

Nassau County/Section VIII Girls Lacrosse Handbook 2024



Section VIII
Girls' Lacrosse Sports Committee

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Lauren Lopez	Roslyn H.S

Jim Amen	Section VIII Boys Lacrosse Coordinator
John Kostkowicz	Section VIII Girls Lacrosse Coordinator

Dear Coaches,

The "Section VIII Girls' Lacrosse Handbook" is a valuable resource for coaches. The handbook contains vital information that will guide you through your season. You will find rules, regulations and important dates including playoff information. Please take the time to read the handbook thoroughly. Feel free to contact me if you have any questions or concerns.

Although things continue to change and things are uncertain, we are a positive and important part of our student athlete's day!

Once again, let each of us represent our school, communities, and county with the highest level of integrity and character. Compete with dignity and class while maintaining the utmost level of respect for our opponents. All of our student-athletes matter, let healthy competition bring out the best in all of us as we demonstrate day in and day out the synergy that is created through participation in athletics that is the platform for the development of life skills our student athletes will rely on forever. Let good sportsmanship always prevail.

The journey you and your team experience will be a result of countless hours of practice, scouting and gameplay that will provide your team with life lessons that exceed the playing field. The events you encounter, impacted by how one responds will impact the outcome. Be the leader your team will need to navigate the highs/lows of a season that will ultimately define your program's success.

On behalf of the Girls' Lacrosse Committee, I wish you the very best this upcoming season and look forward to being a part of the many successes both on and off the field regarding girls' lacrosse in Nassau County.

Sincerely,

Alyssa Kildare

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LACROSSE 2024 SEASON TIMELINE

Maximum number of Lacrosse Games (Non-League & League Combined) for Varsity 16 & JV =15

Required number of team practices prior to first scrimmage/Game=6

Monday, March 11th – First Day of Season

Monday, March 18th – First Scrimmage/Game Date

Monday, April 1st - League Season Begins

Friday, March 29th Passover/Good Friday - NO SCRIMMAGES/GAMES MAY BE SCHEDULED

Sunday, March 30th Easter Sunday- NO SCRIMMAGES/GAMES MAY BE SCHEDULED

Wednesday, April 17th - Mid-Season Coaches Meeting

Monday, April 22nd - No Games (1st day of Passover)

Friday, May 10th - Last Day of Regular Season

Saturday, May 11th - Make-up Day

Monday, May 13th - Coaches Meeting 7:30 pm

Playoff Dates for Girls Lacrosse 2024

Wednesday May 15th - First Round "B" Tournament @ Higher Seed

Thursday, May 16th – Quarter Finals "C" Tournament @ Higher Seed

Friday, May 17th -Quarter Finals "A" Tournament @ Higher Seed

Saturday, May 18th - "C" Quarter finals @ Higher Seed

Tuesday, May 21st -"A & D" Semi Finals @ Adelphi

Wednesday, May 22nd - "B & C" Semi-Finals @ Adelphi

Tuesday, May 28th - County Finals "A & D" @ Adelphi 6pm and 8PM

Wednesday, May 29th - County Finals "B & C" @ Adelphi 6pm and 8pm

Sunday, June 2nd - Long Island Championship @Suffolk Section XI Host

4 LIC Games at Stony Brook

Friday, June 7th & Saturday, June 8th – State Semi Finals & Finals @ SUNY Cortland

**NASSAU COUNTY
GIRLS' LACROSSE COACHES ASSOCIATION
2024 Girls' Lacrosse Overview**

2023-24 Enrollment Figures:

Based on the New York State Enrollment figures, Nassau County Lacrosse breaks out in the following manner:

A Schools	1060 and Up	12 Schools	6 Team Playoff Bracket
B Schools	775 –1059	13 Schools	8* Team Playoff Bracket
C Schools	465-774	20 Schools	10 Team Playoff Bracket
D Schools	464 & Below	6 Schools	4 Team Playoff Bracket

*If teams drop, will move to 6 team bracket

League Alignments: Based on Ability in Conferences I-V.

The following will be the conference alignments:

Conference I – 11 “A, B, C, D” Schools	10 Conference Games	Ability
Conference II – 13 “A, B, C, D” Schools	12 Conference Games	Ability
Conference III 12 “A, B, C, D” Schools	11 Conference Games	Ability
Conference IV- 12 “A, B, C, D” Schools	11 Conference Games	Ability

The following criteria will be used to determine conference placement:

1. All 51 Section VIII girls’ varsity lacrosse teams will be seeded based solely on ability from 1(highest)-51 by current varsity coaches (51 & Sports Committee)
2. Conference I will consist of the top 11 ability based teams in Section VIII regardless of classification.
3. Conference II will consist of Section VIII teams (13) seeded 12-24 based upon ability only, regardless of classification.
4. Conference III will consist of Section VIII teams (12) seeded 25-36 based upon ability only, regardless of classification.
5. Conference IV will consist of Section VIII teams (13) seeded 37-50 based upon ability only, regardless of classification.

Playoff Information:

All Conference Champions will qualify for the playoffs/Play-in game.

Conference I:

- All 12 teams will automatically qualify for County Playoffs; each team will be placed in the appropriate classification bracket.
- A, B, C, & D classification teams will be seeded based upon Conference I finish as well as ahead of Conference II, III, & IV teams.

Conference II:

- Each team will be placed in the appropriate classification bracket. Teams will qualify for County Playoffs until the classification bracket is filled.
- A, B, C, & D classification teams will be seeded based upon Conference II finish, as well as ahead of Conference III & IV teams.
- Class C teams beyond 10th seed will qualify for play-in games.

Conference III:

- Up to eight teams based upon conference record qualify for playoffs.
- A, B, C, & D classification teams will be seeded based upon Conference II finish as well as ahead of Conference IV & V teams.

Conference IV:

- The Conference Champion will qualify for playoffs/play in game.
- Remaining teams will qualify for playoffs as brackets' seeds need to be filled.
- A, B, C, & D classification teams will be seeded based upon Conference III finish, as well as ahead of Conference IV teams.

***The Conference Champions from Conferences III & IV shall not displace a team from a higher conference. If this occurs the Conference Champion and the team that was to be displaced will compete in a play-in game, the winner will fill the unoccupied classification bracket.**

****If all brackets are not filled by this point, the order follows teams 11 and 12 in Conference III and so on into Conference IV**

Playoff Tie Breaker Criteria for Identical Conference Records:

1. Head to Head
2. Play-in games will be used to determine who will advance in the event of a three-way tie
3. Girls Lacrosse Sports Committee Decision

SECTION VIII GIRLS LACROSSE
CONFERENCE I
SCHEDULE 2023
MAX # OF GAMES TOTAL 16 - varsity only!

CONFERENCE I			
1	North Shore	6	Manhasset
2	Garden City	7	Long Beach
3	Cold Spring Harbor	8	Syosset
4	Wantagh	9	Seaford
5	Massapequa	10	South Side
		11	Port Washington

<u>4/2</u>	<u>4/5</u>	<u>4/8</u>	<u>4/11</u>	<u>4/17</u>	<u>4/20</u>	<u>4/24</u>	<u>4/30</u>	<u>5/3</u>	<u>5/7</u>	<u>5/10</u>
11-3	5-8	10-11	Bye-8	4-2	8-1	6-9	9-3	4-7	7-Bye	1-9
10-4	2-11	9-Bye	4-5	5-Bye	9-7	3-Bye	6-1	3-8	6-2	10-8
8-6	Bye-1	8-2	3-6	7-10	10-6	4-11	7-5	1-11	9-10	2-5
9-5	6-7	1-5	2-7	6-11	2-3	5-10	8-4	Bye-10	4-1	3-4
1-7	3-10	6-4	10-1	8-9	Bye-4	2-1	11-Bye	2-9	5-3	11-7
Bye-2	4-9	7-3	11-9	1-3	11-5	7-8	10-2	5-6	8-11	Bye-6

*2nd team is the home team (ex: 11-3 → 3=home team)

SECTION VIII GIRLS LACROSSE
CONFERENCE II
SCHEDULE 2024
MAX # OF GAME TOTAL 16 - varsity only!

CONFERENCE II			
1.	Farmingdale	8.	Mepham
2.	Lynbrook	9.	Plainedge
3.	Locust Valley	10.	Friends Academy
4.	Bethpage	11.	Roslyn
5.	Oceanside	12.	Mineola
6.	Calhoun	13.	MacArthur
7.	Carle Place		

<u>4/2</u>	<u>4/4</u>	<u>4/6</u>	<u>4/9</u>	<u>4/13</u>	<u>4/16</u>	<u>4/18</u>	<u>4/20</u>	<u>4/25</u>	<u>4/30</u>	<u>5/2</u>	<u>5/6</u>	<u>5/8</u>
1@12	7@5	2@13	8@6	3@1	9@7	4@2	10@8	5@3	11@9	6@4	12@10	13@11
2@11	8@4	3@12	9@5	4@13	10@6	5@1	11@7	6@2	12@8	7@3	13@9	1@10
3@10	9@3	4@11	10@4	5@12	11@5	6@13	12@6	7@1	13@7	8@2	1@8	2@9
4@9	10@2	5@10	11@3	6@11	12@4	7@12	13@5	8@13	1@6	9@1	2@7	3@8
5@8	11@1	6@9	12@2	7@10	13@3	8@11	1@4	9@12	2@5	10@13	3@6	4@7
6@7	12@13	7@8	13@1	8@9	1@2	9@10	2@3	10@11	3@4	11@12	4@5	5@6

*2nd team is the home team (ex: 11-3 → 3=home team)

SECTION VIII GIRLS LACROSSE
CONFERENCE III
SCHEDULE 2024
MAX # OF GAMES TOTAL 16 - varsity only!

CONFERENCE III			
1	Hewlett	7	Bellmore JFK
2	Division	8	Baldwin
3	Oyster Bay	9	Glen Cove
4	East Meadow	10	Freeport
5	Floral Park	11	Hicksville
6	Plainview Old Bethpage	12	New Hyde Park

<u>4/3</u>	<u>4/6</u>	<u>4/10</u>	<u>4/12</u>	<u>4/16</u>	<u>4/19</u>	<u>4/25</u>	<u>4/29</u>	<u>5/1</u>	<u>5/6</u>	<u>5/9</u>
11-3	5-8	10-11	12-8	4-2	8-1	6-9	9-3	4-7	7-12	1-9
10-4	2-11	9-12	4-5	5-12	9-7	3-12	6-1	3-8	6-2	10-8
8-6	12-1	8-2	3-6	7-10	10-6	4-11	7-5	1-11	9-10	2-5
9-5	6-7	1-5	2-7	6-11	2-3	5-10	8-4	12-10	4-1	3-4
1-7	3-10	6-4	10-1	8-9	12-4	2-1	11-12	2-9	5-3	11-7
12-2	4-9	7-3	11-9	1-3	11-5	7-8	10-2	5-6	8-11	12-6

*2nd team is the home team (ex: 11-3 → 3=home team)

SECTION VIII GIRLS LACROSSE
CONFERENCE IV
SCHEDULE 2024
MAX # OF GAMES TOTAL 16 - Varsity only!

CONFERENCE IV			
1	Island Trees	7	West Hempstead
2	Clarke	8	Malverne/East Rockaway
3	Carey	9	Jericho
4	Herricks	10	Valley Stream
5	Elmont	11	Great Neck North
6	Wheatley	12	Sewanhaka
		13	Great Neck South

4/1	4/4	4/9	4/12	4/15	4/18	4/24	4/26	4/29	5/2	5/4
1@12	7@5	2@13	8@6	3@1	9@7	4@2	10@8	5@3	11@9	6@4
2@11	8@4	3@12	9@5	4@13	10@6	5@1	11@7	6@2	12@8	7@3
3@10	9@3	4@11	10@4	5@12	11@5	6@13	12@6	7@1	13@7	8@2
4@9	10@2	5@10	11@3	6@11	12@4	7@12	13@5	8@13	1@6	9@1
5@8	11@1	6@9	12@2	7@10	13@3	8@11	1@4	9@12	2@5	10@13
6@7	12@13	7@8	13@1	8@9	1@2	9@10	2@3	10@11	3@4	11@12

*2nd team is the home team (ex: 11-3 → 3=home team)

***Conference movement addition to the 2024 Section XIII Girls Lacrosse Overview:**

1. Teams who finish first place in their conference will move up to the next highest conference the following season.
2. Teams who finish last place in their conference will move down to the next lowest conference the following season.

<u>SECT</u>	<u>SCHOOL DISTRICT</u>	<u>Enroll</u>	<u>CLASS</u>
8	FREEPORT HIGH SCHOOL	1817	A
8	UNIONDALE HIGH SCHOOL	1671	A
8	SYOSSET HIGH SCHOOL	1644	A
8	MASSAPEQUA HIGH SCHOOL	1427	A
8	HICKSVILLE HIGH SCHOOL	1308	A
8	HEMPSTEAD HIGH SCHOOL	1307	A
8	OCEANSIDE HIGH SCHOOL	1293	A
8	PLAINVIEW OLD-BETHPAGE	1229	A
8	PORT WASHINGTON	1218	A
8	BALDWIN HIGH SCHOOL	1146	A
8	VALLEY STREAM CENTRAL HIGH SCHOOL (SD)	1097	A
8	EAST MEADOW HIGH SCHOOL	1091	A
8	HERRICKS HIGH SCHOOL	1047	B
8	MEPHAM HIGH SCHOOL	992	B
8	LONG BEACH HIGH SCHOOL	980	B
8	MACARTHUR HIGH SCHOOL	926	B
8	JERICO HIGH SCHOOL	894	B
8	GREAT NECK SOUTH HIGH SCHOOL	879	B
8	SEWANHAKA HIGH SCHOOL	866	B
8	NEW HYDE PARK HIGH SCHOOL	863	B
8	GREAT NECK NORTH HIGH SCHOOL	858	B
8	CALHOUN HIGH SCHOOL	839	B
8	GARDEN CITY HIGH SCHOOL	810	B
8	ELMONT HIGH SCHOOL	809	B
8	CAREY HIGH SCHOOL	788	B

A – 12 SCHOOLS

B- 13 SCHOOLS

8	ROSLYN HIGH SCHOOL	753	C
8	DIVISION AVE HIGH SCHOOL	746	C
8	MANHASSET HIGH SCHOOL	746	C
8	ROOSEVELT HIGH SCHOOL	740	C
8	SOUTHSIDE HIGH SCHOOL	740	C
8	GLEN COVE HIGH SCHOOL	737	C
8	KENNEDY-BELLMORE HIGH SCHOOL	725	C
8	BETHPAGE HIGH SCHOOL	722	C
8	HEWLETT HIGH SCHOOL	707	C
8	MINEOLA HIGH SCHOOL	645	C
8	FLORAL PARK HIGH SCHOOL	630	C
8	LYNBROOK HIGH SCHOOL	630	C
8	PLAINEDGE HIGH SCHOOL	630	C
8	WANTAGH HIGH SCHOOL	626	C
8	CLARKE HIGH SCHOOL	597	C
8	NORTH SHORE HIGH SCHOOL	579	C
8	ISLAND TREES HIGH SCHOOL	534	C
8	SEAFORD HIGH SCHOOL	483	C
8	MALVERNE/EAST ROCKAWAY	M	C
8	FRIENDS ACADEMY	282	C
8	LOCUST VALLEY HIGH SCHOOL	453	D
8	COLD SPRING HARBOR HIGH SCHOOL	407	D
8	WHEATLEY HIGH SCHOOL	414	392
8	WEST HEMPSTEAD HIGH SCHOOL	380	D
8	OYSTER BAY HIGH SCHOOL	321	D
8	CARLE PLACE HIGH SCHOOL	275	D
8	ACADEMY CHR-HEMP & UNION (JV)	369/356	D

C - 20 SCHOOLS

D - 6 SCHOOLS

NYSPHSAA/US LACROSSE REGULATIONS

**MAXIMUM NUMBER OF LACROSSE GAMES FOR VARSITY=16&JV=15
REQUIRED NUMBER OF TEAM PRACTICES PRIOR TO FIRST SCRIMMAGE=6
REQUIRED NUMBER OF TEAM PRACTICES PRIOR TO FIRST GAME=6
REFER TO SECTION VIII DIRECTORY (Orange Book page 23 & 23)

LACROSSE:

All games shall be played according to the rules of US Lacrosse Standards (girls) with all approved changes and interpretations as established by NYSPHSAA Lacrosse Committee. In girls' lacrosse field players are required to wear lacrosse goggles that meet NEW ASTM Standard F3077 on the SEI website. Lacrosse balls used for practices, scrimmages & games can be yellow, lime green or bright orange in color all must specify that the ball meets NOCSAE standards pg. 18. A lacrosse ball in the previously mentioned colors that is slightly textured may be used as well see NOCSAE standard attached.

****US Lacrosse Rule Manual should be purchased and reviewed closely.**

Waivers/Modifications:

Girls Lacrosse:

NYSPHSAA approved a waiver of the NFHS/US Lacrosse rule to allow schools that mutually agree in the event two officials are not available, to conduct a game with one official at both the JV and Modified level in Girls Lacrosse effective Spring 2017

SCRIMMAGES:

A lacrosse scrimmage must have modified time periods and include one or more of the following:

1. Alternate possessions
2. Start the scrimmage with a draw(girls)
3. Include the following game situations:
 - a) Draws
 - b) Clears/Rides
 - c) Extra Man and Man Down
 - d) Fast Breaks

SPORTSMANSHIP:

The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and postseason play.

SCORE DIFFERENTIAL POLICY:

1. A 10-goal differential will result in a running clock.
2. Half time conversation with the 2 coaches if there is a 15 goal differential to discuss a plan for the second half.
3. Should the score differential become less than 10 goals, you can substitute freely.

4. If a team should win by 15+ goals the Girls Lacrosse Coordinator will call the athletic director and coach to discuss the game in regard to what measures were put into action to maintain the dignity and respect of all involved.

SECTION VIII CODE OF CONDUCT GUIDELINE:

Please refer to pages 29-31 in the Section VIII Directory

SECTION VIII SPORTSMANSHIP POLICY:

Please refer to the following pages 25-27 in the Section VIII Directory

NYSPHSAA TRANSFER RULE:

Please refer to pages 50-52

Form-See Attached Document

2024 Spring Season Girls Lacrosse New Rules:

Scrimmages Contact:

Carol O'Sullivan

Email: sulli6@optonline.net

New Rule Changes Contact:

Jim McDermott:

Email: jimmcdermott92@gmail.com

Go to: NFHS.com- to order a rulebook (electronic copy as well)

Latest Rules Updates from the NFHS (updated July 2023):

2-4-5: Requires that stick check requests be made before the official's hand is in contact with both centers' sticks for the draw.

Rationale: Clarifies when a stick check request may be made and eliminates potential interruption of administration of the draw.

2-6-1: Requires goalkeeper's thigh padding to be shorts or pants manufactured with integrated protective padding.

Rationale: Clarifies the requirements of thigh padding for the protection of goalkeepers.

2-7-1: Reorganizes tooth and mouth protector rules, aligns them with other NFHS sport rules, and eliminates restrictions related to color and graphics.

Rationale: Creates consistency and follows NFHS Sports Medicine Advisory Committee's recommendation for tooth and mouth protector guidelines.

2-7-4 NOTE, 2-9-5: Allows field players to wear compression shirts that meet the NOCSAE ND200 lacrosse standard under the uniform and does not require these shirts to meet the color requirements of visible undergarments.

Rationale: Allows field players to wear padding intended to protect against commotio cordis.

2-9-4e (NEW): Establishes that only school related or player identifying names (school's name, nickname, logo, mascot and/or team member's name) will be allowed on the team jersey above the uniform number beginning in 2027.

Rationale: Creates consistency in uniform rules among other NFHS sport rules.

4-1-1: Changes the duration of play for a game from two 50-minute halves to four 12-minute quarters.

Rationale: Allows coaches to provide instruction more frequently and aligns with NFHS Boys Lacrosse.

4-2-2 EXCEPTION: Establishes that an official's time-out shall not be called when there is a 10-goal differential when the following occur: offside foul, inadvertent whistle, or alternate possession.

Rationale: Allows the clock to run in these situations when the 10-goal rule is in effect.

4-2-3: Allows coaches to coach their players during an injury time-out.

Rationale: Allows coaches to address their players during an injury time-out and eliminates the need for officials to monitor coach/player interactions for potential coaching during this time.

5-4-1: Eliminates the requirement of players awarded a free position outside of the critical scoring area to come to a stop and settled stance when self-starting.

Rationale: Improves the flow of play and reduces a potential advantage created when the defense has time to set up while the attack player must stop for the free position.

5-4-5, 10-1j: Eliminates the false start penalty when a player self-starts when it is not an option outside the critical scoring area and allows officials to reset play without a penalty.

Rationale: Eliminates assessment of a major foul for self-starting outside the critical scoring area when it is not an option.

10-1y – Three Seconds PENALTIES: Clarifies free position locations for three-second violations and requires a free position to be awarded at the closest dot for a three-second violation when the spot of the ball is outside the critical scoring area and below the goal line extended.

Rationale: Adds clarity and consistency to the rules for three-second violations.

2024 Girls Lacrosse Editorial Changes

1-1-4b, 2-8-1, 2-9-3, 2-9-4d, 5-4-2, 7-3-1 PENALTIES 3b (NEW)

2024 Girls Lacrosse Points of Emphasis

1. Stick to Body Contact
2. Dangerous Play in the 8 Meter Arc

2023 Updated Rules Interpretation:

2-4-4a: Eliminates the requirement to apply pressure to the ball in the pocket during crosse inspection.

Rationale: Ensures the method of checking pocket depth is done in a consistent manner by all officials.

5-2-5d: Players may not step on or over the restraining lines after the official's hand is in contact with the sticks at the draw until the restraining line is released regardless of the number of players between the restraining lines.

Rationale: Assists with game management during the draw.

5-4-1: Allows a player that is fouled outside the critical scoring area to take the free position and self-start within 4-meters of the spot of the foul.

Rationale: Improves pace of the game by allowing self-starts to occur within 4-meters of the spot of the foul rather than within playing distance.

5-4-5c; 9-1a, b and e-r PENALTIES 2; 10-1 PENALTIES 2: Allows the defensive player awarded a free position to self-start when there is a foul by an attack player within the critical scoring area unless the game clock is stopped.

Rationale: Improves pace of the game.

5-5-1f: Eliminates alternate possession for offsetting fouls when one of the fouls requires the issuance of a card.

Rationale: Creates a more appropriate penalty assessment by awarding possession to the team that was not issued a card.

7-1-2c: Allows the goalkeeper to carry the ball into the goal circle after it has been cleared and played.

Rationale: Allows another option for the goalkeeper to return to the goal circle with the ball.

10-1y PENALTIES: Moves administration of a free position for a three-second violation from the spot of the ball to the 12-meter fan when the ball is outside the critical scoring area and above the goal line extended.

Rationale: Creates a more appropriate penalty assessment for the infraction.

2023 Girls Lacrosse Major Editorial Changes

11-1-1 – Replaces references to “slow whistle” with the terms “held whistle” or “flag” for clarity

NOTEWORTHY US LACROSSE RULES

Suspended/Interrupted Game

- Once play begins the officials shall have the authority to interrupt or suspend the game due to dangerous weather or field conditions. The official’s decision is final. A game is considered legal and complete if 80% of playing time has elapsed. An interrupted game continued on the same day shall be restarted from its point of interruption.
- If a suspended game (one in which less than 80 % of playing time has elapsed) is replayed on another day, it must be played from the point of interruption. A suspended game may be terminated and considered complete by mutual agreement of the opposing coaches. The score at the point of termination will be the official score of the game.
 - **NOTE:** If 80% of the playing time has elapsed and the game is tied, leagues should determine their own tie-breaking procedures.

Overtime Procedures

Play will continue with “sudden victory” stop-clock overtime periods of six minutes in length (two 3-minute halves) with 3 minutes in between and change of ends until the winning goal is scored.

**NASSAU COUNTY
GIRLS' LACROSSE COACH'S RESPONSIBILITIES/INFORMATION**

1. Schools must supply the following for Home Games:

- First Aid Kit/Ice
- Home team must identify where the closest AED can be found
- Safety Equipment for all players that meet NOCSAE/ASTM Standards including goggles, mouth guards, headgear and goalie equipment
- Lacrosse balls for warm up
- Two New Lacrosse Balls supplied by the home team of the same color. Colors are limited to yellow, lime green & bright orange NOCSAE branded
- **Scorer's table with game clock, air horn, possession arrow, score book (Home team is the official book), and visible scoreboard. GAME WILL NOT BEGIN WITHOUT CLOCK, AIR HORN, POSSESSION ARROW AND SCOREBOOK.**
- Horn must be sounded at the end of the first half and at the conclusion of the game. Please check to make sure the horn is operable prior to the start of the game.
- If using a permanent scoreboard located near the game field that will be the official clock determine if the scoreboard horn works prior to the start of the game
- Possession Arrow must be present at score table
- **AIR HORN** must be present at score table to be used for time out

2. Field Conditions & Locations

- Fields must meet required specifications as detailed by US Lacrosse
- Start Up Marks –one visible dot 5 yards behind the goal line/8 meter intersection on each side of the goal cage
- When playing at a park, the coach of the home team must have the park permit on hand with start and finish times. The information on the permit must be shared with the coach of the opposing team and officials prior to the start of the game.

3. League Games

- All League Games must be played. Non-compliance will result in a forfeit for teams refusing to do so
- All League Games count in the standings
- If field conditions are not playable, the game should be scheduled for the next available day for both teams
- League Games take precedence over a Non-League Game
- No varsity league game can be rescheduled after the last regularly scheduled contest that would be June 8th. The only exception would be a rain out on June 8th which would cause a rescheduled game on June 9th, 2021.
- Any game changes must be reported to the Section VIII office from your athletic director's office

4. Postponed Games

- All league games must be played as scheduled
- Before a game is postponed the home school must contact the visiting team by 1pm to discuss

- Varsity games take priority over Junior Varsity games when rescheduling games
- Game should only be postponed due to weather conditions that compromise the safety of all involved and emergency extenuating circumstances beyond our control
- Any postponed league game must be made up on the **NEXT AVAILABLE DATE** after the regularly scheduled date. If the home team can't provide a field on the next available day teams must consider playing the game at the visiting home field if available.
- The home team athletic office is responsible for contacting BOCES and the Lacrosse Coordinator with any postponed games. BOCES Grace Chianese 516-396-2446 and Lacrosse Coordinator Alyssa Kildare, (516) 516-581-3549, akildare@bethpage.ws

5. Report Results

- **THE WINNING TEAM MUST** log on to Newsday (website) immediately following the conclusion of the game. Newsday will release weekly standings based upon the information they receive. Register at newsday.com/coach. If you cannot get on the website to record scores, please email your results to SportsDesk@newsday.com
- **FORFEITS** must be reported to the conference coordinator, lacrosse coordinator and Newsday

6. Game Starting Times

- No regular season game should be scheduled on a school day prior to 4pm
- Every effort should be made to start the game on time as scheduled
- If a team fails to show up for a regularly scheduled game, they will forfeit that contest

7. Visiting Team Warm Up

- The visiting team is given a minimum of 15 minutes to warm up regardless of their arrival time

8. Rosters

- Team rosters must be input electronically on the BOCES website. Failure to do so will result in forfeiture of the first game.

8A. Max Prep Roster/Photo-NYSPHSAA strongly suggests that each team submit their team roster and team photo to Max Preps at the start of the 2024. The roster and photo are required for any team advancing to the NYSPHSAA Girls Lacrosse Tournament this spring.

- Directions:
 - ✓ Go to: www.NYSPHSAA.org
 - ✓ From the top menu select: AD's & Coaches
 - ✓ Select: General Information
 - ✓ Go to: Forms
 - ✓ Select: Coaches & AD's forms
 - ✓ Scroll down to find: Max Prep Instructions for AD's & Coaches
 - ✓ Follow Instructions for Program Rosters/Team Photos

9. Official Rating Cards

- New 2023* Coaches will no longer rate officials after each game. Instead, should a coach feel that an official did an exceptionally well done or exceptionally poor job officiating their game, we ask that the coach write a report. Officials will still be considered for the playoffs.

10. Protests

- Please see protest procedures in the section VIII Handbook on page 46

11. All uniforms worn by student-athletes competing in girl's lacrosse in Section VIII must comply with the rule change that went into effect at the start of the 2016 season.

***Additional information in US Lacrosse attachments.**

Beginning in 2016 all shirts shall be of a single, solid color with the following trim specifications permitted:

- a. Trim around the collar and waistband and at the cuff of the sleeve, or around the arm opening if sleeveless, may be of contrasting color(s), but shall not exceed 1 inch in width.
- b. Side inserts (armpit to waistband) may be of contrasting color(s), but shall not exceed 3 inches in width. The inserts must be centered vertically below the armpit.
- c. Piping of contrasting color is allowed, but only in areas where trim or side inserts are permitted. The combined piping and trim must meet the 1 inch 3 inch allowable width.
- d. Numbers shall be centered vertically and horizontally and must be a minimum of 8 inches tall on the back and a minimum of 6 inches tall on the front of the shirt.
- e. Numbers must be of a solid contrasting with the color of the shirt. The numbers may be trimmed in a contrasting color that shall not exceed 1 inch in width.

Shirt Colors on Game Day

The home team will wear a white dominated shirt and the away team will wear a dark colored dominated shirt. If both teams have uniform shirts of the same or similar color, the home team shall be obligated to change or wear numbered pinnies or vests of a contrasting color. Please communicate with your opponent prior to game day if there is a uniform color issue.

SECTION VIII POSTSEASON INFORMATION

Playoff Dates for Girls Lacrosse 2024

Wednesday May 15th - First Round "B" Tournament @ Higher Seed

Thursday, May 16th – Quarter Finals "C" Tournament @ Higher Seed

Friday, May 17th -Quarter Finals "A" Tournament @ Higher Seed

Saturday, May 18th - "C" Quarter finals @ Higher Seed

Tuesday, May 21st -"A & D" Semi Finals @ Adelphi

Wednesday, May 22nd - "B & C" Semi-Finals @ Adelphi

Tuesday, May 28th - County Finals "A & D" @ Adelphi 6pm and 8PM

Wednesday, May 29th - County Finals "B & C" @ Adelphi 6pm and 8pm

**Sunday, June 2nd - Long Island Championship @Suffolk Section XI Host
4 LIC Games at Stony Brook**

Friday, June 7th & Saturday, June 8th – State Semi Finals & Finals @ SUNY Cortland



NASSAU COUNTY CLASS "A" PLAYOFF BRACKET

QUARTER FINALS

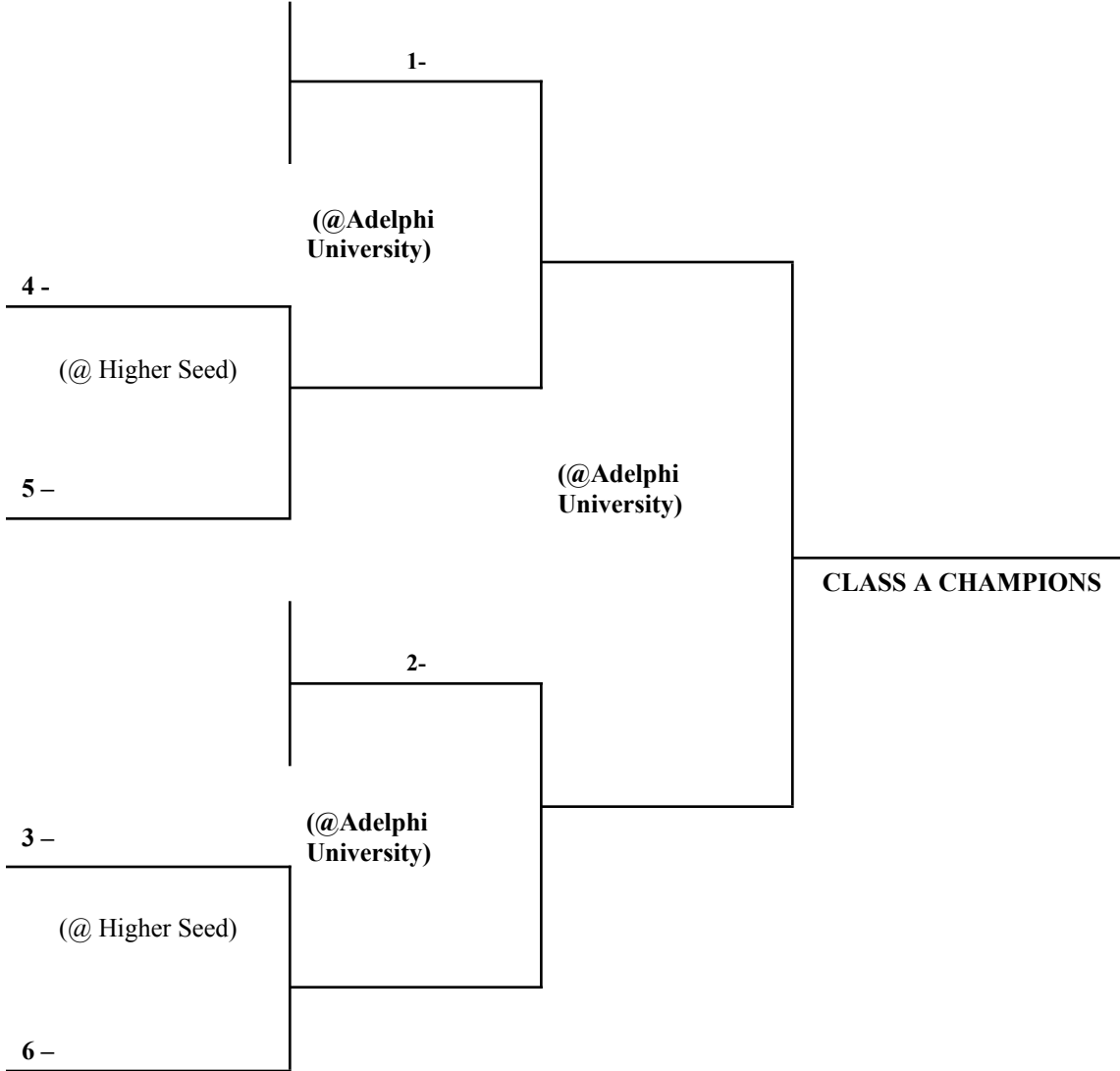
**Friday
May 17, 2024**

SEMIFINALS

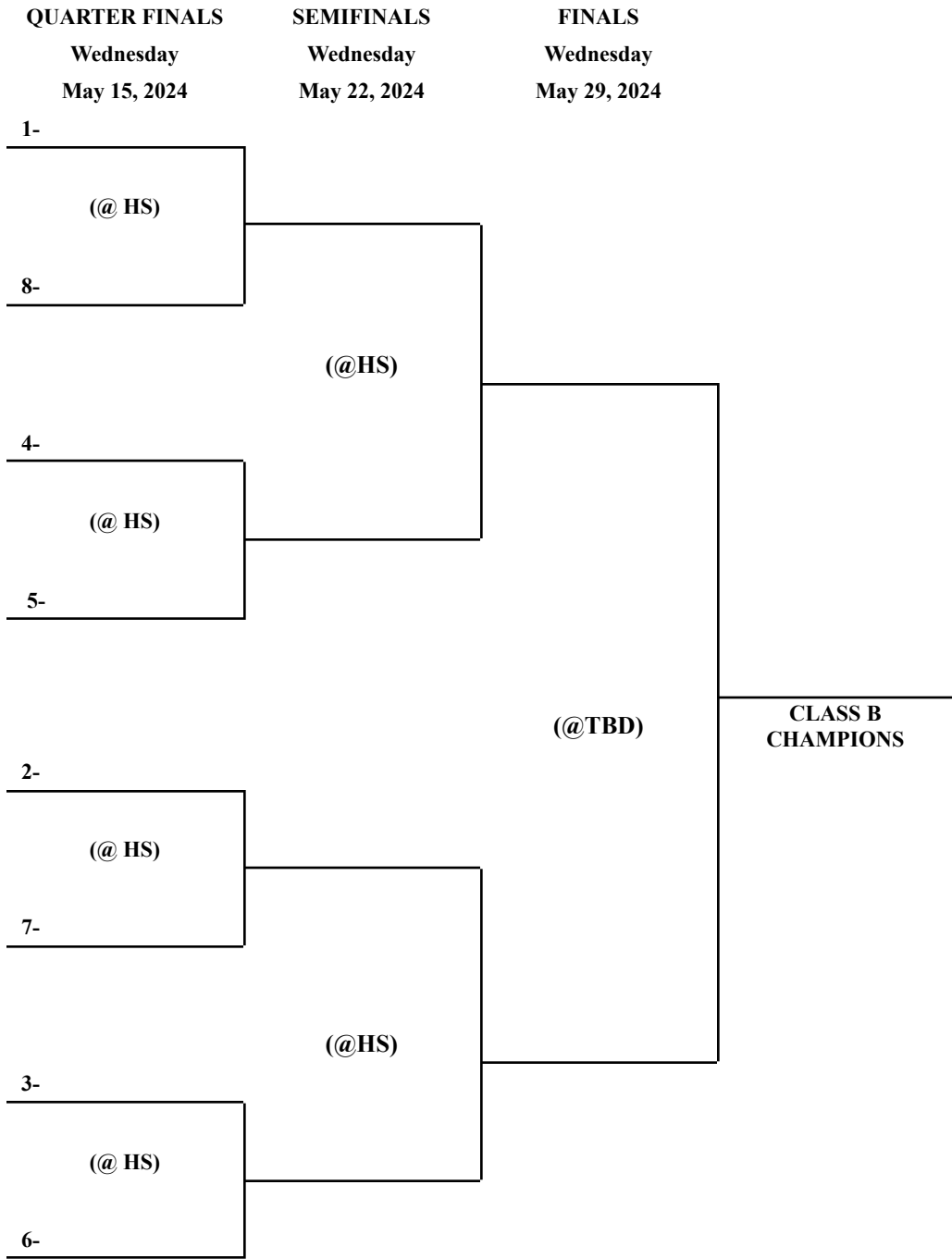
**Tuesday
May 21, 2024**

FINALS

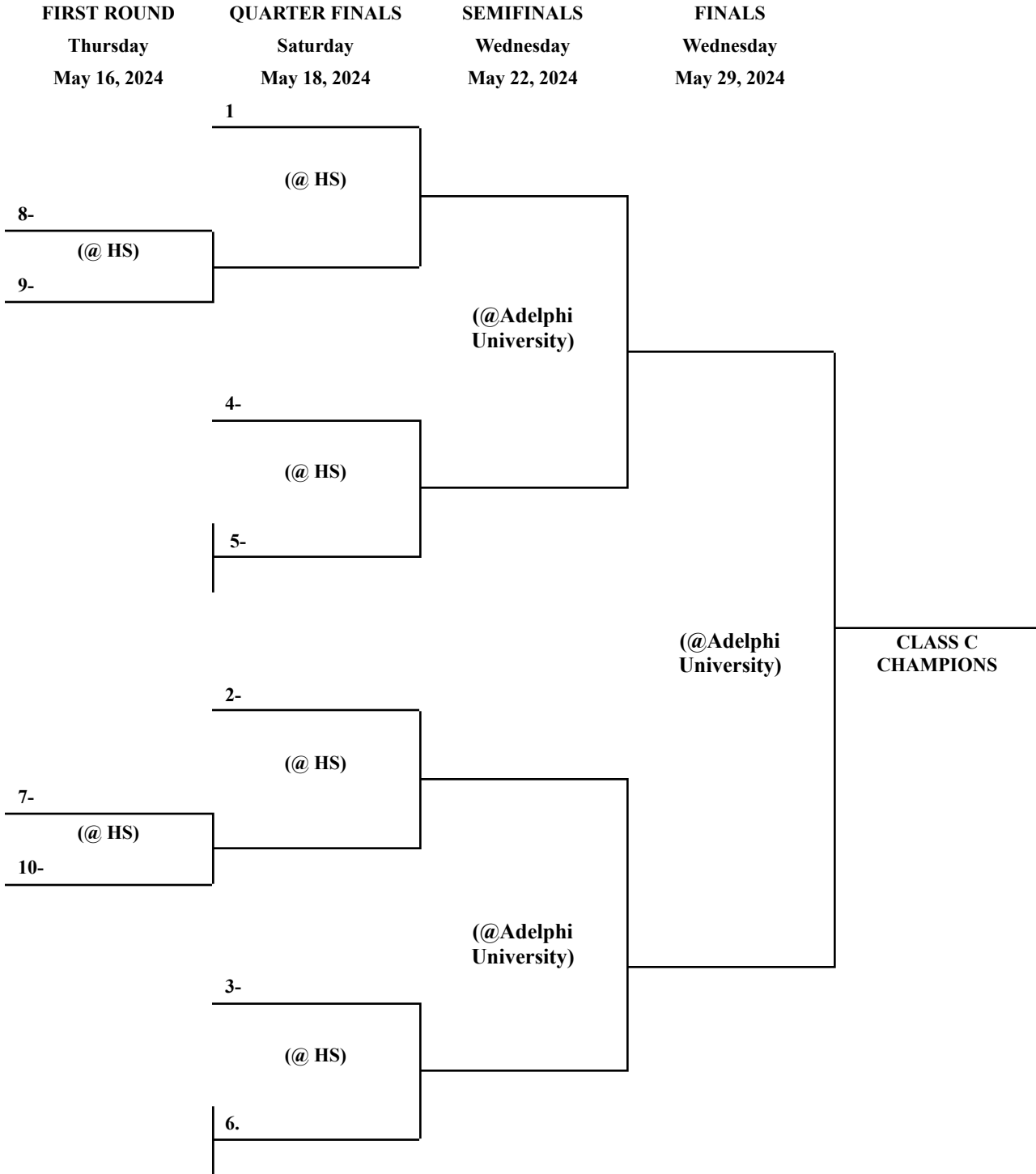
**Wednesday
May 31, 2023**



NASSAU COUNTY CLASS "B" PLAYOFF BRACKET



NASSAU COUNTY CLASS "C" PLAYOFF BRACKET



NASSAU COUNTY CLASS "D" PLAYOFF BRACKET

SEMIFINALS

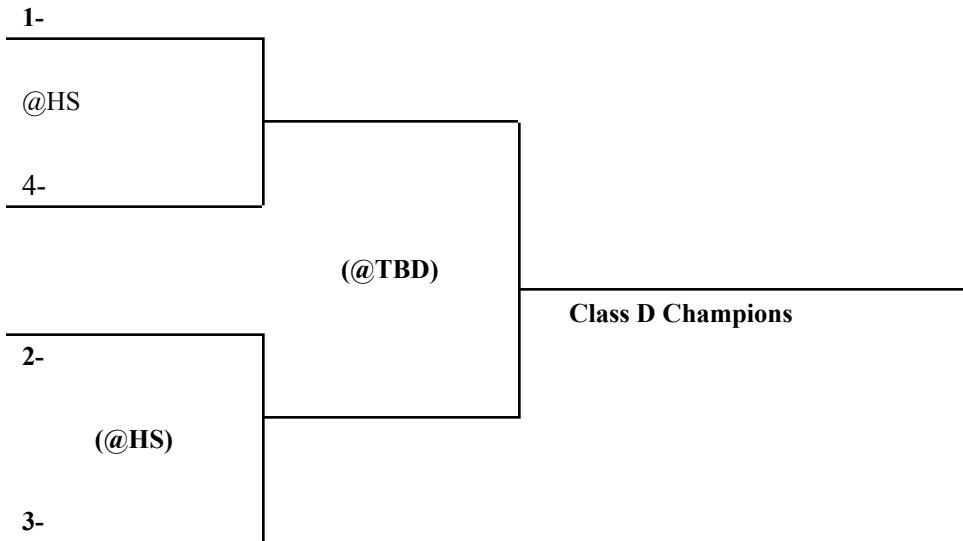
Tuesday

May 21, 2024

FINALS

Wednesday

May 28, 2024



N.Y.S.P.H.S.A.A. GIRLS' LACROSSE CHAMPIONS

	<u>June 1995</u>	
Division 1	Cicero – North Syracuse	3
Division 11	Garden City	8
	<u>June 1996</u>	
Division 1	Cicero – North Syracuse	3
Division 11	York Town	1
	<u>June 1997</u>	
Division 1	York Town	1
Division 11	Garden City	8
	<u>June 1998</u>	
Division 1	York Town	1
Division 11	Penn Yan	5
	<u>June 1999</u>	
Division 1	New Hyde Park	8
Division 11	Garden City	8
	<u>June 2000</u>	
Division 1	Baldwinsville	3
Division 11	Garden City	8
	<u>June 2001</u>	
Division 1	West Genesee	3
Division 11	Garden City	8
	<u>June 2002</u>	
Division 1	West Genesee	3
Division 11	Garden City	8
	<u>June 2003</u>	
Division 1	West Genesee	3
Division 11	Manhasset	8
	<u>June 2004</u>	
Division 1	Fayetteville-Manlius	3
Division 11	Penn Yan	

NYSPHSAA GIRLS LACROSSE CHAMPIONS

2005-2022

<u>Year</u>	<u>Class A</u>	<u>Class B</u>	<u>Class C</u>	<u>Class D</u>
2005	Fayetteville-Manlius	Brighton	Skaneateles	
2006	Yorktown	Garden City	Skaneateles	
2007	West Genesee	Garden City	Shoreham Wading River	
2008	West Genesee	Garden City	Shoreham Wading River	
2009	Farmingdale	Garden City	Shoreham Wading River	
2010	Farmingdale	Garden City	Shoreham Wading River	
2011	Northport	Garden City	CBA Syracuse	
2012	West Genesee	Garden City	Shoreham Wading River	
2013	Farmingdale	Syracuse CBA	Mount Sinai	
2014	West Genesee	Manhasset	Skaneateles	
2015	West Islip	EastPort-South Manor	Mt. Sinai	
2016	CBA	Garden City	Mt. Sinai	
2017	Pittsford	Garden City	Mt. Sinai	Skaneateles
2018	Christian Brothers Academy	Manhasset	Cold Spring Harbor	Mattituck-Southold
2019	Northport	EastPort-South Manor	Cold Spring Harbor	Mattituck-Southold
2022	Baldwinsville	Victor	Manhasset	Bronxville

2023 NASSAU COUNTY CHAMPIONS

CLASS "A"-MASSAPEQUA HIGH SCHOOL

CLASS "B"-GARDEN CITY HIGH SCHOOL

CLASS "C"-MANHASSET HIGH SCHOOL

CLASS "D"-COLD SPRING HARBOR HIGH SCHOOL

2024...

**NASSAU COUNTY PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION
SECTION VIII of NYSPHSAA, INC.
SECTION VIII SPORTSMANSHIP POLICY**

Recognition

The High School Association of Section VIII established a Sportsmanship Committee to function under the auspices of the Athletic Council, in order to monitor, to report to school districts and to take action related to incidents of unsportsmanlike conduct and/or flagrant misconduct.

Purpose

The purpose of this action is to take a positive step in an effort to control disruptive behavior at all Section VIII events.

A. What is to be reported (from arrival to departure):

1. A Player - who is ejected from a contest for flagrant misconduct and/or a derogatory gesture
 2. A Spectator - who acts in a disruptive and/or abusive manner.
 3. A Coach - who conducts himself/herself in an unsportsmanlike manner.
 4. An Official - who demonstrates unsportsmanlike conduct.
 5. A School - that permits spectators to conduct themselves in an abusive, disruptive or harassing manner.
- This also includes schools that do not provide adequate supervision at home or as a visitor to control their spectators.

B. Responsibility for reporting Unsportsmanlike Behavior Report:

1. ***Coaches - must report all incidents to their respective athletic directors, even if only one team/player was cited for misconduct.***
2. ***Athletic Directors - must file reports with the Executive Director within 24 hours of any incident of unsportsmanlike behavior.***
3. ***Officials - must file reports with the Executive Director within 24 hours of any incident of unsportsmanlike behavior.***

C. Reporting Procedure

1. All disruptive incidents are to be reported by the coaches to their respective athletic directors immediately following the contest.
2. The Athletic Directors of both teams involved (even if only one had received a penalty for the misconduct) are to file reports with the Office of the Executive Director as soon as possible, but no later than the morning following the contest/incident.
3. The Officials assigned to the contest are to file a report with the Office of the Executive Director as soon as possible, but no later than the morning following the contest/incident.
4. The Executive Director will forward copies of all reports to the Sportsmanship Committee Chairperson and Sports Coordinators.

D. Committee Actions:

1. All member schools, and all individuals representing these member schools who are involved in unsportsmanlike conduct are subject to actions deemed appropriate by the Sportsmanship Committee.
2. The Sportsmanship Committee may recommend action in instances of unsportsmanlike conduct and is authorized to recommend penalties which may include, but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or any other actions that are deemed appropriate by the Sportsmanship Committee.
3. All recommendations of the Sportsmanship Committee will be filed with the Office of the Executive Director and forwarded to the Athletic Director(s) of the school(s) involved.
4. All actions of the Sportsmanship Committee are subject to review by the respective Athletic Director(s) for the possible imposition of further disciplinary action.
5. Copies of all reports of the Sportsmanship Committee shall be kept on file with the Sportsmanship Chairperson, the Executive Director, and the Sports Coordinator.

E. Penalties:

1. Player Expulsion: Any player who commits a serious violation of game rules or takes part in flagrant misconduct during play shall be subject to ejection from the contest and disciplinary action. Ejection from a contest for violation of sportsmanship rules carries with it a mandatory additional one game suspension from the next regularly scheduled contest, including post-season play. Disqualifications from one season will carry over to the player's next season of participation where necessary. Any player suspended from participation may not be on site or involved in any capacity (spectator, time keeper, score keeper, etc.) on the day of the suspension. Failure to comply with this aspect of the suspension could result in additional sanctions being levied against the coach and/or team.
2. Second Occurrence of Misconduct: Any person (coach, player, spectator, school official, etc.) who is ejected from a second contest for an unsportsmanlike infraction shall prompt the Sportsmanship Committee to review the matter which may lead to severe disciplinary action including suspension of participation privileges for the remainder of the season. Such disciplinary action could carry over into subsequent sports seasons as part of the penalty. Additional terms and conditions may also be recommended by the Sportsmanship Committee before a review or a bid for reinstatement is reviewed by the committee.
3. Intentional Physical Contact by a Player: Any player who strikes, shoves, kicks, or makes other physical contact, with the intent to do so and/or results in intentionally inflicted physical harm to another person, (an official, another player, a spectator, coach, school district employee or supervisor, etc.) shall be ejected from the contest immediately. The incident must be reported to the Sportsmanship Committee which is empowered to review any such case of unsportsmanlike behavior and which can levy penalties which may include but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or another action that is deemed appropriate by the committee.
4. Team Member/Non-Participant - Pre- or Post-Game Misconduct: Any player, coach, or spectator who commits a serious violation of sportsmanship rules or takes part in flagrant misconduct as a non-participant prior to the start of the contest will be excluded from play in and/or subject to removal from the site of the contest. Any player, coach, or spectator who commits a serious violation of the sportsmanship rules or takes part in flagrant misconduct as a non-participant after the contest has been concluded (post-game) will be suspended from participation in or attendance at the next regularly scheduled contest including postseason.
5. Spectators: Any spectator who acts in a disruptive or abusive manner may cause the game to be suspended until the situation is resolved or the spectator removed. A letter from the Sportsmanship Committee may be sent to the appropriate Athletic Director(s), Building Principal(s), and Superintendent(s). Continued incidents of disruptive behavior may result in additional disciplinary action by the Sportsmanship Committee.
6. Coaches:

A coach who conducts herself/himself in an unsportsmanlike manner will be reported to the Sportsmanship Committee and subject to local disciplinary action. A coach who is ejected from a contest will be suspended from the next regularly scheduled contest. Any coach ejected from a contest for unsportsmanlike conduct will be excluded from the next regularly scheduled contest (including postseason contests). Such disqualification and subsequent suspension penalty will carry over from one season to the next season in which the involved coach is serving as a coach, regardless of the sport or level. During any such suspension, the suspended coach may not be present in any capacity (supervisor, spectator, faculty member, etc.) on the day of the suspension. Failure to comply with this aspect of the suspension could result in additional sanctions being levied against the coach and/or team
7. Intentional Physical Contact: Any coach who strikes, shoves, kicks, or makes other physical contact, with the intent to do so, to another person (e.g., an official, another coach, player, fan) shall be expelled from the game immediately and banned from further coaching in all sports for a period of time to be determined by the Athletic Council.
8. Officials: An official who demonstrates unsportsmanlike conduct will be reported to the Sportsmanship Committee. The Sportsmanship Committee may request disciplinary action to be taken against the official via communication with the official's governing body.

9. Taunting: Taunting includes, but is not limited to, any actions or comments by coaches, players, or spectators which are intended to bait, anger, embarrass, ridicule or demean other players, coaches, or game officials. Included in this is conduct that berates, needles, intimidates or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech family, special needs, or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game (“trash talking”), reference to sexual orientation, “in-the-face confrontation” by the one player to another, standing over, straddling a tackled or fallen player, etc. See NYSPHSAA Handbook #27 (page 72) Section on Sportsmanship.

10. Bench Clearing: If an altercation occurs during a contest and members of either team leave their bench or sideline area or playing positions, and go onto the field/court/participation area, they will be immediately ejected from the contest for unsportsmanlike behavior.

F. Due Process

1. Students, coaches, and schools have the right to be heard by the Sportsmanship Committee. This right must be claimed within 24 hours of the incident occurring and must be made to the Office of the Executive Director of Section VIII. All actions of the Sportsmanship Committee are subject to review and appeal. Any such appeal may eventually be made to the Section VIII Athletic Council.

SECTION VIII OUT OF SPORTS SEASON ATHLETIC PARTICIPATION POLICY

In order to protect all eligible student-athletes from exploitation and coercion, the following principles should be adhered to:

- We, all member districts, do not limit individual students' opportunities to participate in other sports and athletic experiences.
- We do not exert pressure on student athletes to participate in an athletic activity outside of any sport season (as defined by the Section).
- We support and preserve the integrity of each interscholastic sports program by enforcing these principles.
- We insure that the spirit and intent of this policy be understood and adhered to by all members of the Section.

To that end, the following guidelines will be in force replacing the former "Camp and Recreation Rule":

- Section VIII members will conduct programs which are recreational in nature as defined by this regulation. Intramurals, strength and conditioning programs, and recreation programs which are **open to all students** are permitted.
- During any approved activity **individual sport skills** may be taught to students.
- The same opportunity for instruction and personal improvement must be available to all students participating in the activity.
- **Team strategy and roster specific workouts limited to members of an athletic team are prohibited.**
- Recreational activities must be open and publicized to all eligible bona fide students.
- During the summer, Section VIII members may conduct leagues, camps, clinics, and similar activities at their facilities.
- Members shall observe the starting and ending dates of each sports season as set by the Section annually.

It is also the spirit of this rule that we encourage, enable, and permit athletes to participate in more than one sport during the course of the year. Students should not be coerced to participate in other activities organized during a specified sports season to maintain good standing in an out of season sport. It is the responsibility of the local athletic administrator to regulate, monitor, and require compliance with the tenets of this rule for it to be effectively observed.

All who are concerned with the proper conduct and with the intent and spirit of any interscholastic sport are obligated to report any violation or perceived violation to the Ethics Committee through the Executive Director's office. All violations will be adjudicated by the Ethics Committee which could result in forfeiture of eligibility and/or sanctions of the students, teams, coaches, or schools involved.

It is recommended that this policy and standard be made available to all students, parents, coaches and other school personnel concerned with the conduct of our interscholastic programs.

Approved June 9, 2004
Athletic Council

NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

SECTION VIII UNSPORTSMANLIKE BEHAVIOR/INCIDENT/DISQUALIFICATION REPORT

This report is to be completed and submitted by game officials and athletic directors of both schools within 24 hours of the incident and/or violation.

Sport: _____ Level: _____ Date of the event: _____

Home School: _____ vs. Opponent: _____

Player(s) / Coach(es) / Official(s) / Spectator(s) Involved:

Name	_____	School	_____	Number	_____
Name	_____	School	_____	Number	_____

Brief description of the incident (attach additional documentation if necessary):

Action taken:

Supervisor(s):					
Name	_____	School	_____	Phone	_____
Name	_____	School	_____	Phone	_____

Official(s) assigned:					
Name	_____	Number	_____	Phone	_____
Name	_____	Number	_____	Phone	_____

Person filing this report:					
Name	_____	Position	_____	School	_____

Complete and **return via e-mail** to:

Pat Pizzarelli: ppizzarellinasboces.org	Athletic Director
Jim Amen: jamen@csh.k12.ny.us	(or acting administrator)
and	_____
Jay Gallagher: jgallagh@mail.nasboces.org (Boys) OR	
Grace Chianese: gchianes@mail.nasboces.org (Girls)	

or fax to: (516) 997-2916 or 2018

Request for Medical Waiver of NYSPHSAA – Regulation #25

To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests during the season. To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school-scheduled contests which occurred on six different dates during the season. An individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. Contestants in individual sports (archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming tennis, outdoor track, winter track and wrestling) must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six different dates and must be concluded prior to the conclusion of the team's regular schedule.

School		Sport	
Athlete		Date Request Submitted	
Nature of Injury/Illness			
Date of Injury/Onset of Illness		Date of Medical Clearance	

Record of Participation in Competitions (Exclusive of Section Tournaments):

*For Wrestling Only

	DATE	OPPONENT		* Weigh-in validated by Athletic Director
1.			*	
2.			*	
3.			*	
4.			*	
5.			*	

Note:

All pertinent medical documentation must accompany this request before it will be considered. Such material MUST VERIFY the date of onset of the illness/injury and date physical activity may resume. NOTES FROM PHYSICAL THERAPISTS ARE NOT ACCEPTABLE.

Medical Documents Attached:

1.	
2.	
3.	
4.	

Request and documentation must be received by the sport coordinator and the Section VIII Office prior to the last league contest.

Approved by the Athletic

TRANSFER REGULATION

a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from a public school district to another public school district for athletic eligibility the student must enroll in the public school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.

b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver from the Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career. **Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.** **NOTE:** A student in a foreign exchange program listed by CSJET has a one-year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect.

Exemptions to (b): For athletic eligibility a student must enroll in the public school district or in a nonpublic school within that district's boundaries of his/her parent's residency.

Note: Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used will be the same as used for students of K-8 school districts. When a student enrolls in 9th grade, that is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.

1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.
2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public school district of his/her parents' residency.
3. A student who is a ward of the court or state and is placed in a district by court order. Guardianship does not fulfill this requirement.
4. A student from divorced or "legally" separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.
5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.
6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student. Educational Waivers will not be considered as an undue hardship effective for the 2015-2016 school year.

c. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports.

NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific sports standard according to the number of practice sessions.

d. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

Transfer Appeal Guidelines:

Financial – Appeals require documented proof of a significant loss of income or a significant increase in expenses.

- Written description outlining the circumstances that led to the financial hardship
- Appropriate documentation may include:
 - Evidence of loss income or change in financial obligation that are not self imposed.
 - Family W2 forms – pay stubs
 - Notarized statement from parent
 - Statement from employer or professional with knowledge of circumstances
 - Most recent tax returns – two years

Health and Safety – Appeals are considered for safety, mental health, personal relationships and other similar circumstances.

- Written documentation is required from the Superintendent of Schools or HS Principal of the sending school indicating the specific circumstances which necessitated the transfer.
- Supporting documentation from a third party outside of the school may be submitted (ex. police report)

Additional Information/Reminders:

Officials are going to be tough to secure. Please be supportive and patient with our new officials this year. It is important that we keep these officials in the game, so the official pool continues to grow!

If a game needs to be rescheduled, please note that it still goes to the next available day. For weekend games, make sure to get contact information from your school on contacts from opposing schools and officials in case it gets canceled. It is your responsibility to contact all parties.