their rating. Until a written explanation of that score is provided.

OFFICIAL RATINGS

Outstanding - 10-9; Good - 8-6; Average - 5; Below Average - 4-3; Poor - 2-1

 Rating is 3.7. Below (open) Comment (0) (0) (0) (0)

Official's Name

Criteria

	John Hines	Tom Whelan	John Doherty
Overall Rating	10	9	8
Performance	10	9	8
Professionalism	10	9	8
Communication	10	9	8
Appearance	10	9	8
Knowledge	10	9	8
Personality	10	9	8
Reliability	10	9	8
Flexibility	10	9	8
Adaptability	10	9	8
Teamwork	10	9	8
Leadership	10	9	8
Problem Solving	10	9	8
Conflict Resolution	10	9	8
Decision Making	10	9	8
Time Management	10	9	8
Organization	10	9	8
Initiative	10	9	8
Responsibility	10	9	8
Accountability	10	9	8
Integrity	10	9	8
Trustworthiness	10	9	8
Reliability	10	9	8
Consistency	10	9	8
Dependability	10	9	8
Availability	10	9	8
Flexibility	10	9	8
Adaptability	10	9	8
Teamwork	10	9	8
Leadership	10	9	8
Problem Solving	10	9	8
Conflict Resolution	10	9	8
Decision Making	10	9	8
Time Management	10	9	8
Organization	10	9	8
Initiative	10	9	8
Responsibility	10	9	8
Accountability	10	9	8
Integrity	10	9	8
Trustworthiness	10	9	8
Reliability	10	9	8
Consistency	10	9	8
Dependability	10	9	8
Availability	10	9	8

Timeline:

After the conclusion of each game, there is a 24 hour cool down period. During this time, you will not be able to rate the officials on that specific game. Following the 24 hour cool down period, you will be able to rate the officials for the next 72 hours. Once that time frame has concluded, you will no longer be able to rate an official.

FAQS:

- Will these ratings be used for playoff consideration?
 - The ratings will help guide the coordinator and Section VIII Office in the assignment of playoffs but will not be strictly used for assignments.
- If I rate an official poorly, will they no longer work my schools' games?
 - No, we do not have non-preferred officials in Section VIII. If there is an ethical or moral issue with an official outside of strict performance, please fill out the official's performance report and send it to the Section VIII Office.
- What if my coach does not remember to rate an official?
 - It is the Athletic Administrators job to monitor the rating of officials. If the coaches does not rate an official, it is on them if any further issues take place out of Section VIII purview.

The new rating system will be a tool for associations to move officials up and down in their respective associations. It will not be used as a tool to intimidate officials for playoff assignments, championship assignments, or used as a token of friendship. The more honest coaches are with these ratings, the better the officials will be!



Nassau County High School Athletic Association Section VIII Officiating Report Form

This report is to be completed and submitted by coaches and/or athletic directors within 48 hours of the game/contest.

Sport: _____ Level: _____, Date of Event: _____

Home School: _____ Away School: _____

Official's Name: _____

Description of Officials Performance

Any Specific Examples of Officiating Mechanics (Attach/Send if Needed)

Person Completing Form: _____ Title: _____ Phone Number: _____

Athletic Director: _____ Signature: _____

Please complete form and email to Patrick Pizzarelli at ppizzarelli@nasbores.org

Request for Medical Waiver of NYSPHSAA – Regulation #25

To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests during the season. To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school-scheduled contests which occurred on six different dates during the season. An individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. Contestants in individual sports (archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming tennis, outdoor track, winter track and wrestling) must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six different dates and must be concluded prior to the conclusion of the team's regular schedule.

School _____ Sport _____
Athlete _____ Date Request Submitted _____
Nature of Injury/Illness _____
Date of Injury/Onset of Illness _____ Date of Medical Clearance _____

Record of Participation in Competitions (Exclusive of Section Tournaments):

*For Wrestling Only

	DATE	OPPONENT	* Weigh-in validated by Athletic Director
1.	_____	_____	*
2.	_____	_____	*
3.	_____	_____	*
4.	_____	_____	*
5.	_____	_____	*

Note:

All pertinent medical documentation must accompany this request before it will be considered. Such material **MUST VERIFY** the date of onset of the illness/injury and date physical activity may resume. **NOTES FROM PHYSICAL THERAPISTS ARE NOT ACCEPTABLE.**

Medical Documents Attached:

1. _____
2. _____
3. _____
4. _____

Request and documentation must be received by the sport coordinator and the Section VIII Office prior to the last league contest.

Approved by the Athletic Council - 2005

**NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION/SECTION VIII
PROCEDURES FOR PROTESTS OF ATHLETIC EVENTS**

Approved June 2017

1. The protesting coach will inform the referee and the opposing coach at that point in the game immediately following the situation protested.
2. The time, score and situation will be identified in the scorebook (if applicable) or recorded by an official or both coaches as soon as the protest is announced to the officials and opposing coach.
3. A subsequent protest in the same game will be required to be announced and recorded, using the same procedures described above for each specific point of protest.
4. The protesting coach is required to notify the sport coordinator within 24 hours of the contest.
5. The athletic director of the protesting school is required to file a written protest giving specific details of the situation, time, and score to the Office of the Executive Director within 24 hours of the contest. The report must be accompanied by \$75.00 check payable to the Section VIII Athletic Council. The protest will require the signatures of the coach, athletic director, and principal of the school. Copies of the protest must be sent to the sport coordinator, the protest chairperson, and the opposing coach within 24 hours of the contest by the protesting school.
6. The Section VIII sport coordinator will notify the Executive Director of Section VIII who in turn will notify the game officials involved and direct that a written statement from the game officials be filed with the sport coordinator within 24 hours.
7. The sport coordinator will arrange for a meeting as soon as possible. The following should be included or be represented:
 - a. The protesting coach
 - b. The opposing coach
 - c. A rules interpreter
 - d. Sport Coordinator of that sport
 - e. Office of the Executive Director
8. Attendance of the game officials involved in the protested contest will be mandatory unless extenuating circumstances preclude their attendance.

Protest Committee Options:

 - a. To deny the protest
 - b. To uphold the protest and direct that the game be replayed from the point of protest.
 - c. To uphold and protest and direct that the game be replayed in its entirety.
 - d. To deny the protest and recommend some further action by the High School Association.
 - e. To uphold the protest and recommend some further action to the High School Association.
9. An appeal of the decision of the Protest Committee may be made. This request must be filed within 72 hours of notification of this decision to the Section VIII Appeals Committee upon submission of a \$75.00 fee (a second \$75.00 fee if original protestor).
10. In the case of a protest or an appeal that is upheld, the fee will be returned.

SECTION VIII OUT OF SPORTS SEASON ATHLETIC PARTICIPATION POLICY

In order to protect all eligible student-athletes from exploitation and coercion, the following principles should be adhered to:

- We, all member districts, do not limit individual students' opportunities to participate in other sports and athletic experiences.
- We do not exert pressure on student athletes to participate in an athletic activity outside of any sport season (as defined by the Section).
- We support and preserve the integrity of each interscholastic sports program by enforcing these principles.
- We insure that the spirit and intent of this policy be understood and adhered to by all members of the Section.

To that end, the following guidelines will be in force replacing the former "Camp and Recreation Rule":

- Section VIII members will conduct programs which are recreational in nature as defined by this regulation. Intramurals, strength and conditioning programs, and recreation programs which are **open to all students** are permitted.
- During any approved activity **individual sport skills** may be taught to students.
- The same opportunity for instruction and personal improvement must be available to all students participating in the activity.
- **Team strategy and roster specific workouts limited to members of an athletic team are prohibited.**
- Recreational activities must be open and publicized to all eligible bona fide students.
- During the summer, Section VIII members may conduct leagues, camps, clinics, and similar activities at their facilities.
- Members shall observe the starting and ending dates of each sports season as set by the Section annually.

It is also the spirit of this rule that we encourage, enable, and permit athletes to participate in more than one sport during the course of the year. Students should not be coerced to participate in other activities organized during a specified sports season to maintain good standing in an out of season sport. It is the responsibility of the local athletic administrator to regulate, monitor, and require compliance with the tenets of this rule for it to be effectively observed.

All who are concerned with the proper conduct and with the intent and spirit of any interscholastic sport are obligated to report any violation or perceived violation to the Ethics Committee through the Executive Director's office. All violations will be adjudicated by the Ethics Committee which could result in forfeiture of eligibility and/or sanctions of the students, teams, coaches, or schools involved.

It is recommended that this policy and standard be made available to all students, parents, coaches and other school personnel concerned with the conduct of our interscholastic programs.

Approved June 9, 2004
Athletic Council

HEAT ALERT POLICY FOR SECTION VIII

Each school district is responsible for monitoring the T.H.I. (Temperature Humidity Index) and establishing their own guidelines for practices.

All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Each of the required number of practices for an individual must include vigorous activity; however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities.

THUNDER AND LIGHTNING POLICY

If thunder or lightning is observed, all outdoor activities will be suspended immediately. Shelter should be sought in appropriate locations. Resumption or results of contest(s) should be governed by the rules of the particular sport. Before resuming contest, officials should wait a minimum of thirty (30) minutes after the last observable lightning strike or thunder heard.

Decision by the State Executive Committee 10/25/04

THUNDER AND LIGHTNING POLICY

If thunder is heard or lightning is observed, all outdoor activities will be suspended immediately. Shelter should be sought in appropriate locations. Resumption or results of contest(s) should be governed by the rules of the sport. Before resuming contest, officials should wait a minimum of thirty (30) minutes after the last observable lightning strike or thunder heard.

*** SECTION VIII VIDEOTAPING POLICY**

The Section recognizes the value of videotaping opponents as athletics teaching tool, but it also recognizes that certain general conditions to regulate videotaping should be observed section wide to protect student athletes and athletic departments.

Videotaping at Section VIII approved and sanctioned athletics contests is permissible. This does not include practices or scrimmages unless approved by the participating teams.

All videotaping will be used for instructional purposes to include scouting. The individual's right to privacy requires that the anonymity of the student athlete's images displayed in the product of the videotaping be maintained and protected unless expressed in written consent to share his/her identity is provided.

Videotaping of any contest may not be used in a commercial enterprise. Specific limitations, regulations, and/or requirements regarding videotaping should be referenced and included in all sport specific handbooks.

**** POLICY ON WAGERING**

It is against Section VIII practice or policy and the policy of the individual school district where such an event is taking place to permit gambling, wagering, or betting on all Section VIII athletic events at any time.

**NASSAU COUNTY PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION – SECTION VIII
COMMUNICATION PROCEDURES AND SCHEDULE CHANGE POLICY**

1. Schedules

- An opportunity to make changes and additions is provided to schools after schedules are devised. These changes and additions are accommodated on the Section Website. Schedules **MUST** be checked. **It is important all changes be made prior to the established deadline.**
- Schedule changes:
 - 1) All date changes must be **mutually agreed upon.**
 - 2) Host schools must notify visiting schools of changes in times, sites, prior to entry on Website.
 - 3) The Section accepts changes only from **HOST SCHOOLS.**
- From the time assigning is begun to the time finalized schedules are released to schools, additions and changes **WILL NOT** be accepted.
- Finalized schedules (indicating official assignments) must be thoroughly checked by each school to confirm all requested changes and additions.

2. Changes

Changes in schedules made after officials have been assigned create problems.

Please Note:

- a) The Section VIII Office must be notified immediately by the home school of all changes, postponements, cancellations, etc. **(including reason for change).**
- b) **THE HOME SCHOOL MUST INFORM OFFICIALS OF THE CHANGE AND ADVISE THEM TO CONTACT SECTION VIII FOR REASSIGNMENT, IF THEY ARE UNAVAILABLE TO MOVE WITH THE CHANGE.**
- c) Schools dropping teams are responsible for notifying all opponents and all officials immediately and before that team's data is deleted from the Website.
- d) Due to numerous changes (turnbacks, injuries, etc.), official assignments should be checked by the host school on a daily basis. **DO NOT RELY** on the original assignments to remain unchanged!

3. Weather Problems or Emergencies

In the case of a postponement due to **rain, snow, or emergency**, the home school notifies the assigned officials and advises them to contact Section VIII for reassignment. **(Rescheduled contests must be on the next available date.)**

NYSPHSAA WIND CHILL PROCEDURES

Administration of Wind Chill Procedures:

- Feels Like Temperature (Wind Chill) will be checked 1 hour before the contest/ practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- Download WeatherBug app to your phone or log into www.weatherbug.com.
- Enter the zip code or city and state in the location section of the app or on-line
- If the Feels Like temperature (wind chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the Feels Like temperature (wind chill) at halftime or midway point of the contest. If the Feels Like temperature (wind chill) is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temperature (wind chill) above 40 degrees	Full activity, no restrictions
R E C O M M E N D E D	Wind Chill Caution: Feels Like Temperature (wind chill) 39 degrees to 20 degrees	Stay adequately hydrated. Notified coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing.
	Wind Chill Watch: Hourly Feels Like Temperature (wind chill) 19 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss.
	Wind Chill Warning: Feels Like Temperature (wind chill) 9 degrees to -10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when the Hourly Real Feel temp is much higher. Consider reducing the amount of time for an outdoor practice session.
REQUIRED	Wind Chill Alert: Feels Like Temperature (wind chill) -11 degrees or lower	No outside activity, practice, or contest, should be held.

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.



HEAT INDEX PROCEDURES

Administration of Heat Index Procedures:

- Feels Like Temperature (Heat index) or THI using a Wet Bulb Globe Temperature Indicator (see chart below) on the field will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Download WeatherBug app to your phone or log into www.weatherbug.com. Schools may also use a Wet Bulb Globe Temperature Indicator (see chart below) on the field that will be used.
- Enter zip code or city and state in the location section of the app or on-line or determine the THI by using a Wet Bulb Globe Temperature Indicator.
- If the Feels Like temperature (heat index) or the Wet Bulb Globe Temperature Indicator is in the recommended range (yellow – WeatherBug or green, yellow, orange, red – WBGT), the athletic trainer, athletic director, or school designee must re-check the Feels Like temperature (heat index) or Wet Bulb Temperature Indicator at halftime or midway point of the contest. If the Feels Like temperature (heat index) or Wet Bulb Temperature Indicator is in the required range (red – WeatherBug or black – WBGT), the contest will be suspended.

Please refer to the following chart when using Weather Bug app, to take the appropriate actions:

	Feels Like Temp(Heat Index) under 79 degrees	Full activity. No restrictions.
R E C O M M E N D E D	Heat Index Caution: Feels Like Temp (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
RECOMMENDED	Heat Index Alert: Feels Like Temp (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Please refer to the following chart when using Wet Bulb Globe Temperature Indicator, to take the appropriate actions:

Cat 3	Cat 2	Cat 1	Activity Guidelines
< 82.0°F < 27.8°C	< 79.7°F < 26.5°C	< 76.1°F < 24.5°C	Normal Activities – Provide at least three separate rest breaks each hour with a minimum duration of 3 min each during the workout.
82.2 - 86.9°F 27.9-30.5°C	79.9 - 84.6°F 26.6-29.2°C	76.3 - 81.0°F 24.6-27.2°C	Use discretion for intense or prolonged exercise; Provide at least three separate rest breaks each hour with a minimum duration of 4 min each.
87.1 - 90.0°F 30.6-32.2°C	84.7 - 87.6°F 29.3-30.9°C	81.1 - 84.0°F 27.3-28.9°C	Maximum practice time is 2 h. For Football: players are restricted to helmet, shoulder pads, and shorts during practice. If the WBGT rises to this level during practice, players may continue to work out wearing football pants without changing to shorts. For All Sports: Provide at least four separate rest breaks each hour with a minimum duration of 4 min each.
90.1 - 91.9°F 32.2-33.3°C	87.8 - 89.6°F 31.0-32.0°C	84.2 - 86.0°F 29.0-30.0°C	Maximum practice time is 1 h. For Football: No protective equipment may be worn during practice, and there may be no conditioning activities. For All Sports: There must be 20 min of rest breaks distributed throughout the hour of practice.
≥ 92.1°F ≥ 33.4°C	≥ 89.8°F ≥ 32.1°C	≥ 86.2°F ≥ 30.1°C	No outdoor workouts. Delay practice until a cooler WBGT is reached.



Fig. 2. Heat safety regions.

Use this link to determine the category of your location.

Link: <http://www.castlewilliams.com/wbgt-regions.html>

Approved May 1, 2010
Updated May 3, 2023

9

TRANSFER REGULATION

a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from public school district to another public school district for athletic eligibility the student must enroll in the public school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.

b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver from the Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career. ***Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.*** NOTE: A student in a foreign exchange program listed by CSIET has a one-year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect.

Exemptions to (b): For athletic eligibility a student must enroll in the public school district or in a nonpublic school within that district's boundaries of his/her parent's residency.

Note: Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used will be the same as used for students of K-8 school districts. When a student enrolls in 9th grade, that is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.

1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.

2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public school district of his/her parents' residency.

3. A student who is a ward of the court or state and is placed in a district by court order. Guardianship does not fulfill this requirement.

4. A student from divorced or "legally" separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.

5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.

6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student. Educational Waivers will not be considered as an undue hardship effective for the 2015-2016 school year.

c. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports.

NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific sports standard according to the number of practice sessions.

d. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

Transfer Appeal Guidelines:

Financial – Appeals require documented proof of a significant loss of income or a significant increase in expenses.

- Written description outlining the circumstances that led to the financial hardship
- Appropriate documentation may include:
 - Evidence of loss income or change in financial obligation that are not self imposed.
 - Family W2 forms – pay stubs
 - Notarized statement from parent
 - Statement from employer or professional with knowledge of circumstances
 - Most recent tax returns – two years

Health and Safety – Appeals are considered for safety, mental health, personal relationships and other similar circumstances.

- Written documentation is required from Superintendent of Schools or HS Principal of the sending school indicating the specific circumstances which necessitated the transfer.
- Supporting documentation from a third party outside of the school may be submitted (ex. police report)

TRANSFER APPEAL GUIDELINES

NYSPHSAA TRANSFER RULE

For consideration when determining hardship waivers of the Transfer Rule

Financial – Appeals require documented proof of a significant loss of income or a significant increase in expenses.

- Written description outlining the circumstances that led to the financial hardship. Appropriate documentation may include:
 - Evidence of loss of income or change in financial obligations that are not self imposed.
 - Family W2 forms – pay stubs.
 - Notarized statement from parent.
 - Statement from employer, attorney, accountant, social services or other professional personnel with knowledge of the circumstances.
 - Most recent tax returns – past two years.

Health and Safety – Appeals are considered for safety, mental health, personal relationships and other similar circumstances.

- Written documentation is required from Superintendent of Schools or HS principal of the sending school indicating the specific circumstances which necessitated the transfer.
- Supporting documentation from a third party outside of the school may be submitted. Example: Police report.

Educational –

- Evidence that the student is taking three units of credit in a particular subject area or any combination of three units of credit in Advanced Placement, International Baccalaureate or dual college credit courses not offered in the sending school which qualify for graduation requirements. Each dual college credit course is the equivalent of one unit of study at the high school level. The Director of Guidance or Principal of the sending school must submit a list of their school's course offerings. The Director of Guidance or Principal of the receiving school must submit a copy of the student's schedule through grade 12 and a list of course offerings. Subsequent verification of the student's schedule may be requested.
- Written documentation from Superintendent of Schools or HS principal of the sending school indicating the specific academic circumstances requiring the transfer.

Foreign Exchange student –

- Report these students through the Section office by using a standardized form.

Updated June 13, 2011

APPLICATION FOR EXTENSION OF ATHLETIC ELIGIBILITY

School _____

Student's Name _____

Sport(s) in which eligibility extension is requested _____

Reason for request _____

Date of birth _____ Year of entry into 9th Grade _____

Original date of graduation _____ Expected date of graduation _____

Athletic participation record:

	Year	Sport(s)
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____

Date of Injury/Accident: _____ Date cleared for participation: _____

I agree to provide any necessary confidential information requested by the Section VIII Appeals Committee.

Parent's/Guardian's signature _____

Athletic Director's signature _____

Principal's signature _____

Chief School Officer's Signature

(BE SURE TO INCLUDE PERTINENT MEDICAL DOCUMENTATION, TRANSCRIPT, ETC.)

Send original to:
John Franchi, Appeals Committee
C/O Bethpage HS
10 Cherry Avenue
Bethpage NY 11714

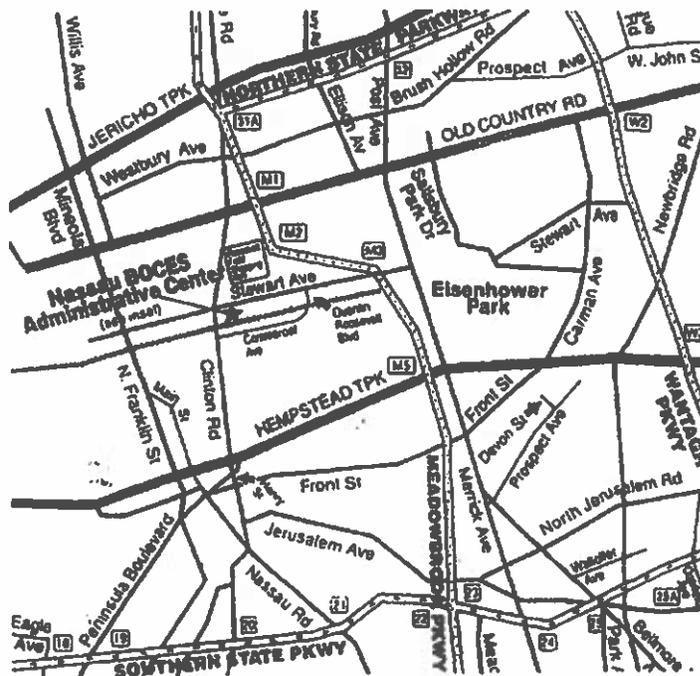
Send a copy to:
Section VIII - Interscholastic Athletic
George Farber Administrative Center
P.O. Box 9195 - 71 Clinton Road
Garden City, NY 11530
PPIZZARELLI@NASBOCES.ORG

POLICY ON TRANSPORTATION

- (1) Section VIII will supply transportation to and from State Championships.
- (2) Each and every participant representing Section VIII is required to travel by the transportation provided by the Section.
- (3) No Sports Coordinators (or his/her designee), Coach or Supervisor has the authority to release the student/athlete from traveling on the transportation provided by the Section.
- (4) **Exception** - If a student/athlete requests not to travel by Section sponsored transportation, the following procedure must be followed:
 - (a) The student/athlete must submit a written request to be released to the custody of their parent/guardian to his/her coach stating the reason for not traveling with the section and signed by the parent/guardian.
 - (b) If the coach **approves** this request, he/she will submit the request to the District Director, Building Director, and Building Principal for their written **approval**.
 - (c) Once the request is approved in writing by those administrators listed in (b), the coach will submit this written approval to the Section Sports Coordinator(s) (or his/her designee) with a carbon copy to the Executive Director.
 - (d) This then relieves the Section and its Sports Coordinator(s) (or designee) of being liable for deciding he/she cannot control.

SECTION VIII OFFICE
Office of Interscholastic Athletics
George Farber Administrative Center
P. O. Box 9195 - 71 Clinton Road
Garden City, NY 11530

NASSAU BOCES WEB – www.nassauboces.org



SECTION VIII EMERGENCY WAIVER OF TRANSPORTATION POLICY

I am the father, mother, guardian of _____.

I hereby request that permission be granted to transport my son/daughter _____
to/from an intersectional (state) competition on _____
(date)

I am fully aware that it is the policy of Section VIII of the New York State Public High School Athletic Association that students be transported to and from such activities on the transportation provided by the Section. I hereby agree that I will be fully responsible for and hold the Section harmless for any damages including injuries to _____ which may arise as a result of transporting him/her to or from this intersectional or state competition.

Sport _____

Parent/Guardian
Signature _____

Date _____

Approved by:

Coach _____

Building Athletic Director _____

District Athletic Director _____

Principal _____



NYSPPHSAA Championship School Gate List

*This list is for **TEAM SPORTS** during the **State Semifinals & Finals ONLY**.
For information regarding Regional events, contact the **HOST Section**.*

School: _____

Championship Event: _____

Championship Date: _____

Championship Site: _____

Please write down the number of players and bench personnel your school will be bringing to the Championship event. Please note that each sport has a maximum number of players and team personnel allotted for each school. These individuals will receive credentials to gain access to the facility. If your school chooses to list more than the maximum number allowed, NYSPPHSAA will bill the school for the difference. Please keep in mind, credentials and awards will be provided **only** for the maximum number allowed.

of Student-Athletes: _____ # of Team Personnel: _____

This list below is designated for school administration and appropriate school personnel. The list is limited to a maximum of 8 individuals and is **exclusive** of the participating student-athletes and team personnel. This list **ONLY** provides entrance into the facility. It **DOES NOT** provide field/floor access. If your school wishes to have more than 8, NYSPPHSAA will bill the school for the additional individuals. **Team photographers and videographers should contact Lexi Swatt (lswatt@nyspphsaa.org) for a media credential PRIOR TO THE EVENT. They do NOT need to be listed below. This list should be faxed to the NYSPPHSAA office (518-690-0775) or sent via email to Kristen Jadin at kjadin@nyspphsaa.org two days prior to the championship event. Please type or print names and titles below.**

For admission staff only:

<u>Name</u>	<u>Title</u>	<u>Day 1</u>	<u>Day 2</u>	<u>Day 3</u>
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				

NYSPPHSAA Staff Approval: _____
(signature)

Date: _____

JERSEY # _____

Code of Conduct

For Regional & Championship Competitions

JERSEY # _____



Responsibilities and Guidelines for Athletes and Coaches Participating in Regional and Championship Contests

PARENT RELEASE FORM EMERGENCY MEDICAL CARE

Your son/daughter has qualified to participate in a NYSPHSAA Championship. In order to ensure he/she receives the proper medical care as needed you must provide the health information below. By signing this form you are authorizing the school's coach or administrator, or tournament official to act on your behalf in authorizing emergency medical, dental, surgical care and hospitalization for your son/daughter in your absence.

Thank you for your cooperation.

(Athlete Name) (Birthdate)

(Address) (Phone)

(Parent/Guardian Name) (Address) (Home&Business phone)

(Athlete's School) (Principal) (School phone)

(Who to contact in case of emergency, other than parent/guardian) (Phone)

(Family Physician) (Phone number)

(Allergies or special conditions)

I have read and understand the above parent release form. I do hereby authorize the care referenced above for my child; and I do further release the NYSPHSAA and its agents from any claim whatsoever on account of care authorized pursuant to this emergency medical care release form.

(Parent/Guardian Signature) (Date)



Introduction

Any New York State Championship must achieve a standard of Excellence which places it beyond criticism either from an organizational or educational point of view. In essence, each championship represents all of New York scholastic sports and if, for any reason, something disrupts a championship, then the impact of such disruption will be felt by the NYSFHSA, Inc. and its member schools. What appears at present to pose the greatest threat is the misbehavior of athletes or the lack of supervision responsibilities by coaches while attending such championships.

Code of Conduct for Athletes

1. Use of alcoholic beverages, tobacco products and other drugs (unless prescribed by a physician) will not be tolerated.
2. All curfews and bed checks will be adhered to as set up by the supervisor or coach in charge.
3. Athletes are responsible for their conduct in regard to public property such as: hotel rooms, transporting vehicles, field and courts, locker rooms, etc. Athletes or the school that they represent will be held financially responsible for any damage that they incur.
4. Hotel rooms will be inspected by the supervisor and the occupants of each room prior to the occupying of each room and again before check-out.
5. Athletes must use transportation authorized by their section and school to and from the event.
6. There will be no gambling of any kind.

General Guidelines

1. Athletes should stay in groups when traveling or sightseeing. DO NOT TRAVEL ALONE or leave the group.
2. Athletes should make sure the supervisor/coach knows where they are, who is with them, and when they will return when leaving the general area of the contest.
3. Dress for all trips should be neat, clean and socially acceptable. Athletes are representing their Section as well as their own school district. All actions reflect on these institutions.

Violation - Penalties

If an athlete violates an established rule, the coach or supervisor in charge has the responsibility of disciplining the athlete using the following guidelines:

1. If the violation is prior to the contest or event, the athlete will not be allowed to compete in the contest or further contests. The Section and home school will be notified and a recommendation from the Section for disciplinary action will be given.
2. If the violation is after the contest or event, the home school will be notified and a recommendation from the Section for disciplinary action will be given.
3. If a situation becomes intolerable, the parents and school will be notified immediately and arrangements will be made to transport the athlete home, at Section/school expense, and in the custody of a Section/school representative. If proper action is not taken by the home school, sanctions may be imposed by the Section and/or State Association against the athlete or school district.

I have read and understand the Code of Conduct.

Athlete Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Coaches/Supervisors Responsibilities

1. Enforce Code of Conduct for athletes. Discipline violators on the spot. Report problems to supervisors and send written reports to the Section and home school district.
2. Set curfews and bed checks and implement them.
3. Be responsible for athletes from departure point of trip until trip is completed and ensure that all athletes have transportation to their home.
4. Conduct room checks and inspection of hotel room with occupants of each room prior to the night's stay, and check/inspect each hotel room after the night's stay. Report any damage, which will be the responsibility of the occupants of the room.
5. Submit Hotel Report form to hotel.
6. Make sure all parent signature slips are in and emergency information is complete.
7. Notify proper authorities in cases of serious injury to athletes.
8. Know where athletes are at all times.
9. Abstain from the use of alcohol and controlled substances (unless prescribed by a physician). If violated the protocol/possible penalty is: 1) the school and Section will be notified; 2) documentation of the incident will occur; and 3) a recommendation from the Section for disciplinary action will be given.
10. Abstain from gambling of any kind.

I understand my responsibilities to my athlete(s) and expectations of my behavior.

Coach/Supervisor Signature _____ Date _____

CONSENT FOR USE OF PHOTOGRAPHY FOR PUBLICITY OR ADVERTISING PURPOSES

I do hereby consent to the use of my photographs in association with any production, media, or news events for the New York State Public High School Athletic Association.

I understand that the New York State Public High School Athletic Association may use my photographs or stories in publications, press materials, web sites, and print and television advertisements promoting the New York State Public High School Athletic Association, its philosophies, and programs.

I hereby irrevocably consent to and authorize the use and reproduction by you, or anyone authorized by the New York State Public High School Athletic Association, of any and all photographs which you have taken during this sport season of me, negative or positive, for any purpose whatsoever, without compensation to me. All negatives and positives, together with prints shall constitute the property of the NYSFHSA, solely and completely.

I hereby consent to the use of my photograph(s). (sign only if 'yes')

Athlete Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

HELP WANTED

EVERY ATHLETIC TEAM SHOULD HAVE
A MAN WHO PLAYS EVERY POSITION,
NEVER MAKES AN ERROR, AND
KNOWS JUST WHAT THE OPPOSITION
IS PLANNING... BUT SO FAR THERE'S
BEEN NO WAY TO GET HIM TO PUT
DOWN HIS POPCORN AND COKE TO
COME DOWN OUT OF THE STANDS!

618 414-1111 • 618 414-1111 • 618 414-1111 • 618 414-1111