

# Accepted First Aid, CPR, AED, and Concussion Certifications for Coaches

Regardless of the experience or teaching certificates a person may have, [State Education Law, Article \(6\), Section 3001b](#), requires that a person appointed as a coach of an interschool athletic team must hold a valid certificate of completion of a course of study in first aid knowledge and skills offered by a nationally recognized organization, as defined in public health law [Section 3000-B\(1\)\(d\)](#), or an equivalent experience which is approved by the commissioner of Education. Before each sports season begins, coaches must provide valid evidence to their school district that they possess up-to-date knowledge and skills in first aid, CPR, and Concussion Management.

It is the responsibility of the board of education to appoint only coaches who meet the requirements as outlined in the Regulation of the Commissioner of Education. The chief school officer has the responsibility to ensure that all coaches, once appointed by the board of education, complete the necessary courses, to determine that the coaches are keeping their first aid skill and knowledge current and are complying with the coaching requirements. Each school district must keep permanent records on persons who have been and are currently coaching in the district. It is recommended that the director of physical education and athletics maintain these records. Information on the current coaching staff should be listed in the School District Plan for Physical Education.

## **Special Considerations:**

The following professionals do not need to submit a valid First Aid course certificate as part of their coaching license application. However, they will need to submit a valid CPR/AED certificate for their application:

- Certified Emergency Medical Technicians (EMT) and Paramedic
- Fire & Police Officers (full time)

Individuals holding a NYS PROFESSIONAL LICENSE issued by the Office of the Professions in any of the medical fields identified below can meet the NYS First Aid requirement by submitting verification of their license registration and provide either a current letter of employment or verification of any current first aid course. They will also need to submit a valid CPR/AED certificate for their coaching license application.

- All Nurses (RN, LPN, NP)
- Physician – Physician Assistant (MD, DO)
- Certified Athletic Trainer (ATC)
- Dentists (Includes Oral and Maxillofacial Surgeons)
- Physical Therapists
- Optometrists

# First Aid Certifications for Coaches

The following certificates are accepted to meet the First Aid requirement for Interscholastic Coaching. Review courses are only accepted with proof of taking the initial course.

**Challenge courses are not accepted by NYSED.** All cards/certificates must be renewed per the certifying agency requirements. *\*\*Completely online courses are **NOT** accepted; all courses must include hands on learning. \*\**

Provider Organization	Certification Title
<a href="#">American Red Cross Core Courses</a> (additional course modules may be on card, but only the core course is considered for acceptance)	<ul style="list-style-type: none"> <li>• Emergency Medical Response</li> <li>• Lifeguarding</li> <li>• Responding to Emergencies First Aid</li> <li>• Responding to Emergencies Adult and Child First Aid/CPR/AED</li> <li>• Responding to Emergencies Adult and Pediatric First Aid/CPR/AED</li> <li>• Shallow Water Lifeguarding (up to 5 ft)</li> </ul>
<a href="#">American Safety &amp; Health Institute</a> (ASHI)	<ul style="list-style-type: none"> <li>• Advanced First Aid</li> </ul>
<a href="#">Emergency Care &amp; Safety Institute</a> (ECSI)	<ul style="list-style-type: none"> <li>• Advanced First Aid, CPR, and AED</li> <li>• Sports First Aid and Injury Prevention-NYS Coaches</li> <li>• Wilderness First Aid</li> </ul>
Health & Safety Institute	<ul style="list-style-type: none"> <li>• CPR, AED, and BLS</li> </ul> <p><i>**While the HSI First Aid course meets the requirements for First Aid for Coaches, it includes additional content on concussion management, epinephrine (EpiPen), glucagon, and naloxone administration. Please note that despite covering these topics, the HSI course does not qualify them to administer these drugs, nor does it meet the specific training requirements outlined in NYS regulations for concussion management.</i></p>
National Safety Council	<ul style="list-style-type: none"> <li>• Advanced First Aid, CPR, and AED</li> </ul>
<a href="#">National Ski Patrol</a>	<ul style="list-style-type: none"> <li>• Outdoor Emergency Care (card will include the word “technician,” and cycles A, B, and C do not have to be completed for card to be valid)</li> </ul>
NYS Department of Health (DOH) Bureau of Emergency Medical Services	<ul style="list-style-type: none"> <li>• Certified First Responder</li> </ul>
<a href="#">New York State Education Department (NYSED)</a>	<ul style="list-style-type: none"> <li>• An approved agency that offers First Aid using NYSED’s course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years). Reference the Department’s <a href="#">Approved Coaching Courses Information webpage</a>.</li> </ul>

# CPR/AED Certifications for Coaches

The following certificates are accepted to meet the CPR/AED requirement for Interscholastic Coaching. Review courses are only accepted with proof of taking the initial course. **Challenge courses are not accepted by NYSED.** All cards/certificates must be renewed per the certifying agency requirements. Completely online courses are **NOT** accepted; all courses must include hands on learning.

Provider Organization	Certification Title
<a href="#">American Heart Association Courses (AHA) Core Courses</a> - May include RQI credentials in addition to core course name	<ul style="list-style-type: none"> <li>• Advanced Cardiac Life Support (ACLS)</li> <li>• Basic Life Support (BLS)</li> <li>• Heartsaver CPR/AED (title may include pediatric, K-12 schools, or first aid)</li> </ul>
<a href="#">American Red Cross Core Courses</a> (additional course modules may be on card, but only the core course is considered for acceptance)	<ul style="list-style-type: none"> <li>• Adult CPR/AED (Note: For high school level coaches only)</li> <li>• Adult CPR/AED, Child CPR and First Aid</li> <li>• Adult &amp; Child CPR/AED</li> <li>• Adult &amp; Pediatric CPR/AED</li> <li>• Basic Life Support for Health Care providers (BLS)</li> <li>• CPR/AED for Professional Rescuers and Health Care Providers</li> <li>• CPR/AED for Professionals (title may or may not include the term "rescuer")</li> <li>• Emergency Medical Response</li> <li>• Lifeguarding/First Aid/CPR/AED</li> <li>• Responding to Emergencies Adult First Aid/CPR/AED (Note: for high school level coaches only)</li> <li>• Responding to Emergencies Adult and Child First Aid/CPR/AED</li> <li>• Responding to Emergencies Adult and Pediatric First Aid/CPR/AED</li> <li>• Shallow Water lifeguarding (up to 5 ft)/First Aid/CPR/AED</li> </ul>
<a href="#">American Safety &amp; Health Institute (ASHI)</a>	<ul style="list-style-type: none"> <li>• Adult CPR/AED (For High School level Coaches only); Adult and Child CPR/AED; or Adult, Child and Infant CPR/AED</li> </ul>
<a href="#">Emergency Care &amp; Safety Institute (ECSI)</a>	<ul style="list-style-type: none"> <li>• Adult, Child, &amp; Infant CPR &amp; AED</li> <li>• First Aid, CPR and AED</li> <li>• Health Care Provider CPR &amp; AED</li> <li>• Sports First Aid &amp; Injury Prevention-NYS Coaches</li> </ul>

<p>Health &amp; Safety Institute</p>	<ul style="list-style-type: none"> <li>• CPR, AED, and BLS</li> </ul> <p>**While the HSI First Aid course meets the requirements for First Aid for Coaches, it includes additional content on concussion management, epinephrine (EpiPen), glucagon, and naloxone administration. Please note that despite covering these topics, the HSI course does not qualify them to administer these drugs, nor does it meet the specific training requirements outlined in NYS regulations for concussion management.</p>
<p><a href="#">ProTrainings</a></p>	<ul style="list-style-type: none"> <li>• Adult, Child, and Infant CPR/AED</li> <li>• Adult, Child, and Infant, Pediatric CPR/AED &amp; First Aid</li> <li>• Adult CPR/AED</li> <li>• Healthcare Provider (BLS) Adult, Child and Infant CPR/AED Adult, Child, and Infant CPR/AED + First Aid</li> <li>• Adult CPR/AED + First Aid</li> <li>• Healthcare Provider (BLS) Adult, Child, Infant CPR/AED + First Aid</li> </ul>
<p><a href="#">Starguard Elite</a></p>	<ul style="list-style-type: none"> <li>• Starguard Lifeguarding</li> </ul>
<p><a href="#">NYS Department of Health (DOH) Bureau of Emergency Medical Services</a></p>	<ul style="list-style-type: none"> <li>• Certified First Responder</li> </ul>
<p>New York State Education Department (NYSED)</p>	<ul style="list-style-type: none"> <li>• An approved agency that offers CPR using the NEW SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid).</li> </ul>

Provider Organization	Course Name	Certification Title
<a href="#">American Aquatics and Safety Training</a>	Lifeguarding	Lifeguard, CPR/AED, First Aid
	Lifeguarding, Waterfront	Lifeguard, Waterfront, CPR/AED, First Aid
	Shallow Pool Lifeguarding	Shallow Pool Lifeguard, CPR/AED, First Aid
	Lifeguarding Recertification	Lifeguard, CPR/AED, First Aid Recertification
	Lifeguarding, Waterfront Recertification	Lifeguard, Waterfront, CPR/AED, First Aid Recertification
	Shallow Pool Lifeguarding Recertification	Shallow Pool Lifeguard, CPR/AED, First Aid Recertification
	CPR/AED	CPR/AED for BLS Providers
	CPR/AED	CPR/AED for Professionals
	CPR/AED	CPR/AED for Lifeguards
	CPR/AED, First Aid	CPR/AED, Advanced First Aid
	Adult Child & Infant CPR/AED	Adult Child & Infant CPR/AED

# Concussion Management Certifications for Coaches

The Concussion Management and Awareness Act, Chapter 496 of the Laws of 2011, requires that school coaches, physical education teachers, nurses, and certified athletic trainers complete a New York State Education Department (NYSED) approved course on concussions and concussion management every two years.

The following certificates are accepted to meet the Concussion Management requirement for Interscholastic Coaching. Review courses are only accepted with proof of taking the initial course. All cards/certificates must be renewed per the certifying agency requirements.

<b>Provider Organization</b>	<b>Certification Title</b>
Center for Disease Control (CDC) CDC's "Concussion Management for Coaches" does not meet the Commissioner's regulation on concussion management and therefore cannot be used for coaches certification.	<ul style="list-style-type: none"><li data-bbox="711 726 1240 758">• <a href="#">HEADS UP to Healthcare Providers</a></li></ul>
NFHS	<ul style="list-style-type: none"><li data-bbox="711 999 1040 1031">• <a href="#">Concussion in Sport</a></li></ul>