



Section VIII
Unified Sports Handbook
2024-2025

UNIFIED SPORTS



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Important Dates

<i>Event</i>	<i>Date/Time</i>	<i>Location</i>
Unified Sports Coaches Clinic	TBA	TBA
Unified Bowling Coaches Meeting	Wednesday January 22nd 7pm	Google Meet (Link to be sent out 1 week prior to the meeting)
Unified Bowling Preseason Day 1	Monday February 10th 4:30PM	Garden City Lanes
Unified Bowling Culminating Event	Tuesday March 18th 4:30PM	Garden City Lanes
Unified Basketball Coaches Meeting	Wednesday March 19th 7pm	Google Meet (Link will be sent out 1 week prior to the meeting)
Unified Basketball Preseason Day 1	Monday March 31st	N/A
Unified Basketball Culminating Event	Tuesday May 20th / Wednesday May 21st	TBD

UNIFIED SPORTS



Through our special partnership with Special Olympics New York, we are pleased to offer Unified Sports Programs to our membership. Unified Sports is an inclusive sports program that combines an approximately equal number of athletes (students with intellectual disabilities) and partners (students without intellectual disabilities) on teams for training and competition.

A key component of the Unified Program is the Youth Activation Committee (YAC). The YAC is responsible to help increase awareness and acceptance of students with disabilities within the school district by supporting the Unified Sport teams.

A Unified Sport Committee was formed in the Fall of 2014 with representatives from all 11 sections. The objective of the committee is to establish programs in all 11 sections on a voluntary basis and to recommend rules and regulations that will be followed for all Unified Sport Programs within the Association.

Objective:

Unified Sports participation is rooted in the principle of meaningful involvement which ensures that every player is given an opportunity to contribute to the success of his or her team through their unique skills and qualities. This means that every team member: (a) demonstrates sufficient sport-specific skills and game understanding; (b) plays a valued role on the team that emphasizes his or her personal talents; and (c) has an opportunity to play without a heightening risk of injury.

(“Handbook 10042022 (PDF) - New York State Public High School Athletic Association”)

UNIFIED SPORTS



Unified Bowling Season - February 10th - March 18th 2025

Conference Alignment

	Section VIII Unified Bowling North Conference
1	New Hyde Park
2	Carle Place
3	Carey
4	Syosset
5	Jericho
6	Wheatley
	Section VIII Unified Bowling South Conference
1	Massapequa
2	Sewanhaka
3	Elmont
4	Floral Park
5	Hewlett

Practice Dates - Location: Garden City Lanes

- February 10, 2025
- February 11, 2025
- February 13, 2025
- February 24, 2025

UNIFIED SPORTS



Regular Season Match Schedule - Location: Garden City Lanes

February 25	February 27	March 4	March 6	March 11	March 13
NHP v. CP	HFC v. SYO	WHS v. SYO	NHP v. SYO	JHS v. WHS	NHP v. MHS
HFC v. WHS	WHS v. NHP	HFC v. CP	JHS v. HFC	HFC v. NHP	CP v. SHS
SYO v. JHS	CP v. JHS	NHP v. JHS	WHS v. CP	SYO v. CP	HFC v. ELM
MHS v. SHS	ELM v. FPM	ELM v. SHS	MHS v. FPM	ELM v. MHS	FPM v. SYO
FPM v. HHS	HHS v. SHS	MHS v. HHS	HHS v. ELM	FPM v. SHS	HHS v. JHS
ELM - BYE	MHS - BYE	FPM - BYE	SHS - BYE	HHS - BYE	WHS - BYE

Unified Bowling Culminating Tournament - Location: Garden City Lanes

- March 18, 2025

UNIFIED SPORTS



Lane Assignments

Match 1 - February 25, 2025

<u>Match</u>	<u>Lanes</u>
<i>New Hyde Park v. Carle Place</i>	23-28
Massapequa	23 (practice); 24-25 (match)
New Hyde Park	28 (practice); 26-27 (match)
<i>Carey v. Wheatley</i>	29-34
Carey	29 (practice); 30-31 (match)
Wheatley	34 (practice); 32-33 (match)
<i>Syosset v. Jericho</i>	35-40
Syosset	35 (practice); 36-37 (match)
Jericho	40 (practice); 38-39 (match)
<i>Massapequa v. Sewanhaka</i>	41-46
Massapequa	41 (practice); 42-43 (match)
Sewanhaka	46 (practice); 44-45 (match)
<i>Hewlett v. Floral Park</i>	47-52
Hewlett	47 (practice); 48-49 (match)
Floral Park	52 (practice); 50-51 (match)

UNIFIED SPORTS



Match 2 - February 27, 2025

<u>Match</u>	<u>Lanes</u>
<i>Carey v. Syosset</i>	23-28
Carey	23 (practice); 24-25 (match)
Syosset	28 (practice); 26-27 (match)
<i>Wheatley v. New Hyde Park</i>	29-34
New Hyde Park	29 (practice); 30-31 (match)
Wheatley	34 (practice); 32-33 (match)
<i>Carle Place v. Jericho</i>	35-40
Carle Place	35 (practice); 36-37 (match)
Jericho	40 (practice); 38-39 (match)
<i>Elmont v. Floral Park</i>	41-46
Elmont	41 (practice); 42-43 (match)
Floral Park	46 (practice); 44-45 (match)
<i>Hewlett v. Sewanhaka</i>	47-52
Hewlett	47 (practice); 48-49 (match)
Sewanhaka	52 (practice); 50-51 (match)

UNIFIED SPORTS



Match 3 - March 4, 2025

<u>Match</u>	<u>Lanes</u>
<i>Wheatley v. Syosset</i>	23-28
Syosset	23 (practice); 24-25 (match)
Wheatley	28 (practice); 26-27 (match)
<i>Carey v. Carle Place</i>	29-34
Carey	29 (practice); 30-31 (match)
Carle Place	34 (practice); 32-33 (match)
<i>New Hyde Park v. Jericho</i>	35-40
New Hyde Park	35 (practice); 36-37 (match)
Jericho	40 (practice); 38-39 (match)
<i>Elmont v. Sewanhaka</i>	41-46
Elmont	41 (practice); 42-43 (match)
Sewanhaka	46 (practice); 44-45 (match)
<i>Massapequa v. Hewlett</i>	47-52
Hewlett	47 (practice); 48-49 (match)
Massapequa	52 (practice); 50-51 (match)

UNIFIED SPORTS



Match 4 - March 6, 2025

<u>Match</u>	<u>Lanes</u>
<i>New Hyde Park v. Syosset</i>	23-28
New Hyde Park	23 (practice); 24-25 (match)
Syosset	28 (practice); 26-27 (match)
<i>Jericho v. Carey</i>	29-34
Jericho	29 (practice); 30-31 (match)
Carey	34 (practice); 32-33 (match)
<i>Wheatley v. Carle Place</i>	35-40
Wheatley	35 (practice); 36-37 (match)
Carle Place	40 (practice); 38-39 (match)
<i>Massapequa v. Floral Park</i>	41-46
Massapequa	41 (practice); 42-43 (match)
Floral Park	46 (practice); 44-45 (match)
<i>Hewlett v. Elmont</i>	47-52
Hewlett	47 (practice); 48-49 (match)
Elmont	52 (practice); 50-51 (match)

UNIFIED SPORTS



Match 5 - March 11, 2025

<u>Match</u>	<u>Lanes</u>
<i>Jericho v. Wheatley</i>	23-28
Jericho	23 (practice); 24-25 (match)
Wheatley	28 (practice); 26-27 (match)
<i>Carey v. New Hyde Park</i>	29-34
Carey	29 (practice); 30-31 (match)
New Hyde Park	34 (practice); 32-33 (match)
<i>Syosset v. Carle Place</i>	35-40
Syosset	35 (practice); 36-37 (match)
Carle Place	40 (practice); 38-39 (match)
<i>Elmont v. Massapequa</i>	41-46
Elmont	41 (practice); 42-43 (match)
Massapequa	46 (practice); 44-45 (match)
<i>Floral Park v. Sewanhaka</i>	47-52
Floral Park	47 (practice); 48-49 (match)
Sewanhaka	52 (practice); 50-51 (match)

UNIFIED SPORTS



Match 6- March 13, 2025

<u>Match</u>	<u>Lanes</u>
<i>New Hyde Park v. Massapequa</i>	23-28
New Hyde Park	23 (practice); 24-25 (match)
Massapequa	28 (practice); 26-27 (match)
<i>Carle Place v. Sewanhaka</i>	29-34
Carle Place	29 (practice); 30-31 (match)
Sewanhaka	34 (practice); 32-33 (match)
<i>Carey v. Elmont</i>	35-40
Carey	35 (practice); 36-37 (match)
Elmont	40 (practice); 38-39 (match)
<i>Syosset v. Floral Park</i>	41-46
Syosset	41 (practice); 42-43 (match)
Floral Park	46 (practice); 44-45 (match)
<i>Hewlett v. Jericho</i>	47-52
Hewlett	47 (practice); 48-49 (match)
Jericho	52 (practice); 50-51 (match)

UNIFIED SPORTS



Unified Bowling Rules

USBC Playing Rules:

1. All USBC Bowling rules will be followed unless a NYSPHSAA or Special Olympic Rule Adaptation is in place.
2. Special Olympics Unified Sports bowling teams can be made up of either Unified pairs (1 athlete, 1 partner) or Unified 4 person teams (2 athletes, 2 partners).

Points of Emphasis:

1. Athletes will be able to use ramps, retractable handle balls, and other devices that can be approved for Special Accommodations by the NYSPHSAA.
2. Alley bumpers will not be allowed during any competition and foul lines will be active.

League Play Format:

1. Each match will consist of 3 games. Each team will be competing for 3 points in the game.
 2. The following scoring units each compete for a point against an opposing schools units:
 - A. 1st Unified double (1 athlete/1 partner)
 - B. 2nd Unified double (1 athlete/1 partner)
 - C. 4 person Unified team (2 athletes/2 partners)
 3. The unit with the highest pin total for the game wins the point.
 4. The team that wins the most points in all three games wins the match.
 5. Coaches may substitute following each game.
- *** Bowlers not currently in the game may play an exhibition match or practice on another lane

Culminating Event Play format (Nassau County Championship):

1. Teams will consist of 8 person teams (4 athletes/4 partners).
2. Teams will bowl 3 games.
3. The school with the highest point total for all three games will win the division.
4. Coaches may substitute after each game.

Scoring:

[Unified Bowling Scoring Template](#)

Source: Unified Bowling Rules

UNIFIED SPORTS



Unified Basketball Season - March 31 - May 21, 2025

Conference Alignment

	Section VIII North Conference
1	Locust Valley
2	Manhasset
3	Great Neck North
4	Jericho
5	Syosset
6	Floral Park
7	Wheatley

	Section VIII South Conference
1	Freeport
2	Plainedge
3	Lawrence
4	East Rockaway
5	Hewlett
6	New Hyde Park
7	Garden City

UNIFIED SPORTS



Regular Season Game Schedule:

North Conference:

April 22	April 24	April 29	May 1	May 6	May 8	May 12
1 @ 6	4 @ 2	2 @ 7	5 @ 3	3 @ 1	6 @ 4	7 @ 5
2 @ 5	5 @ 1	3 @ 6	6 @ 2	4 @ 7	7 @ 3	1 @ 4
3 @ 4	6 @ 7	4 @ 5	7 @ 1	5 @ 6	1 @ 2	2 @ 3
7 BYE	3 BYE	1 BYE	4 BYE	2 BYE	5 BYE	6 BYE

South Conference:

April 22	April 24	April 29	May 1	May 6	May 8	May 12
1 @ 6	4 @ 2	2 @ 7	5 @ 3	3 @ 1	6 @ 4	7 @ 5
2 @ 5	5 @ 1	3 @ 6	6 @ 2	4 @ 7	7 @ 3	1 @ 4
3 @ 4	6 @ 7	4 @ 5	7 @ 1	5 @ 6	1 @ 2	2 @ 3
7 BYE	3 BYE	1 BYE	4 BYE	2 BYE	5 BYE	6 BYE

Nassau County Culminating Tournament - Semi Final Round

- May 14, 2025
- 4 ability based divisions
- Location - Higher Seed

Nassau County Culminating Tournament

- May 20 & May 21
- 4 ability based divisions
- Location - Jericho HS / Freeport HS

UNIFIED SPORTS



Unified Basketball Rules

NFHS Playing Rules:

1. All NFHS Basketball rules will be followed unless a NYSPHSAA or Special Olympics Rule Adaptation is in place.
2. There will not be a shot clock (NFHS rule).
3. The ball used for game play will be a 29.5 inch basketball. (NFHS rule)
4. If extra time is needed, overtime periods will be 4 minutes. (NFHS rule)
5. Each team is allowed three Full and two 30 second timeouts per half. Each team is allowed one (1) additional full timeout in overtime (NFHS rule)
6. Three point shots are in effect.
7. Team Bonus will be reached at 7 team fouls and double bonus will be reached at 10 team fouls in each half.

NYSPHSAA and Special Olympics Modifications:

1. The objective of Unified Basketball is to have 3 Athletes and 2 Partners on the court.
2. Traveling will be called if a player scores or has a clear advantage because of the traveling.
3. A game may consist of either four 8 minute quarters or two 16 minute halves.

Points of Emphasis:

1. Double dribbles will be strictly enforced.
2. Any defense is allowed.
3. Free Throw lane and 3 second lane violations will be enforced.

("Handbook 10042022 (PDF) - New York State Public High School Athletic Association")